

July 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>How to Enrich our lives: Be Healthy-Body, Mind and Soul! Our activities are planned to enhance our WM residents' physical, mental, social and spiritual health.</i></p>	<p><i>Spontaneous Activities fit in whenever and wherever possible: Town & Country Drives, Sequence & Whist, Book Club Readings, Stroll to nearby park, watering plants, black raspberry picking...</i></p>	<p><i>....Farmer's Market on Thurs. afternoons &/or Sat. mornings. Please let Phyll and Cindy know of your ideas—we can rearrange most activities to please our residents! Let's do things that you WANT TO DO!</i></p>	<p><i>"You're about as happy as you make up your mind to be" ~ ABRAHAM LINCOLN ~</i></p>	<p>1 Popeye's Birthday-1929 8:30 Bible Study 10:00 Black Raspberry Pickin' 10:30 Walk & Roll 11:00 Family Feud 1:30 Whist 3:00 Front Porch Chatter</p>	<p>2 First Friday Vitals-Actv.Rm 8:30 Bible Study 10:00 Walk & Roll 10:15 Nails in Library 2:00 Beverage 2:10 BINGO 6:30 Rock Creek Park Music</p>	<p>3 9:30 Casey's Donut Treats 10:00 Golf Cards-Library 10:00 Pick black raspberries 10:30 Feed Geese- Nyanza 1:00 Art in Central Park 2:30 Saturday Cinema</p>
<p>4 INDEPENDENCE DAY 9:15 Coffee & Cappuccino 9:30 Home Church Communion & Singalong -Patriotic Songs 10:10 Out:GChristian Church 4:00 Out to Watch Parade with Sack Suppers on the GCC Bus</p>	<p>5 8:30 Bible Study 10:00 Walk & Roll 10:30 Brain Games 2:00 Card Bingo 3:00 Beverage and Reminiscing- Vacations</p>	<p>6 8:30 Bible Study 10:00 Walk & Roll 10:45 "Sprays on the Patio" 1:00 more Spraying Sprays on the Patio (for WG Store) 2:00 RaspberryTea 2:30 "It's all about Aprons"</p>	<p>7 Nat'l Strawberry Sundae Day 8:30 Bible Study 10:00 RESIDENTS'MTG 11:00 Name 10 Ball 12:30 Shopping Shuttle 2:30 Buffalo stix & cheese 3:00 Lowell's Ed. Program on Iowa Indian History& statehd</p>	<p>8 8:30 Bible Study 10:00 Walk & Roll 10:30 Patio-1 SPY 11:00 Chatter- occupations 2:00 ED & DIXIE sing & devo 3:00 Beverage & Snack (Phyll gone so no shuttle to music)</p>	<p>9 Nat'l Sugar Cookie Day 8:30 Bible Study 10:00 Walk & Roll 10:30 Friday Fingernails 2:00 BINGO 2:30 Ice Tea & Lemonade 3:30 Catch Up Time-"Lakes" (Phyll gone so no shuttle to music)</p>	<p>10 Sheila in afternoon 9:30 Ed ,Dorothy: pass donuts 10:00 Edith: ask card players 10:00 UW start Movie 2:00 Sheila here for music: Kenny Elliott & Rock Creek Country Band 2:45 Beverages or Cones</p>
<p>11 Sheila in afternoon 9:15 Coffee & Cappuccino 9:30 Sharon Mathis leads Hymn Sing; Carmen & Dorothy choose Scriptures to read. 2:30 Refreshments 3:00 Sing-a-long with Sheila</p>	<p>12 Jenn's Activities 8:30 Bible Study 10:00 Walk & Roll Anniv. Of FamilyFeud -1976 10:30 Family Feud 2:00 Card or Dice Bingo 3:00 Beverages and Reminisce Topics = residence choice</p>	<p>13 Abby's Activities 8:30 Edith's? -Bible Study 10:00 Walk & Roll 10:15 Coffee with Staff 10:45 Name 10 Ball 2:30 Popcorn & Lemonade 3:00 Lee Groom on piano</p>	<p>14 Activities with Staff 8:30 Hannah's Bible Study 10:00 Lyla's Baking Magic 10:30 Brenda's Brain Games 12:30 Hannah's shopping shtl 2:30 Sheila & Donna:Bingo Dice bingo-penny bingo-other (Phyll in Haiti, July 8-16)</p>	<p>15 8:30 Bible Study 10:00 Walk & Roll 10:30 Word Games 11:00 Family Feud 12:30 Sequence 2:00 Whist & Beverages 3:00 Jolene's Karoake music</p>	<p>16 8:30 Bible Study 10:00 Walk & Roll 10:30 Friday Fingernails 2:00 Beverages 2:10 BINGO 3:30 Listen to Records</p>	<p>17 Hazel's 97th Birthday 9:30 Casey's Donut Treats 10:00 Golf Cards-Library 10:30 Feed Geese- Nyanza 2:30 Ice Cream Cones 3:00 Jerry Allen's Country Western music w/ his Guitar</p>
<p>18 9:15 Coffee & Cappuccino 9:30 Home Church -Scripture & Hymn Sing w/LynnSchwark 10:10 out to Christian Church 2:30 Sundaes on Sundays 3:00 "5 for1" music from M'town & Conrad singers</p>	<p>19 8:30 Bible Study 10:00 Walk & Roll 10:30 Friday Fingernails 11:00 Word Challenge 2:00 Card Bingo & Beverage 3:00 Resident Comm.Activity Planning Mtg-August Party</p>	<p>20 Nat'l Lollipop Day 8:30 Bible Study 10:00 Linda Schnell : piano 11:00 Balloon Volleyball 2:00 Purple Popsicles & Lollipops on the Patio 3:00 Deb Pohlson's Chester Church tours -group 1</p>	<p>21 8:30 Bible Study 10:00 Walk & Roll 10:30 Walk to Arbor Park 11:00 Fishing Stories@shelter 12:30 Shopping Shuttle 3:00 JudyCook:pgm.on Africa 4:30 Out: Olive Garden-DSM</p>	<p>22 8:30 Bible Study 10:00 Walk & Roll 11:00 Family Feud 2:00 ED & DIXIE sing & devo 3:00 Beverage & Snack 3:30 Relax & Talk- County & State Fair Memories</p>	<p>23 Ice Cream Cone B-day 8:30 Bible Study 10:00 Walk & Roll 10:30 Friday Fingernails 2:00 Refreshments 2:10 BINGO 3:30 NEW NEWS 6:30 Rock Creek Park Music</p>	<p>24 Nat'l Cousin's Day 9:30 Casey's Donut Treats 10:00 Golf Cards-Library 1030 Feed Geese- Nyanza 3:00 Bryce Hey & Larry Sears Families Hymnsing & Devotion 5:00 Wine with Supper 5:30 Too Many Strings</p>
<p>25 9:15 Coffee & Cappuccino 9:30 Home Church -Bible Rldg w/ Harv & Sue leading music 10:10 out to Christian Church 3:00 Sharon Sings- "Patsy Cline" & More!</p>	<p>26 Nat'l Cowboy Day 8:30 Bible Study 10:00 Walk & Roll 10:30 Summer Vacation 2:00 Something Cold 2:10 Card BINGO 3:00 John Wayne Movie for National Cowboy Day</p>	<p>27 8:30 Bible Study 9:30 Walk & Roll 10:00 Royce Wolf on piano 11:00 Brain Games on patio 2:30 Soda & Snacks 3:00 Deb Pohlson's Chester Church tours -group 2</p>	<p>28 Joan Anderson's B-dy 8:30 Bible Study 10:00 Walk & Roll 11:00 Noodle Bat & Ball 12:30 Shopping Shuttle 2:00 Dulcimer Players 3:00 Fruut & Cheese Tray</p>	<p>29 Max Meldrem's B-day Flonnie Matherly's B-day 8:30 Bible Study 10:00 Walk & Roll 10:30 Word Scramble 1:30 Whist & Sequence 3:00 Refreshments</p>	<p>30 Nat'l Cheesecake Day 8:30 Bible Study 10:00 Walk & Roll 10:30 Easy Cheesecake Bars 2:00 WM\$\$ BINGO 2:30 Enjoy cheesecake Bars 3:00 Windsor General Store (Cindy gone-Phyll subbing)</p>	<p>31 9:30 Casey's Donut Treats 10:00 Golf Cards-Library 10:30 Feed Geese- Nyanza 1:00 Saturday Cinema 2:30 Popcorn;Ice Cream cones 3:00 Kitchen Band Players, ALL welcome to share the fun!</p>