



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SPECIAL EVENTS								
		1 Morning Football Toss Pairs of Things Feel Good Stories Afternoon Hall walk Sorting Activity Evening Evening Snack/ Movie	2 Morning Twister Bean Bag Toss Number BINGO Devotional Sing-a-Long Afternoon Garden Stroll Puzzles Evening Evening Snack/ Movie	3 Morning Basketball Finish the Phrase Collages Afternoon Soccer Kick Spelling Bee Evening Evening Snack/ Movie	4 Morning Pool Noodle Hockey Nursery Rhyme Trivia Dot-To-Dot Afternoon Hand Massage and Manicures Old Favorites Sing-A-Long Evening Evening Snack/ Movie	5 Morning Morning Stretches Coffee Chat Flower Arranging Afternoon Bowling Jumbo Domino Game Evening Evening Snack/ Movie	Dr. Check Foot Clinic August 2nd Monthly Vitals August 4th								
6 Morning Scent Story Cutting Coupons Church Service Afternoon Tactile Activity Opposites Evening Evening Snack/ Movie	7 Morning Arm Chair Stretch Famous Faces Spark Basket Afternoon Topic Beach Ball Toss Group Discussion Evening Evening Snacks/ Movie	8 Morning Football Toss Pairs of Things Feel Good Stories Afternoon Hall walk Sorting Activity Evening Evening Snack/ Movie	9 Morning Twister Bean Bag Toss Number BINGO Devotional Sing-a-Long Afternoon Garden Stroll Puzzles Evening Evening Snack/ Movie	10 Morning Basketball Finish the Phrase Collages Afternoon Soccer Kick Spelling Bee Evening Evening Snack/ Movie	11 Morning Pool Noodle Hockey Nursery Rhyme Trivia Dot-To-Dot Afternoon Hand Massage and Manicures Old Favorites Sing-A-Long Evening Evening Snack/ Movie	12 Morning Morning Stretches Coffee Chat Flower Arranging Afternoon Bowling Jumbo Domino Game Evening Evening Snack/ Movie	Lil' Child Care Visit August 9th								
13 Morning Scent Story Cutting Coupons Church Service Afternoon Tactile Activity Opposites Evening Evening Snack/ Movie	14 Morning Arm Chair Stretch Famous Faces Spark Basket Afternoon Topic Beach Ball Toss Group Discussion Evening Evening Snacks/ Movie	15 Morning Football Toss Pairs of Things Feel Good Stories Afternoon Hall walk Sorting Activity Evening Evening Snack/ Movie	16 Morning Twister Bean Bag Toss Number BINGO Devotional Sing-a-Long Afternoon Garden Stroll Puzzles Evening Evening Snack/ Movie	17 Morning Basketball Finish the Phrase Collages Afternoon Soccer Kick Spelling Bee Evening Evening Snack/ Movie	18 Morning Pool Noodle Hockey Nursery Rhyme Trivia Dot-To-Dot Afternoon Hand Massage and Manicures Old Favorites Sing-A-Long Evening Evening Snack/ Movie	19 Morning Morning Stretches Coffee Chat Flower Arranging Afternoon Bowling Jumbo Domino Game Evening Evening Snack/ Movie	State Fair Fun August 20th Accordion Music August 21st								
20 Morning Scent Story Cutting Coupons Church Service Afternoon Tactile Activity Opposites Evening Evening Snack/ Movie	21 Morning Arm Chair Stretch Famous Faces Spark Basket Afternoon Topic Beach Ball Toss Group Discussion Evening Evening Snacks/ Movie	22 Morning Football Toss Pairs of Things Feel Good Stories Afternoon Hall walk Sorting Activity Evening Evening Snack/ Movie	23 Morning Twister Bean Bag Toss Number BINGO Devotional Sing-a-Long Afternoon Garden Stroll Puzzles Evening Evening Snack/ Movie	24 Morning Basketball Finish the Phrase Collages Afternoon Soccer Kick Spelling Bee Evening Evening Snack/ Movie	25 Morning Pool Noodle Hockey Nursery Rhyme Trivia Dot-To-Dot Afternoon Hand Massage and Manicures Old Favorites Sing-A-Long Evening Evening Snack/ Movie	26 Morning Morning Stretches Coffee Chat Flower Arranging Afternoon Bowling Jumbo Domino Game Evening Evening Snack/ Movie	Sing-A-Long with K&L Duo August 28th								
27 Morning Scent Story Cutting Coupons Church Service Afternoon Tactile Activity Opposites Evening Evening Snack/ Movie	28 Morning Arm Chair Stretch Famous Faces Spark Basket Afternoon Topic Beach Ball Toss Group Discussion Evening Evening Snacks/ Movie	29 Morning Football Toss Pairs of Things Feel Good Stories Afternoon Hall walk Sorting Activity Evening Evening Snack/ Movie	30 Morning Twister Bean Bag Toss Number BINGO Devotional Sing-a-Long Afternoon Garden Stroll Puzzles Evening Evening Snack/ Movie	31 Morning Basketball Finish the Phrase Collages Afternoon Soccer Kick Spelling Bee Evening Evening Snack/ Movie											
			 <p><i>Happy Birthday!</i> Happy Birthday Arlene Wirth August 26th !</p>		<p>8 Dimensions of Wellness Health and wellness means having a balanced life rich in vitality and well-being. To assist our residents in achieving a healthier and happier lifestyle, Windsor Manor provides programming that focuses on 8 Dimensions of Wellness. These dimensions of wellness are:</p> <table border="0"> <tr> <td>Physical</td> <td>Environmental</td> <td>Vocational</td> <td>Emotional</td> </tr> <tr> <td>Social</td> <td>Spiritual</td> <td>Intellectual</td> <td>Family</td> </tr> </table> <p>For the month of May, we will be focusing on the dimension of Emotional and Family Wellness. These activities are highlighted in red.</p>		Physical	Environmental	Vocational	Emotional	Social	Spiritual	Intellectual	Family	
Physical	Environmental	Vocational	Emotional												
Social	Spiritual	Intellectual	Family												