




SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SPECIAL EVENTS
				1 Morning Morning Moves Devotions Afternoon Bingo Evening Soft Music	2 <i>Celebration of the opening 4 years!</i> Morning Morning Moves Devotions Afternoon Blowing Bubbles Outside Evening Massage Neck and Shoulders	3 Morning Morning Moves Devotions Afternoon String Cherrio's for the birds Evening Lawrence Welk Show	June 2 Celebration of 4 years open! Donut Day!
4 Morning Morning Moves Devotions Afternoon Enjoy the weather outside Evening Movie and snack	5 Morning Morning Moves Devotions Afternoon Water the Plants Walk around Out- side Evening Relaxing Video	6 Morning Morning Moves Devotions Afternoon Sort Beads Evening Massage Hands and arms	7 Morning Morning Moves Devotions Afternoon Chicken Soup for the Soul Evening Massage Feet and Legs				June 2 1-2 Fairmont Accordion Band
11 Morning Morning Moves Devotions Afternoon Cards Puzzles Evening Old Movie and Snack	12 Morning Morning Moves Devotions Afternoon Music by Jeff Evening Relaxing Video	13 Morning Morning Moves Devotions Afternoon Make A Flag Evening Massage Hands and arms	14 <i>Flag Day</i> Morning Morning Moves Devotions Afternoon Walk Outside Water our plants Evening Massage Feet and Legs				June 2 2 pm Swan Magician
18 <i>Father's Day</i> Morning Morning Moves Devotions Afternoon Bean Bag Toss Go outside Evening Movie and snack	19 Morning Morning Moves Devotions Afternoon Down Memory Lane Evening Relaxing Video	20 Morning Morning Moves Devotions Afternoon Squeeze Ball Sing-A-long Evening Massage Hands and arms	21 Morning Morning Moves Devotions Afternoon Word Picture Evening Massage Feet and Legs				June 12 2pm Music By Jeff
							June 18 Father's Day
25 Morning Morning Moves Devotions Afternoon Reminisce Look at pictures Evening Old Movie and Snack	26 Morning Morning Moves Devotions Afternoon Ball Toss Evening Relaxing Video	27 Morning Morning Moves Devotions Afternoon Balloon Volley Evening Massage Hands and arms	28 Morning Morning Moves Devotions Afternoon Plus One Gals Evening Massage Feet and Legs				June 19 2pm Down Memory Lane
							June 28 2pm Plus One Gal
			 <p><i>Happy Birthday!</i> Join us in wishing all residents, associates, family and friends a very happy birthday!</p> <p>Mary Wehrspan 6/15 Father Victor Ramaecker 6/17 Char Hillburg 6/20</p>		<p><i>8 Dimensions of Wellness</i> Health and wellness means having a balanced life rich in vitality and well-being. To assist our residents in achieving a healthier and happier lifestyle, Windsor Manor provides programming that focuses on 8 Dimensions of Wellness. These dimensions of wellness are:</p> <p>Physical Environmental Vocational Emotional Social Spiritual Intellectual Family</p> <p>For the month of _____, we will be focusing on the dimension of <u>Environmental</u> Wellness. These activities are highlighted in <u>green</u></p>		