



*Windsor Manor
Highlights*

*229 Pearl St.
Grinnell I, IA 50112
641-236-8700*

June 2010

Notes from Lyla....

Wow what happened to the beautiful Spring weather that we were experiencing? I don't want to complain already about the heat but I do truly enjoy the beautiful SPRING time. Oh well the air is on and it is very comfortable at Windsor Manor Grinnell. Stop in and visit if you haven't lately. June is going to be another busy month on campus. We have several events planned and will be celebrating "Father's Day" with all of the men who call WMG their home on Sunday, June 20th. Activities and the Culinary dept are putting together a special day. You can find more information regarding June 20th in the newsletter. On June 22nd we will be hosting Allen Phillips, President of Senior Housing and Allison Law, VP. They will be deep in their world wind tours of all the communities that SHM manages and will be visiting us in Grinnell on this date. Allen and Allison will visit with the Residents and any of their family members who wish to attend at 10:00 a.m. in the Dining Room at Windsor. Please make plans to attend this meeting and feel free to share any comments that you may have. We welcome the opportunity to make positive changes to ensure that you have the "BEST" home in town. As always my door is open for any comments. Until next month.....

Lyla

Nurse's Notes...

Brenda Ruchti, RN, HCC

WOW! Summer is finally here. Farmers are out in the fields and the flowers are starting to bloom. Get out and enjoy! It was a very long winter and we all need the sunshine. We can be thankful we live in a state that has season changes. How would we appreciate summer if not for winter?

Be sure to limit your first exposures to the sunshine. Our bodies can overheat easily. Wear a hat, drink lots of water and spend time in the shade. If you start to feeling lightheaded or nauseous, please return to the air conditioning.

Please be sure to let me know if you have doctor appointments and especially any medicine changes. Our pharmacy can have the medications here the same day.

Brenda

Maintenance Corner...

by Roger Green

Hi...Well the grass is continuing to grow and needs my attention now on a weekly basis. I enjoy being out on the nice days that we have been experiencing and know that the heat of summer will soon be upon us. You will also notice in the upcoming months that some repair will be taking place around the campus from the storm damage that we experienced several weeks ago. Its amazing what the wind and hail can do to your roof, siding and windows.

As always if you have any maintenance concerns in your apartment please feel free to contact me as I would be happy to make the repairs for you. Roger

Culinary Notes...

By Linda Roush

The kitchen staff enjoyed preparing the **Mother's Day** buffet for the many individuals who partook. We are planning a special lunch for **Father's Day** on **June 20th**. We will be frying fresh whole catfish or fried chicken, fried potatoes, baked beans, coleslaw and a dinner role. The dessert will be strawberry shortcake. The cost for guests will be \$8.50. Please let the dietary staff know if you are having guests by June 17th.

As you may have noticed we are taking the walkers out of the dining room during lunch and supper. We are taking the walkers out of the dining room in an attempt to prevent falls from residents as they are entering and leaving the dining room and staff as they are delivering meals. The staff will remove each walker or push it against the wall and return it to you when you are ready to leave the dining room. We apologize for any inconvenience this may cause you but we are truly concerned about the safety of our residents and staff. Linda

Seven Layer Salad

Layer in a serving pan as follows:

1. 1 head of lettuce chopped
2. 1 c chopped celery
3. 1/2 box frozen peas
4. 1/2 - 1 c miracle whip w 2 - 4 tbsp sugar -mixed spread on above
5. 1 c grated cheese
6. 1 c crumbled cooked bacon

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Housekeeping Tidbits

.....by **Hannah Snodgrass**

Welcome to the month of June! The weather has been wonderful. I would like to thank all of the residents, families, staff and businesses who donated gifts, clothing items and food to the Moyer family in their time of need. It was all greatly appreciated. The clothing drive held by Maurices was a huge success. The benefit supper was also successful! Thank you again! :)

As a courtesy reminder from the housekeeping department we would greatly appreciate it if you remove your shoes at the door if they are muddy. Have a wonderful, fun-filled safe summer!

Hannah

Life Enrichment Coordinator's Notes.....

by Phyllis Van Es

*Tomatoes are planted, flowers are transplanted into the raised bed, and around the beans in our bucket gardens, we're planning a list of **RESIDENT VOLUNTEER HELPERS** who will enjoy doing the evening waterings... let's see...what's next and what have we forgotten?*

Oh yeah, Father's Day's coming soon. We've got a few surprises in the works, but we'll keep those under our hats until it's all confirmed. Just reserve the date, Sunday, June 20 for special fun at Windsor for the **DADs**. More details will be shared at the 10:00 a.m. Residents' Meeting, Wednesday, June 2.

The Windsor General Store looks to be a successful monthly event, with Windsor Bucks as our currency...and how do you earn these whitebacks with residents' faces in place of Washington, Lincoln and Hamilton? By winning at Bingo, or Whist, for example, (plus patio bean bag toss and golf putting contests coming soon) or by yelling out Trivia answers; by pushing chairs around and wrapping silverware; by attending intergenerational activities like when the After School Program kids come to keep us young! We have purchased fun new prizes and many useful items that **YOU** have suggested, on which to spend your big bucks...or **Lucky Bucks**, as Margaret calls them.

A HUGE THANK you to many residents who are able and desire to help in many ways—it makes our job as activity planners and leaders a bit easier.

Come enjoy the Patio with us,

...and keep an eye on that Activity Calendar ...join in and share the fun!

Phyll & Cindy

