

Windsor Update

WINDSRO MANOR ASSISTED LIVING 1642 S. G AVE. NEVADA, IA 50201

Word Scramble

R N A P O

- ❖ A protective garment worn over the front of the body

L B E C B O

- ❖ To mend or patch

L A O N T

- ❖ The claw of a bird

Y R D B E

- ❖ A stiff, rounded hat with a curved brim

B T M I L H E

- ❖ A metal cap for your finger

Buy a Vowel

N _ _ G _ T

- ❖ Candy made from sugar, honey, nuts, and egg white

T _ C _ T _ R N

- ❖ Reserved and saying little

D _ L _ G _

- ❖ A severe flood

C R _ _ S _

- ❖ A line on cloth made by folding or pressing

M _ _ N D _ R

- ❖ Follow a winding course in a leisurely manner



JANUARY BIRTHDAYS:

JOE HARPER
JANUARY 11TH

CAROLINE PHILLIPS
JANUARY 15TH

RAOLA GILES
JANUARY 20TH

RICHARD MOHLER
JAUNUARY 20TH

MAY I HAVE THIS DANCE?



A big thanks to everyone who came and helped with the Family Christmas Party! We had a great showing of family and friends, and we enjoyed the food and music! Mary and Chris are pictured above cutting a rug while others cheer them on!

hnnh

INFORMATION

Windsor Salon
(by appointment only)

Amy Adel:
515-290-9355
641-377-2288

J Ave. Barber
515-382-2423

Windsor Manor Assisted Living
1642 South G Ave.
Nevada, Iowa 50201
Phone: 515-382-2980
Fax: 515-382-1413

WINDSOR MANOR GUEST MEAL PRICES

GUEST MEAL TICKET-----\$7.00
PRICE FOR 10 TICKETS--\$65.00
TICKETS CAN BE PURCHASED
IN ADVANCE IN OUR BUISNESS
OFFICE OR KITCHEN. CASH
OR CHECK ONLY. TUESDAY-
THURSDAY

WINDSOR BUS TRASPORTATION

8AM-5PM
MONDAY/FRIDAY FAMILY OR HIRTA
PUBLIC TRANSIT
PLEASE BRING ALL APPOINTMENT
TIMES TO BUISNESS OFFICE AS
SOON AS THEY ARE MADE

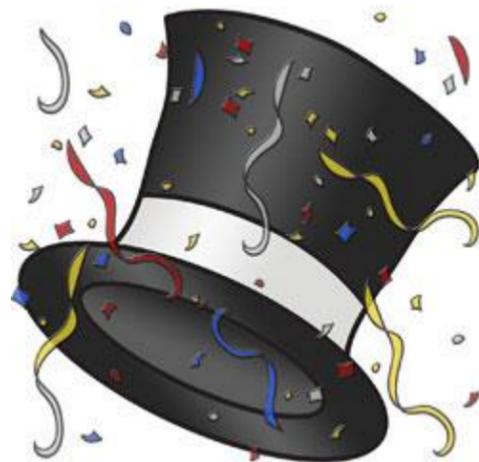
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- ❖ “Should auld acquaintance be forgot, And never brought to mind? Should auld acquaintance be forgot, And auld lang syne!” These are the first four lines of “Auld Lang Syne”—a Scottish song more than 230 years old that’s now played everywhere at the stroke of midnight, January 1.
- ❖ Many cultures believe that anything in the shape of a ring is good luck, because it symbolizes “coming full circle,” completing a year’s cycle. For that reason, the Dutch believe that eating donuts on New Year’s Day will bring good fortune
- ❖ New Year’s Day was originally observed on March 15, since this was considered the beginning of spring. The date was changed to January 1 in 153 B.C. when Janus, the Roman god of beginnings and the guardian of doors and entrances, was placed at the head of the calendar. Pictured looking in both directions, Janus symbolized the progression of the past to the future.
- ❖ The tradition of dropping a lighted ball in Times Square, New York City, originated after fireworks were prohibited in 1907. The famous ball weighs almost 12,000 pounds and bears 2,668 crystals.



New Year's Resolution Prayer

God, grant me the senility to forget the people I never liked anyway, the good fortune to run into the ones that I do, and the eyesight to tell the difference.



Why Didn't I Think of That?



While hunting in the Jura mountains in Switzerland in the 1940s, engineer George de Mestral noticed cockleburs stuck into his pants and his dog’s hair. Inspecting the seeds under a microscope, he discovered that they attached themselves with tiny hooks. De Mestral was struck with the idea of a synthetic fastener following the same hook-and-loop system. Named for the French words *velour* (“velvet”) and *crochet* (“hook”), he invented *Velcro*.



Riddle Me This

If you have me, you want to share me. If you share me, you haven't got me. What am I?

See Margie for Answer!

Old Wives' Tales

Many people suffer from fidgety, restless legs or leg cramps as they lie in bed trying to fall asleep. One oft-cited home remedy is to place an unwrapped bar of soap under your sheets. Some people believe there is an undiscovered molecule in soap’s perfume that helps. This is why you must switch bars every few months or scrape away the surface of the bar to rejuvenate the fragrance. Although it is an interesting hypothesis, there is no scientific evidence to support that it actually works.

