

AUGUST 2017

Windsor Manor

Assisted Living Community 512 North Finn Drive Algona, Iowa* 515-395-1512



Celebrating August Birthdays

Cassie Harmon
8-12

Elda Groen
8-15

Dot Dahlgren
8-30

Our Residents of the Month is Mary Godfredson



Mary was born October 15, 1929. She is the youngest of 3 children. She has an older brother names Robert and an older sister named Marguerite Dale. She grew up on a farm. She had to feed chickens, collect eggs, and milk cows. Mary married Elvin. She met Elvin at the plantation where the used to dance the nights away. Mary and Elvin had 4 wonderful children, 2 boys, and 2 girls. She worked at the bank helping customers and counting money.

Mary has many hobbies including dancing, watching the Yankees and the Lawrence Welk Show (her brother- in law Dick Dale was on), read and play the piano. Her favorite song to play on the piano is White Cliffs of Dover. Her favorite type of dance is the foxtrot.

Mary has been blessed with many grandchildren and great grandchildren who she loves very much. She loves spending all the time she can with them and watching them grow up. She loves to make people happy which in turns makes Mary happy! She loves to tell and hear a good joke to make people laugh and smile.

Mary likes living here at Windsor Manor because everyone here is so helpful and nice to visit with. The staff is always willing to help when you need anything. She feels she gets everything she needs here. We love having Mary as a part of our Windsor Manor Family!

Employee Spotlight

Laura Hanson



Laura was born July 18th, 1980 in the Fort Dodge, Iowa Hospital. Laura is the youngest and had an older brother who was 7 years older than her named Aaron. He passed away in 2010 at 37 years old. Laura grew up on a farm between Renwick and Hardy.

Laura is married to Jerry. They were united in marriage in September 2011 at their acreage. Laura has one step-son named Steven who is 11. Laura and her family love to be outside at their acreage which is 5 miles south of Algona. They like to camp, fish, ride 4-wheelers, go to stock car races, and race in the figure 8 races.

Laura has been a CNA for many years. She started working as a CNA at the age of 14 in long term care at the Humboldt Hospital.

Laura Graduated with Associates Degree for the Medical Assistant Program. She made the Dean's List with a 4.0 GPA. Some of Laura's hobbies are scrapbooking, antiques, having lunch with friends, and shopping. Her favorite color is navy blue. Her favorite movie is You've Got Mail and her favorite tv show is Criminal Minds.

Laura's hero is her mom because she is the hardest worker Laura has ever known. She can keep every promise she has ever made and always knows the right answers. She is the glue that holds my family together.

Laura started working at Windsor Manor September 21, 2015. She loves working with the elderly. She comes back every day because she needs you all as much as you need her. You all teach her so many new things every day. Your wisdom and experiences are great life lessons. She loves how you all brighten her day by your smiles.

Note from Terri



“A perfect summer day is when the sun is shining, the breeze is blowing, the birds are singing, and the lawn mower is broken.”- James Dent

This year the lawn mowers have gotten quite a rest! Farmers, as well as homeowners, are praying for rain as crops and lawns turn the color of dried grain. Iowa weather goes from one extreme to the other. We can rest assured that six months from now, it will all be covered in white! Grab your lemonade, find a shady corner, and a little bit of breeze. After all, this is Iowa- and we are blessed with all FOUR seasons.

Note from Lynzie Nilles, RN-BC, BSN



Everyone older than 6 months of age except those with severe allergy to the flu shot or eggs should get the flu shot. Studies have shown that having the flu vaccine reduces your risk of getting the flu by 50-60%. This is also dependant on other factors such as age and health status and the types of flu virus that is circulating. Benefits of the flu vaccine include the following: reduce risk of flu-associated hospitalizations, decreased risk of cardiac events related to the flu, protecting women during pregnancy, and flu vaccination makes your illness milder if you do get sick.

Please help us this flu season by getting your flu shot to protect yourself and our other residents and loved ones from the flu. See Lynzie with any questions you may have about the flu vaccine.



Balloon Volley



Celebrating the 4th of July!



Jake, Glady, and Ruth putting a puzzle together.

Father Ramaeker and Liz dancing.



Burt Days Parade.



A watermelon from our garden.



Harley with Google eye glasses

Elda wearing Google eye glasses.



Liz with Google eye glasses

Glady with the Google eye glasses

