

WINDSOR MANOR™

Assisted Living Community

Windsor Manor Assisted Living Community 1401 Wall Street Webster City, Iowa 50595 (515)832-1188



Fun days to Celebrate in November

- 3rd—National Men Make Dinner Day
(OK by ME!!!)
- 4th—National Candy Day
- 6th—Daylight Savings ends—Change your clock
- 11th—National Sundae day
- 17th—Great American Smokeout
- 24th—Thanksgiving Day
- 25th—Black Friday
- 27th—Christian Advent begins
- 28th—National French Toast day



Do You Remember??

-Blackjack chewing gum
-Wax Coke-shaped bottles with colored sugar water, and how about the wax lips
-Coffee shops with the table-side jukebox
-Home delivery milk in glass bottles with bottle tops
-S&H Green Stamps
-The old blue flashbulbs for cameras



*Jill with her husband Tim
and her daughter Blake*

"If you change the way you look at things, the things you look at change."--- Dr. Wayne Dyer. As we look around Windsor Manor we are seeing a lot of changes; the memory care unit affectionately named "The Gardens" is in its final stages of preparation and should be opening around December 1st, the courtyard has undergone reconstruction as the patio was replaced with new concrete and the yard excavated for additional tiling. We have mums, haystacks, pumpkins, and a scarecrow welcoming us into WM as fall quickly approaches. We also have several new faces as we have increased staff preparing for The Gardens to open – welcome all. October also brought changes in management as Jill Scott, long time manager, left us to pursue another career opportunity. We wish her the best on this new pursuit. While this creates change at WM, the goal of providing the best care to our tenants will not change and tenants should see a seamless transition in this change. As Jill often said, "With change comes change," but we will continue to provide the best community for our tenants to reside.

From the Nurses Corner

The quote, "If you change the way you look at things, the things you look at change."--- Dr. Wayne Dyer, also applies this year as we prepare for the Holidays. Bill and I find ourselves having to look at where we celebrate them. Bill and I have spent many years preparing for the day when our children are adults and how we would continue to share special days as a family. This year our oldest child turns 21 on the Saturday after Thanksgiving and as luck would have it Thanksgiving is her holiday to work. As we look at the possibility of how we can share this moment with her, we realize it will involve us commuting to her. I am looking forward to it with a lot of excitement as we will be able to spend the holiday at her apartment while allowing the family to enjoy the pool of the hotel. We have always taught her that home is where the heart is and to open the home to include friends who do not have family to celebrate with. I am also excited because our "third daughter" who is, and has been, Kristi's close friend at Creighton will be celebrating with us. In preparation of this day, I will prepare the turkey and bring the fixings as we remember all the blessings this year has brought to be thankful for. We look forward to watching the big turkey day football games which includes the Detroit Lions who are having a great season at this point. We also realize as time evolves that more change will occur as our other children grow. Change seems inevitable and when referring to the holidays change can bring a varied range of feelings. I am hoping as we age that we will be able to extract cherished memories that will help to sustain us through this season. We pray if you are one of those individuals who do not enjoy the holidays that you too can reflect on yesteryear and recall times when the holidays did bring joy. We pray you will be enveloped in the love and friendship of those near to you and that the true reason for the season will shine brightly. If you are part of a group that performs during the holiday season, I would encourage you to contact Donna, Life Enrichment Coordinator, and arrange a time. The tenants get such joy from watching groups of all ages. As my daughter, Kristine would say Feliz Dia de Gracias (Happy Thanksgiving) and Feliz Navidad (Merry Christmas)!!! **Quality Care to ALL Residents at ALL times! Kelly Dodge, RN, HCC**

Things we Did

My, OH MY!!! I can't believe I am already writing the Holiday issue of the Windsor Manor Newsletter!! This year has absolutely flown by. Someone told me once that the older you get, the faster the years go by. Well, I find myself getting older and now I believe it. I always look forward to the holiday season around Windsor Manor. I used to decorate my house all up no matter what holiday it was, then pretty much did just Christmas. Now, since I don't have kids and the cats just get into everything they can get their paws on, I don't even do much at Christmas except for a small tree and some lights. That is why I love to get the decorations out during the holidays here. We try to keep with the theme of every holiday.

One thing I did in October was to take a week off and fly out to Colorado. The Aspen trees were on fire with color and I so wished I could have had every resident out there with me to enjoy the colors. When I got back on the 10th we went to Boone for the train ride. It was a little disappointing as far as the colors go, but it was still a very enjoyable afternoon for everyone. We have numerous opportunities to go places and do things, and if someone needs to go somewhere, all they need to do is ask and we will make sure they get there. It may be just a trip to the bank or grocery store but we can get them there.

We went on a Saturday over to Iowa Falls to see the trees through the Iowa River Valley. I had a bus full for that trip. What fun!! It's just fun to get a bunch in the bus and drive all over, they have so much fun visiting and reminiscing about things around the area.

Our Maintenance Coordinator, John, brought in pumpkins and the Culinary Coordinator, Mike, brought in his church youth group in to help the residents draw faces and carve out pumpkins. We went out for supper at the Grid Iron and also had Kenny Vorland back out. Our Halloween party was on Halloween day this year and I strongly encouraged the residents to dress up and be goofy. I really didn't want to be the only one. They were great!!

A lot of activities will take place in November and December. We will party and have lots of fun. Have a great Holiday Season and remember to.....Have fun always.....*Donna Smith, Life Enrichment Coordinator*

From the Culinary Department

I would like to share a picture that I took on Thursday October 13th. I love taking pictures and when I went outside and saw this rainbow I just had to get my camera. Just like in my life, God showed me that no matter how bad it gets good things are just around the corner. Being at Windsor Manor is definitely a good thing for me.



Michael Peterson, Culinary Coordinator

Thank You

Thank you to the Mary/Martha circle of the Trinity Lutheran Church for the table favors. I don't know where you come up with all the ideas you have but they sure are cute. Thank you for thinking of us. The residents appreciate you!!

Thank you to the First Baptist Church for the cute table favors you brought out for our tables. Our residents appreciate all you do for them. Thank you!!

Thank you so much to the Naomi Circle from the Trinity Lutheran Church for the fall table favors you made for us. They had the quote ***"Each day of life is a precious gift from God"*** by Charles H. Spurgeon on the outside. I (Donna) love this quote. Each day we have the opportunity to inspire others by what we say and do. Each resident that lives here inspires me in one way or another. They have stories to share and I love to listen to them. All have seen some rough times throughout their lives and each one learned from those hard times. Each of us has a date with Jesus at some point but until your day comes, please continue to inspire me and remember that.....***each day is a gift from God!!*** So again, thank you for the table favors.

Thank you to Bette Hill for bringing in the Christmas cards and wrapping paper. Items like that always come in handy.

Thank you to Connie Keane for bringing in knick-knacks for prizes for the many games we play.

With Deepest Sympathies

We would like to extend our prayers and sympathy to the family of Naomi Klaver. We had the honor of having here as a resident for the last couple years of her life and we all enjoyed her so much. She lived a long good life and we really enjoyed hearing her tell stories from her youth. We miss her but we also know she is now embraced in the Lord's arms.

We also extend our prayers and sympathy to the family of Mervin Jensen. We also know that Merv is embraced in the arms our Lord, but, this passing was very unexpected for us. Merv was the kind of guy that liked being on the go. He was always doing good for someone else, always willing to give to people. We truly miss him here at Windsor Manor but we also know that he is living the eternal life in Heaven that God had planned for him.

What We've been up to.....



*Mildred, her granddaughter Tracy
And her greatgrandson Nathan*



*This was like watching a bug
unfold his legs and wings*



*Residents at the Boone
And Scenic Valley RR*



*Stretching his arm over
our building to pour concrete*

*The Windsor Manor Wellness Show is on Wednesday mornings at 8:00 AM on KQWC. Please tune in to listen.

Check us out on the web!

www.windsor-manor.com

Coordinator Email Addresses:

Manager:

manager2@windsor-manor.com

Kelly Dodge, Healthcare Coordinator:

nurse3@windsor-manor.com

Donna Smith, Life Enrichment Coordinator:

life@windsor-manor.com

Michael Peterson, Culinary Coordinator

chef@windsor-manor.com

OPEN TO THE PUBLIC

Kris's Beauty Salon: (515)832-2007

E.D.B. Massage:

Cell: (515)835-0445

Home: (515)826-3440

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1401 Wall Street

Webster City, IA 50595

(515)832-1188