


WINDSOR MANOR™
Assisted Living Community

Windsor Manor Assisted Living Community 1401 Wall Street Webster City, Iowa 50595 (515)832-1188



Fun days to Celebrate in February

- 1—Freedom Day-(Lincoln's approval of the 13th amendment abolishing slavery)
 - 2—Groundhog Day
 - 3—National Wear Red Day
(American Heart Association)
 - 5—Super Bowl Day
 - 14—Valentine's Day
 - 19-25—National Pancake Week
 - 21—Mardi Gras
 - 27—National Chocolate Cake Day
 - 27—National Strawberry Day
- (You would think these could each have their own day!!)



Do you Remember.....

"Henny" Youngman

Here are some of his one-liners

- Take my wifeplease!!
- My grandson was so ugly when he was born, the doctor slapped his mother!!
- My wife is a light eater.....as soon as it's light out, she starts to eat!!



From the Managers Desk

Over the past two months I have been asked several times what made me decided to come to Windsor Manor as the new manager. There has been little pause in my response each time. My quick answer has always been that I love the philosophy of our red carpet treatment. Hopefully part of the reason you chose to make Windsor Manor your home was in part due to that same philosophy.

When I think of red carpet treatment, I think of very individualized treatment. I think of exceeding expectations every day. I think of a place where the unexpected happens. I think of seeing a smile on the face of our residents and staff each and every day. I think of making the dreams of our residents come true. With that in mind, I would like to fill each of you in on some things that we at Windsor Manor will be doing starting this late winter and early spring and going forward. These are red carpet treatments that are done at each Windsor-Manor community but one that will be getting considerable momentum in Webster City during the next few months.

The first red carpet treatment that we at Windsor Manor are implementing is what we call "Friend for Life". Friend for life is where every resident is paired with a staff member who in turn looks for ways to make their day and bring a smile to their face. Of course, our staff currently does this with all of our residents and they will continue to do that in the future. "Friend for life" is just one more way for us to show our residents that we care about them and to go above and beyond for them.

Continued on the next page.....

Secondly, we will be doing dare to dreams! Dare to dreams are where we try to do something extra special for a resident that is perhaps something they wanted to do in life but have never been able to do for a myriad of reasons. These can be small items or perhaps even something a tad more extravagant. We will be working with residents and family to make these happen and would love to have you provide us with ideas. What are your dreams? What did you enjoy doing? What would you like to do that you haven't yet accomplished. Please let me know so we can dare to make your dreams come true. Hopefully part of the reason you continue to call Windsor Manor your home is that same red carpet philosophy that brought you to Windsor Manor. **Windsor Manor is all about YOU!! Ken Busby, Manager**

From the Nurses Corner

Love...Love....Love....February is the month of love. It seems as if so much of our society centers on the concept of looking for love; movies, talk shows, and tabloids. Love is an innate need as we feel accepted for who we are when we are loved. Love evolves as we age; parent/child love, friendship, and, for those who find it, romantic love. I decided with writing for February that I needed to research Valentine's Day and how February was chosen as the month of love.

What I discovered is that no one is quite sure of the origin of Valentine's Day but it is accredited to both Christian and Roman tradition. It is thought to have originated from a decree of Claudius II in 270 A.D. forbidding marriage as he thought marriage made the soldiers weaker and he wanted strong soldiers. Bishop Valentine recognized the injustice in this decree and heart ache it created and despite the decree, performed marriage ceremonies in secret for many young lovers. Of course, like all secrets, it didn't take long before the secret was out and Valentine was arrested. While he was jailed he became good friends with his jailor's daughter and while awaiting execution penned a note "From Your Valentine". It is thought he was martyred for not renouncing his religion on February 14, 270 A.D. From there centuries of people have celebrated this day as St. Valentine's Day.

Love....Love...Love...Sandi Patti wrote a song many years ago entitled *Love in any Language* whose lyrics talk about the differences we teach when we are young, but how much we are all alike. We all love to laugh, dream dreams, and know the sting of pain. We all want to find someone we connect with that allows us to be ourselves. No matter what our differences we are all the same and looking for someone we can have a friendship with. At Windsor Manor, I believe our residents and staff share a bond of friendship formed by looking past our differences and realizing we all have the same need....love. It is my hope you feel the love our staff has for you each and every day as they deliver the best care they can. Won't you be my Valentine? **Quality Care to ALL Residents at ALL times! Kelly Dodge, RN, HCC**
P.S. Stay tuned to the March newsletter for cruise details!!

Things we Did and are Going to Do

What a nice winter we have had so far. Everywhere you go people are talking about the weather and how nice it is. This is, so far, nothing to complain about. To have it January before it even snows is remarkable. Makes me wonder what will happen in February.

January was a very fun month. The Gardens is in full swing now and they are constantly on the go and having fun. Each day when I go down to the Gardens, there are new things hanging on the walls in preparation for the next holiday. This month of course, being Valentines, the residents have decorated and put on the walls, you guessed it, hearts of every size. It looks so festive and the residents have had fun decorating the hearts. Besides the scheduled activities in the Gardens, the Universal Workers are excellent at getting spontaneous activities started and keeping everyone busy.

Our theme days in January were the "Foot Bowl Party" since all the football games and bowl games get started. We had bingo in the afternoon followed by a "Foot Bowl" coffee time. We served corn chips with cheese sauce and picante sauce and played a couple of rather hard football games. Prizes were given to the winners.

We had Dixie Johnson music on January 23rd and in February we will be hearing music from Kenny Vorland and his group on the 24th at 2:00 p.m. We will also be celebrating Valentine's Day and have a lot of things planned for that day. If you have an activity you would like to see on the calendar, please let me know and I will get it on. Remember to.....Have fun always.....**Donna Smith, Life Enrichment Coordinator**

From the Culinary Department

Yummy Lemon Bars

1-1/4 cups all-purpose flour, divided
1 cup granulated sugar, divided
1/3 cup Fleischmann's® Original-stick
1/2 cup Egg Beaters® Original
2 teaspoons grated lemon peel
1/4 cup lemon juice
Confectioners' sugar, optional



Preheat oven to 350°F. Combine 1 cup of the flour and 1/4 cup of the granulated sugar in medium bowl. Cut in Fleischmann's with pastry blender or 2 knives until mixture resembles coarse crumbs. Press firmly onto bottom of 9-inch square baking pan. Bake 15 minutes, or until golden brown.

Beat Egg Beaters, lemon peel, lemon juice, the remaining 1/4 cup flour and the remaining 3/4 cup granulated sugar with wire whisk until well blended. Pour over crust.

Bake 15 minutes, or until center is set. Cool completely on wire rack. Sprinkle with confectioners' sugar, if desired. Cut into 16 bars to serve. Store in tightly covered container in refrigerator.

Happy Baking, Michael Peterson, Culinary Coordinator

Thank You

A huge thank you to all the churches and family members who brought in baskets of fruit, plates of cookies, boxes of candy or table favors to the staff and residents of Windsor Manor. God has blessed us all with good friends and family, and a great community to live in!!

Thank you to Yvonne McCormick for bringing Mrs. Clause to Windsor Manor. It was very thoughtful of you to bring out the cookies that were so beautiful (so beautiful that they were hard to eat), and that were so delicious. It was very thoughtful of you to think of us. Thanks from all the staff and residents at Windsor Manor!!!

Thank you to Donna Wells for the activity book that you gave to the Gardens. We know it will come in very handy. We love it that it has activities for the different seasons. Thank you!!

Would you like to Volunteer??

We always welcome volunteers to come out and share their talents. If you have a hobby or a collection that you would like to share, please give myself, Donna Smith, a call at Windsor Manor. I will be glad to visit with you about coming out and putting on a small show. If you are interested in playing cards, cribbage or other games, we would welcome that also. Or maybe you are a crafty person that would like to assist with doing crafts. We would love to have you come visit us. If I am not available to talk to you, there is always someone here. Please give us a call at 832-1188.

Items we are Looking For

We are in the process of gathering items for the Gardens Memory Baskets and are looking for a few items that maybe someone wants to get rid of. We are looking for beanie babies of any kind and men's and women's hats that might be fun for our residents. If you or someone you know can help us out, please give us a call.

What We've Been up To....



Mrs. Clause delivering cookies



Oh...what friends do for friends!!



Playing Bingo on New Year's Eve



Celebrating Birthdays with family



*Watching the Bald Eagle
Right out our door*



Diamond K enjoying music

*The Windsor Manor Wellness Show is on Wednesday mornings at 8:00 AM on KQWC (95.7). It is also replayed at 12 noon on Sunday's. Please tune in to listen.

Coordinator Email Addresses:

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Windsor Manor

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Check us out on the web!

www.windsor-manor.com

OPEN TO THE PUBLIC

Kris's Beauty Salon:

(515)832-2007

E.D.B. Massage:

Cell: (515)835-0445

Home: (515)826-3440

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