

Windsor Manor  
403 Scenic St.  
Morrison IL, 61270

Postage  
Information

February 2016

# Windsor Manor

403 Scenic Street, Morrison IL 61270

Phone: (815) 772-4031



**Bird-Feeding  
Month**

**Heart Month**

**Spunky Old  
Broads Day**  
*February 1*

**Groundhog  
Day**  
*February 2*

**Periodic  
Table Day**  
*February 7*

**Chinese New  
Year**  
(Year of the  
Monkey)  
*February 8*

**Mardi Gras**  
*February 9*

**Valentine's  
Day**  
*February 14*

**88th  
Academy  
Awards**  
*February 28*

## Greetings from the Executive Director, Mike Saad

We continue to grow at Windsor Manor with new residents, new staff, and even a new baby! We are so excited about the newest little addition, Baby Evi Neas!!! Our Director of Nursing Stephanie Neas, RN, and her husband Eric, along with their children: MaKenzie, Izaak, and Noelle were very excited about this early addition to their home and to our Windsor Manor Family!

Other new things at Windsor Manor are the number of new activities that are being implemented. We will now enjoy Live music each month, daily exercising, yoga twice a month, additional planned weekend activities, and many more plans to go out to eat and other outings!

February is a time for Love. And, here, at Windsor Manor, we love our residents – the new ones and those that have enjoyed living here since we opened. To all of you and all of your families, we say thank you for allowing us to share this time in your lives. We are honored that you have chosen to be a part of our lives and part of our Windsor Manor Family. And so, with Love from all of us at Windsor Manor – We want to wish you a Very Happy Valentine's Day!!!



Stephanie and her Baby Evelyn Irene  
Born January 7, 2016 at 9:42am  
19" Long and Weighing 5lbs 7 oz



Happy  
Valentines  
Day



## Activities in February

- Feb.1-Valentine centerpieces@10AM
- Feb.3 & 4-Candlelight outing @10:30am
- Feb.5-Dollar Store Outing @11:00am
- Feb.9-Root beer floats @2:30pm
- Feb.10-Music by Dennis Voss @2:00pm
- Feb.11-Yoga @2:00pm
- Feb.12-Pies with Joann @2:30pm
- Feb.16-Craft with Angie @2:30pm
- Feb.17-Guest speaker on hats @2:30pm
- Feb.17 & 18-Village Inn outing @10:30am
- Feb.19-Trip to Dollar Store @11am
- Feb.21-Visit with Sunday school kids@9am
- Feb.22-Dave Allen Singing @ 2:30pm
- Feb.23-Sing-A-Long with Linda
- Feb.24-CGH guest speaker @ 2:30pm
- Feb.25-Yoga @ 2pm
- Feb.25-Trip to DQ @ 2:45pm
- Feb.26-FRIENDS and FAMILY @ 5PM
- Feb.29-Prize BINGO @ 2:30pm

## Valentine's Day Mini Cherry Heart Pies

### Ingredients

- 1 box Refrigerated Pie Crust
- 11 oz Cherry Pie Filling
- 1 Egg
- 1 tbsp Milk
- White Sparkling Sugar
- Heart Shaped Cookie Cutter



### Instructions

1. Preheat oven to 350.
2. Using a 3 to 4" heart shaped cookie cutter, you should get 8-10 pies from 1 box of crusts.
3. Cut as many shapes as you can get rerolling scraps as needed.
4. Line a baking sheet with parchment paper.
5. Mix together egg and milk to make an egg wash.
6. Place half of the hearts on prepared pan(s).
7. Use egg wash to wet the edges of the hearts.
8. Place a small amount of the pie filling in the center of each.
9. Make a small x cut in the center of the remaining half of the hearts.
10. Place an x heart on top of each filled heart and press and crimp edges.
11. Brush sealed pie with egg wash and dust with sparkling sugar.
12. Bake for 14-16 minutes until crust is browned.
13. Allow to cool.



# Business News From Kim



### Quote

“When one wants to dance the hula, bashfulness should be left at home.”

~ Hawaiian Proverb



“Hello Everyone” “Love is in the Air” It’s almost Valentine’s Day !!! February is known for the Romance Month. Valentine’s Day is the most popular holiday of the year for cards to be mailed over 62% of Americans send cards on this special day. 1 Billion Cards sent. 220 Million Flowers sent. 1.7 Billion spent on Candy thats (58 Million pounds of chocolate every year) 6 million couples get engaged. Americans spend at least 20 Billion on Valentine’s Day every year. On an average of each person that is \$130.00 spent on Valentine’s Day a year. February was picked because there was always a Fertility Festival called Lupercalia which always occurred in February. Pope Gelesius declared February 14<sup>th</sup> to be Valentine’s Day. Because it was Fertility Festival in the 1300’s they associated the Festival with Love. Exchanging cards became a tradition in the 1500’s. And soon became other gifts such as flowers, candy, jewelry and romantic dinners. The Catholic Church recognizes a saint named Valentine. When Emperor Claudis II reigned he decided that single men made better soldiers than married men. He then outlawed marriage for young men. Valentine did not agree and thought it was not justified so he then performed marriages for young men in secret. When Valentine’s actions were discovered, Claudis ordered valentine to be put to death. According to Legend an imprisoned Valentine fell in Love with possibly the jailors daughter- and it was known that she visited him while in prison. Before his death it is alleged he wrote her a letter signed “from your Valentine” an expression that is still used today. Although some legends are not true Valentine was still heroic and most importantly a romantic figure due to he still wanted to perform marriages for the young men. Valentine was put to death/buried in the middle of February. So this is one of the reasons why Valentine’s Day is celebrated in the middle of February. I hope you enjoyed the history of Valentine’s Day.

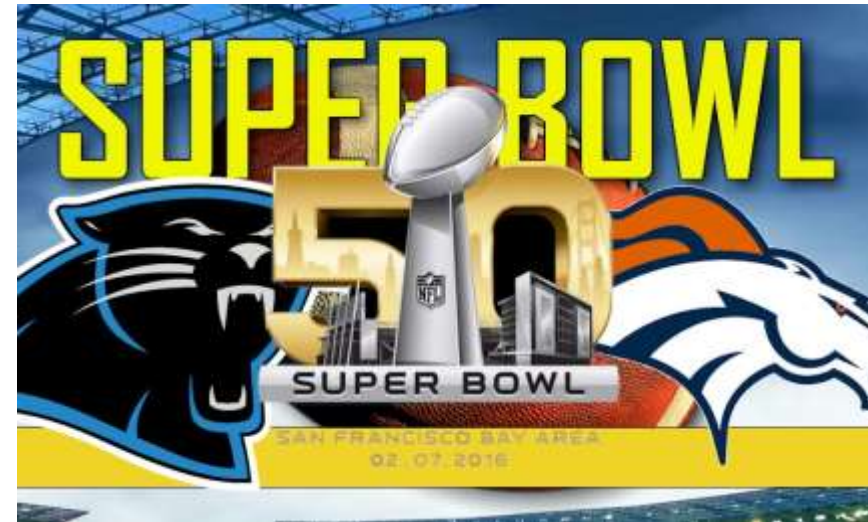
“From Your Valentine” and Business Office Manager- **Kim**



# Maintenance News With John

Hey gang hope your January was a great start to 2016!! I had fun taking the guys to the cultivation center on my birthday and learning all about the different wind mills and countries that used them. I’m glad we have had a mild winter thus far keep your fingers crossed spring will be here any time. I also am looking forward to the next guys outing hope everyone has a great February. Let me know if there is anything I can do.

### Thanks John



### Windsor Manor Barbershop

Eric is available on Thursdays From 10am-6pm. Walk-ins are Welcome. Eric can be reached at 815-275-5622.



### Youthful U

Jill Beswick is available on Mondays 9am-4pm, Wed. 9am-3pm, and Friday and Saturday 9am-1pm.



### Quotable

“A bird does not sing because it has an answer. It sings because it has a song.”

~ Chinese Proverb

