



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SPECIAL EVENTS				
	 <p>This month we are celebrating <b>Father's Day</b></p> <p>Join us as we explore the many different monthly heritages. If you have any photos or experiences that you would like to share with the residents during the month, please contact Angie by email at <a href="mailto:angie.strobbe@windsor-manor.com">angie.strobbe@windsor-manor.com</a></p>			1	<p><b>Morning</b> Daily Current Events Daily Exercises <b>Afternoon</b> Relaxation BINGO <b>Evening</b> Wheel of Fortune Reminiscent Hour</p>	2	<p><b>Morning</b> Daily Scoop/Devotions Daily Exercises <b>Afternoon</b> Relaxation/Mail Call Active Games <b>Evening</b> Music Corner Lotion Massages/Snacks</p>	3	<p><b>Morning</b> Daily Scoop/Devotions Daily Exercises <b>Afternoon</b> Relaxation Puzzle Corner <b>Evening</b> Music Circle A look Back in Time/Snack</p>		<p><b>Monday, June 5</b> 3pm Crafts</p> <p><b>Thursday, June 8</b> 3pm BINGO</p>
4	5	6	7	8	9	10					
11	12	13	14	15	16	17					
18	19	20	21	22	23	24					
25	26	27	28	29	30						

**Wednesday, June 14**  
11am-  
Lunch Outing

**Saturday, June 17**  
11:00am- 1:00pm  
Friends and Family

**Tuesday, June 20**  
3:30pm  
My Singing Guitar

**Wednesday, June 28**  
3:30pm  
Monthly Birthday Celebration



**Happy Birthday!**  
Join us in wishing all residents, associates, family and friends a very happy birthday!

Laverne June 6  
Roland June 6  
Billie June 22

**8 Dimensions of Wellness**  
Health and wellness means having a balanced life rich in vitality and well-being. To assist our residents in achieving a healthier and happier lifestyle, Windsor Manor provides programming that focuses on 8 Dimensions of Wellness. These dimensions of wellness are:

Physical	Environmental	Vocational	Emotional
Social	Spiritual	Intellectual	Family

For the month of May, we will be focusing on the dimension of **Environmental and Spiritual Wellness**. These activities are highlighted in blue.

