

Windsor Manor

Windsor Manor of Indianola • 608 South 15th Street • 961-8900 • 961-8907 •

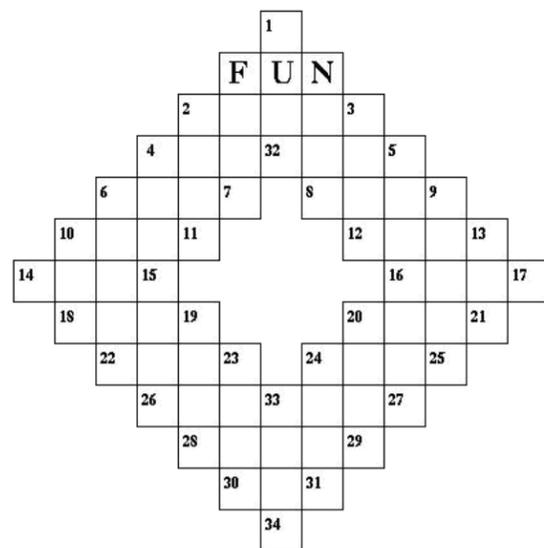
Events and Outings

Volunteers, friends and family members are welcome to join us for any of these activities or events:

- September 1st at 2:30pm Dave and Ellie's Music
- September 5th at 2:30pm Trip to West View Nursing Home
- September 11th – September 15th **National Assisted Living Week-daily activities**
- September 22nd at 2:30pm Suzi Q Show
- September 25th at 8:30am Massage with Jean
- September 26th at 2:30pm Trip to Common Grounds Coffee

- Walmart Shopping** every other week.
- Bingo** most Mondays, Tuesdays, Thursdays and Fridays.
- Mondays – **Baking Club**
- Thursdays – **Arts and Crafts**
- Sundays – **Church Service**

- Daily Devotions** – 10:00am-10:30am
- Exercise Class** – 10:30am-11:100am



By Arthur Wynne, December 21, 1913
from *The New York World*

- | | |
|--------------------------------------|------------------------------|
| 2-3. What bargain hunters enjoy. | 6-22. What we all should be. |
| 4-5. A written acknowledgment. | 4-26. A day dream. |
| 6-7. Such and nothing more. | 2-11. A talon. |
| 10-11. A bird. | 19-28. A pigeon. |
| 14-15. Opposed to less. | F-7. Part of your head. |
| 18-19. What this puzzle is. | 23-30. A river in Russia. |
| 22-23. An animal of prey. | 1-32. To govern. |
| 26-27. The close of a day. | 33-34. An aromatic plant. |
| 28-29. To elude. | N-8. A fist. |
| 30-31. The plural of is. | 24-31. To agree with. |
| 8-9. To cultivate. | 3-12. Part of a ship. |
| 12-13. A bar of wood or iron. | 20-29. One. |
| 16-17. What artists learn to do. | 5-27. Exchanging. |
| 20-21. Fastened. | 9-25. To sink in mud. |
| 24-25. Found on the seashore. | 13-21. A boy. |
| 10-18. The fibre of the gomuti palm. | |

Friends and Family

Please, join us in celebrating National Assisted Living Week September 10th through September 16th.

- Monday, September 11th at 1:00pm.** Donuts and hand out new assisted living T-Shirts. Abby with Suncrest Hospice will call BINGO and give out special prizes.
- Tuesday, September 12th at 11:30am** Family Event-pizza and homemade ice cream!
- Wednesday, September 13th at 10:00am** Jeff & Nancy's country music.
- Thursday, September 14th at 1:00pm** Creation Stations-Arts & Crafts
- Friday, September 15th at 2:30pm** Photos taken of staff and residents in their new assisted living T-shirts.



Celebrating September Birthdays!

Shirley McPherson

September 2

Oliver Houston

September 21

Mila Tarasenkov

September 5

Vera Ilnitsky

September 10

Lyuba Vitale

September 19

Logan Vickroy

September 30

Resident Spotlight Oliver and Shirley Houston



Oliver and Shirley met in high school. They wrote back and forth while Oliver was in the service and married 3 months before he was released. Oliver farmed most of his life and Shirley took care of the family, house and helped on the farm. She was a wonderful cook and according to Oliver, her fried chicken and mashed potatoes and gravy were the best! Oliver and Shirley had four children together, one boy and three girls. They have ten grandchildren and twelve great grandchildren.

Oliver used to play baseball and loves to watch baseball on TV. His favorite team is the Chicago Cubs. Shirley always had a lot of friends and enjoyed playing cards. Oliver and Shirley were in a card club for 50 years. They would get together with 40 to 50 of their friends and play blank. One of Shirley and Oliver's favorite things was Sunday dinners. His mom used to host and she would prepare dinner for 25 guests. Oliver and Shirley will be celebrating their 62nd wedding anniversary on September 22nd and according to Oliver, the secret to a long lasting married is to work out problems daily and don't go to bed angry. Welcome to Windsor Manor Oliver and Shirley.

Resident Spotlight Logan Vickroy caregiver



Logan grew up in Indianola, Iowa with her parents and younger brother, Jake. Logan will be a senior at Indianola High School. She is on student council and the mayor's youth council.

She loves to bake and cook with her mom. Her favorite thing to bake is cookies. She also loves to read and travel. Her favorite place to go is Florida because they have awesome amusement parks and shopping. She also loves visiting her grandparents that live in Orlando, Florida.

Logan likes working at Windsor Manor because it's rewarding to know that she's helping people and she enjoys getting to know them. She plans to go to school for nursing after graduation so she can continue to care for others. Although she loves to travel she wants to attend college somewhere in Iowa. She likes Iowa because the people are friendly and people aren't like that everywhere.

Logan is a wonderful caregiver. She truly cares about the residents and we think she'll be a great nurse.

Leigh Heaverlo, CRM

A September to Remember

I am so excited about National Assisted Living Week coming up in September! We have ordered t-shirts for all staff and residents. The logo on the front of the t-shirt says, "Family is Forever." On the back of the t-shirt, it says, "Find Your Family at Windsor Manor." I think that's fitting, because we have our own little community and family right under one roof.

During AL Week, we will have something special to celebrate each week from September 11th through the 15th. Mila has done a great job of finding some new and fun things to do. As usual, we'll have plenty of food, fun, and of course, family. We want you to invite your family to be a part of our special week-long celebration.

A big thank you to all residents and family members who attended the August cookout and family council meeting. The weather was perfect for a picnic, and we had a great turnout. We received valuable input and, as always, we will do everything possible to implement the suggestions you make. From spaghetti with meatballs (instead of meat sauce) to playing charades and trivia, we loved the input everyone gave and will do our best to make those positive changes.

Please don't wait until the next family council to provide input. We are always open to feedback and suggestions about how we can make Windsor Manor an even better place to live and work. We hope you will find your family at Windsor Manor and celebrate National Assisted Living Week with them in September.

Jenny Knust, ED



**Our family cookout was a success! The weather was perfect and the sweetcorn was the sweetest!
Thank you to everyone that joined us for a wonderful meal and family council.**



Shirley and her son. Love those smiles!



Millie loved the sweetcorn!



Doris had a nice evening with her family.



Barbara and her sister always have a good time together!