

EMPLOYEE SPOTLIGHT



My name is Lyubov Vitale. Many of you know me rather well even though I haven't been working much the past few years. My journey began with Windsor Manor in 2011 after I completed CNA classes and decided that the nursing field was exactly where I wanted to be. For those of you who knew that I was in nursing school, I have wonderful news to share. I have successfully completed the program and now am a Registered Nurse! Thank you for your support. It means so much to me and I am glad to make you proud.

Windsor Manor residents are the most welcoming and caring population of people I've met! For the past four years I've worked here. Every day has been filled with new experiences that I will cherish forever. You've helped me build a solid foundation in communication skills along with how to make your day a little brighter whenever you needed it! Thank you for letting us care for you while you as well care for us. We are a family here at Windsor Manor and I am glad to be a part of it!

February Birthdays

Lenna Keeth Feb. 5th
 Melissa Reiland Feb. 15th
 Judy Mitchell Feb. 27th

Events and Music Entertainment in February 2016:

Feb. 2nd at 2:30pm
Nancy & Jeff's Beal Music
 Feb. 5th at 2:15pm
Outing to Funaro's Bakery
 Feb. 11th at 2:15pm
Walmart Shopping
 Feb. 12th at 10:00am
Bill Tillman's Music "Traveling Musical Memories"
 Feb. 12th at 3:00pm
Resident Council
 Feb. 16th at 2:30pm
Cheryl Vice's Gospel Music
 Feb. 19th at 1:00pm
Volunteers are welcome to play Board Games with the residents
 Feb. 19th at 5:30 **Family Council**
Pasta Bar at 4:30pm or 6:00pm
Please, RSVP your sitting for meal!
 Feb. 23rd at 1:00pm
Root Beer Floats Social
2:30pm will make Potpourri
 Feb. 25th Fleece Pajama Day
1:00pm Dominos Game
2:30pm Bean Bag Toss Game Social
 Feb. 26th at 9:30am
Walmart Shopping- Outing
2:30pm Big John & His Guitar Music

Windsor Manor

Windsor Manor Assisted Living 608 S 15th Street, Indianola, IA 50125

Phone # 515 961-8900



Celebrating February

Time Management Month

Plant the Seeds of Greatness Month

Spunky Old Broads Day
February 1Groundhog Day
February 2Periodic Table Day
February 7Chinese New Year
(Year of the Monkey)
February 8Random Acts of Kindness Week
February 14-20Valentine's Day
February 14International Mother Language Day
February 2188th Academy Awards
February 28

Pain of progress

You've probably heard the saying "No pain-no gain" more times than you can count. Well, we didn't know quite how painful our remodeling project might get when we set out to freshen up our home last fall. I know that everyone is tired of the missing baseboard, the mismatched furniture and the slow progress we have made in updating Windsor Manor. But we're almost there!

Monday, February 8, the carpet layers will be here and should be finished within a week or so. They will start on the south hall and work their way toward the Gardens. Since the carpet layers have a long commute, we offered to let them stay at Windsor Manor and they took us up on that offer. So you may see your carpet layers hitting it hard during the day and coming and going from rooms S12, S14 and S7 in the evenings. We are happy to be able to offer them lodging so that they will be here bright and early to start laying carpet each day.

We have furniture ordered for the living room and theater which should be here on Friday, February 12. A few special order chairs might be as late as early March, but they will be worth the wait. We can't wait to see everything in its place and hang all of our new, beautiful artwork on the walls. We will be hosting a family council meeting on Friday, February 19 and should be looking pretty good by that time. Please have your family plan to join you for a pasta buffet at either 4:30 p.m. or 6 p.m., and participate in the family council meeting at 5:30. RSVPs are due to Emili by Monday, February 15. It is imperative that we receive you and your family's RSVP, as we are going to arrange seating by families, according to our RSVPs. Make sure your family has ample seating by letting us know how many will attend.

It's an exciting time at Windsor Manor, and we are so grateful for the patience of residents, staff and family members. It's going to be a great spring and we look forward to hosting an open house in late March or early April to show off our new décor!

Jenny Knust, Executive Director

Snow Day

Snow is falling to the ground
Piling up in enormous mounds
School is cancelled for the day
Children run outside to play

Snowballs are thrown in the air
No one has any care
About school-only fun
Because the day is a snowy one

Snowmen are stacked very high
Their top hats almost skim the sky
To make them round they must pat
Then finish off with mittens and hat

As the weather gets cold
The children are told
To come inside and eat
Hot chocolate with a couple treats

Once the kids are done
They put on their gear for some more fun
Some of them play around
While other kids just lay on the ground

Another kid makes snow angels
Until the dog named Bojangles
Ran through his masterpiece
But then the owner yelled cease

After Bojangles
Ruined all the snow angels
Kids slid down the hill
'Til they were bitten by a chill

Almost over is the day
The children start to walk away
As snow falls, so does the sun
Time to go in, the day is done



Uplifting Art

Ballet is not only a beautiful and elegant dance form but it's also the perfect civilizing art, says ballerina, critic, and historian Jennifer Homans. Throughout its history, ballet has been used to refine the body, mind, and soul. Since its origins as a dance of the Italian wealthy during the Renaissance, ballet grew beyond the dance floors of the rich. To develop its fluid and balanced movements, choreographers used math and geometry—then taught by ballet teachers to their students. The dance was thought to be so harmonic and perfect that it was given religious significance. In their view, mastering ballet could actually improve the soul. With results like that, why not try a few steps on February 7, Ballet Day?



Meet our New Resident Leroy Boone

Leroy moved to Indianola all the way from California. His son, Alan Boone lives. Alan is a dentist here in town.

Leroy owned a machinery business for about 40 years. He enjoyed staying busy all the time.

Leroy has four children: Allan, Randy, Marty and one daughter, Renee.

Once in his lifetime he went on a trip with his sister to Europe. He visited about nine countries, including Italy.

Leroy has nine siblings. They used to play different kind of games together. He would like to find good friends at Windsor Manor. So, if you are looking for a partner to play games on weekends, you may ask Leroy to play pitch, or any other card game, and he will enjoy spending the time with you to play these games.

Leroy is very friendly and loves to joke and he can really make you feel good by giving nice comments. His smile is so uplifting and we are so blessed to have people like Leroy here at Windsor Manor.



Meet our New Resident Sherry Orr

I grew up in Des Moines and moved to Indianola when got married. I worked at Simpson College and Knoxville Hospital, retiring in 2010.

I have a daughter, son-in law, a granddaughter and grandson who live close.

I had a stroke while vacationing in Florida and ended up in the hospital.

Water color painting is a passion of mine. I like to cook and entertain and decorate.

I'm an avid reader and enjoy making new friends.

I have a special relationship with my sister and we love being together.

