



Windsor Manor



January 2012

What a fantastic year 2011 has been – it will be hard to top, but we will do our best! Christmas was phenomenal with gifts for everyone, lots of food, drinks and socialization for all! We celebrated Christmas like one big happy family. Now time to settle into the New Year with new goals, new ideas and new friends and families to add to our already incredible group of staff and residents. On December 22 we all watched in awe as our aviary (Living Design Inc.) was placed in the private living room at the front of our community. Residents and staff have been glued to the glass since they arrived. Included was a book which describes each bird, its habits, and the background of where they originated from. If you have not had the opportunity to stop in

and see our new additions, please plan to soon. Other amenities we plan to add in the New Year include: restaurant style dining, a new ice cream machine, and new furniture for our hallways for everyone to enjoy. Also planned are more Dare to Dream's for our current residents – possibly including a tractor ride, an airplane ride and a trip to a museum. These are special requests from specific residents and we hope to make these dreams come true. As always, my door is always open. Please stop in and share ideas, dreams and of course any compliments or concerns you may have. Have a Happy New Year!

Lynne

Nursing

Another year has passed us by. They seem to go faster every year. January is a time for reflection on the past year and for setting goals for the year ahead. If we keep our goals smaller and realistic, we are more able to keep them. My goal for the coming year is to continue to always be available to all of our residents and employees and to continue to do my best every day for our residents.

I would ask each of you to look deep inside yourselves and find the compassion I know you all have for those who are not as fortunate. Not necessarily monetarily, but with physical and mental health also. Treat others as you would like to be treated. Start each day with a smile, such a small thing that can really change someone's day for the better.

Let's start our new year with a goal about caring about others.

Brenda



Activities

Wow, what a busy month December has been. There are just a few days until the New Year 2012. We have been busy with decorating, putting up the Christmas trees, baking, and lots of Christmas crafts. The weather has been good for us for all our busy needs. We have had lots of entertainment this month and we thank all them all very much. Our Christmas supper was a huge success. We had our Christmas walk on December 21st with all kinds of goodies.

I wish you all a very Happy New Year!!!

Cindy



Housekeeping

Happy New Year! My goal for 2012 is to have better health. This year has been a tough one. Hopefully spring will come soon. This means I get to go outside (and clean all the windows.)

Enjoy the New Year and strive to meet your goals!

Hannah



Kitchen

Christmas has passed it's a new year any suggestions let us know.

Paula



Chicken Tortilla Soup

Ingredients

- 2 skinless, boneless chicken breasts
- 1/2 teaspoon olive oil
- 1/2 teaspoon minced garlic
- 1/4 teaspoon ground cumin
- 2 (14.5 ounce) cans chicken broth
- 1 cup frozen corn kernels
- 1 cup chopped onion
- 1/2 teaspoon chili powder
- 1 tablespoon lemon juice
- 1 cup chunky salsa
- 8 ounces corn tortilla chips
- 1/2 cup shredded Monterey Jack cheese (optional)

Directions

1. In a large pot over medium heat, sauté the chicken in the oil for 5 minutes. Add the garlic and cumin and mix well. Then add the broth, corn, onion, chili powder, lemon juice and salsa. Reduce heat to low and simmer for about 20 to 30 minutes.
2. Break up some tortilla chips into individual bowls and pour soup over chips. Top with the Monterey Jack cheese and a little sour cream.

