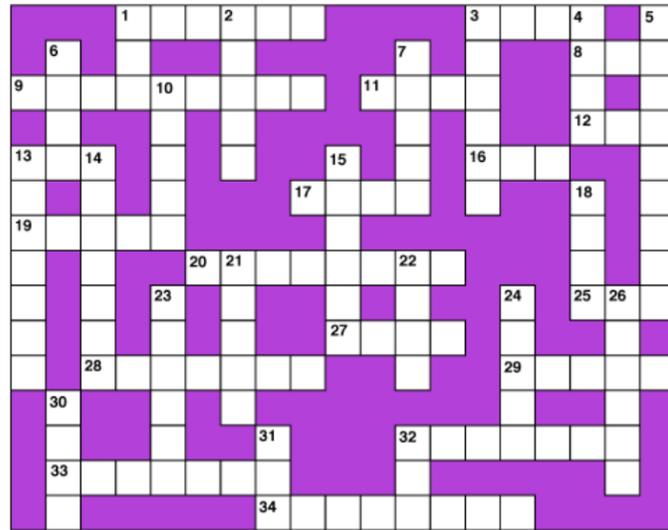


**SUMMER CROSSWORD**



- ACROSS**
- 1. Light rain
  - 3. String \_\_\_\_\_
  - 8. Single
  - 9. Jumping & hopping game
  - 11. Summer month
  - 12. Have lunch
  - 13. Very warm
  - 16. City home for wild animals
  - 17. Summer month
  - 19. Sandy spot
  - 20. Water sport
  - 25. Used to pave roads
  - 27. Relax
  - 28. Step back
  - 29. Very humid weather
  - 32. Warm weather foot wear
  - 33. \_\_\_\_\_ storm
  - 34. Thrilling
- DOWN**
- 1. Short form of sister
  - 2. Time piece
  - 3. Cool wind
  - 4. Musical symbol
  - 5. Summer month
  - 6. Go it alone
  - 7. Weather word
  - 10. Capture
  - 13. Leisure activities
  - 14. Follows a car
  - 15. June 21
  - 18. Always do your \_\_\_\_\_
  - 21. Pools are full of this
  - 22. Birds home
  - 23. Suntan \_\_\_\_\_
  - 24. Hot & \_\_\_\_\_
  - 26. Summer month
  - 30. Better \_\_\_\_\_ than never
  - 31. \_\_\_\_\_ you sleeping?
  - 32. Take a seat

**Events & Outings in August**

Volunteers, friends and family are welcome to join us for any of these activities or events:

- Mondays:** 2:20-3:30 Baking
- Tuesdays:** 2:30-3:30 Arts and Crafts
- Fridays:** 1:00-2:00 Prize BINGO
- Daily Devotions:** 10:00am-10:30am
- Exercise Class:** 10:30am-11:00am
- August 1<sup>st</sup> Switchback Music on the patio 10:00am-11:00am**
- August 8<sup>th</sup> 2:30pm - Trip to visit our friends at the nursing home.**
- August 11<sup>th</sup> 2:30pm - Phil and Caitlyn's Music in the living room**
- August 22<sup>nd</sup> 10:00am - Sing-A-Long w/Cheryl Vice in the living room**
- August 24<sup>th</sup> 4:30pm-5:30pm - Grill out on the patio & Family Council 6:00pm-6:30pm**
- August 29<sup>th</sup> DQ outing 2:30pm**

**Friends and Family!**

Please join us for a yummy dinner and Family Council!

- When:** August 24<sup>th</sup>
- Dinner - 4:30pm-5:30pm**
- Family Council - 6:00pm-6:30pm**

We want to answer any questions you might have and talk about what's new at Windsor Manor. We look forward to seeing you!



**Friends and Family**

Please join us on **August 1<sup>st</sup> at 10:00am** for some live music and refreshments. **Switchback Band** is back by popular demand and we can't wait!



# Windsor Manor

Windsor Manor Assisted Living • 608 South 15<sup>th</sup> Street • phone 515-961-8900 • fax 515-891-2130



**Celebrating August Birthdays!**

**Joan Wolfe**

**August 2nd**

**Harold Waters**

**August 5<sup>th</sup>**

**Pauline Clendenen**

**August 23rd**

**Betty Snuggs**

**August 25<sup>th</sup>**

**HAPPY BIRTHDAY!**

**Resident Spotlight Phil Schooler**



Phil grew up on a farm in Palmyra, Iowa. He spent most of his time helping on the farm, which he enjoyed very much. He was four years old the first time he ran a tractor and that was his favorite thing to do on the farm.

Phil graduated high school in 1960 and married his high school sweetheart a year later. They bought a farm north of Lacona with cattle, hogs, corn, hay and oats. They raised two wonderful daughters that also grew up helping on the farm. They often had to quit early to wash the manure smell out of their hair because they had dates.

Phil has been blessed with six grandchildren and nine great grandchildren and he loves when they visit him at Windsor Manor.

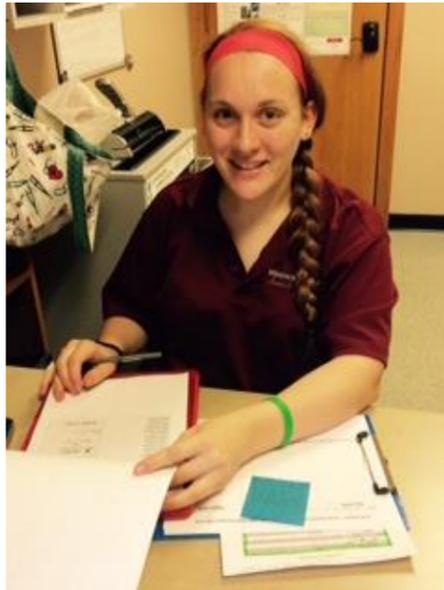
Phil is a big Cubs fan and loves following Nascar. He enjoys Pepsi and peanuts and listening to his police scanner.

Phil didn't plan to spend his retirement in an assisted living but says knows it's the best place for him. He enjoys the staff and they take good care of him.

We're so happy that Phil chose Windsor Manor to call home!

## Employee Spotlight

**Tiffany DeVore**  
Resident Assistant



Tiffany grew up in Leon, Iowa with five brothers and one sister. She lived in the country so she spent her time riding four-wheelers, fishing, hunting and riding horses. She also played softball.

Tiffany has two children--a two-year-old named Ashton and a four-month-old named Kanen. She moved to Indianola a year ago to be closer to her sister.

She has two big goals in life. One is to become an RN and the other is to own her own farm. She loves horses and wants to have horses of her own. She will start the process to be a nurse this fall and is very excited. We are too, because we know she will be a great nurse.

She enjoys working at Windsor Manor because she loves helping people and the job is very rewarding.

Tiffany is a quick learner and a joy to work with. She's eager to learn and has a great attitude. We're very lucky to have her on our Winsor Manor team!

## The Dogs Days of Summer

When I was a kid, I always thought the saying "dog days of summer" was hilarious. I imagined our little black and tan dachshund, Penny Sue, lying on the concrete on the porch panting and wishing for fall. Turns out the saying doesn't have anything to do with dogs panting on the porch. It comes from an ancient Greek belief about a dog star, Sirius, and its positions in the heavens. Well that's not nearly as comical to think about as parched puppies pining for cooler weather!

The greatest thing about August to me as a born-and-raised Iowan is the Iowa State Fair. Although I always get a little melancholy in August, as it seems when the fair is over, summer is pretty much over too. And then of course, when you were a kid, August signaled back to school. By Labor Day, I'm resigned to the fact that we might be just a few months away from building snowmen and battling icy roads.

I am amazed at how much faster the seasons seem to come and go as I get older. My husband has a funny saying about getting older: "Life is like a roll of toilet paper. The further you get in to it, the faster it goes." Might not be the most dignified image there, but we can all get behind the sentiment. The best thing we can do is enjoy every little square as the roll spins on. Hope you enjoy August and the last of summer, no matter how hot the dog days get!

*Jenny Knust, ED*

Our game day was a success!  
All the residents and staff participated!  
Game winners

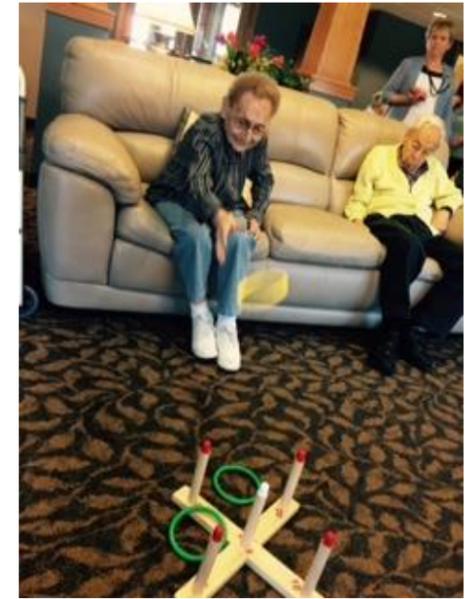
- **Pizza Yahtzee – Maxine Lee**
- **Ring Toss - Ralph**
- **Ball Toss-Geraldine**
- **Kerplunk-Shirley M**



Keith, Maxine and Peanut are focused.



Neal is getting the hang of it.



Geraldine is enjoying the ring toss game.



Pauline and Shirley are enjoying the ball toss game and Jenny is keeping score. Shirley's score was high, but not enough to beat Geraldine!