

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SPECIAL EVENTS
1 Morning Scent Story Cutting Coupons Church Service Afternoon Tactile Activity Opposites Evening Evening Snack/ Movie	2 Morning Arm Chair Stretch Famous Faces Spark Basket Afternoon Topic Beach Ball Toss Group Discussion Evening Evening Snacks/ Movie	3 Morning Football Toss Pairs of Things Feel Good Stories Afternoon Hall walk Sorting Activity Evening Evening Snack/ Movie	4 Morning Twister Bean Bag Toss Number BINGO Devotional Sing-a-Long Afternoon Garden Stroll Puzzles Evening Evening Snack/ Movie	5 Morning Basketball Finish the Phrase Collages Afternoon Soccer Kick Spelling Bee Evening Evening Snack/ Movie	6 Morning Pool Noodle Hockey Nursery Rhyme Trivia Dot-To-Dot Afternoon Hand Massage and Manicures Old Favorites Sing-A-Long Evening Evening Snack/ Movie	7 Morning Morning Stretches Coffee Chat Flower Arranging Afternoon Bowling Jumbo Domino Game Evening Evening Snack/ Movie	October 7th Happy Birthday Bill Buss
8 Morning Scent Story Cutting Coupons Church Service Afternoon Tactile Activity Opposites Evening Evening Snack/ Movie	9 Morning Arm Chair Stretch Famous Faces Spark Basket Afternoon Topic Beach Ball Toss Group Discussion Evening Evening Snacks/ Movie	10 Morning Football Toss Pairs of Things Feel Good Stories Afternoon Hall walk Sorting Activity Evening Evening Snack/ Movie	11 Morning Twister Bean Bag Toss Number BINGO Devotional Sing-a-Long Afternoon Garden Stroll Puzzles Evening Evening Snack/ Movie	12 Morning Basketball Finish the Phrase Collages Afternoon Soccer Kick Spelling Bee Evening Evening Snack/ Movie	13 Morning Pool Noodle Hockey Nursery Rhyme Trivia Dot-To-Dot Afternoon Hand Massage and Manicures Old Favorites Sing-A-Long Evening Evening Snack/ Movie	14 Morning Morning Stretches Coffee Chat Flower Arranging Afternoon Bowling Jumbo Domino Game Evening Evening Snack/ Movie	October 11th Dr. Check Foot Clinic
15 Morning Scent Story Cutting Coupons Church Service Afternoon Tactile Activity Opposites Evening Evening Snack/ Movie	16 Morning Arm Chair Stretch Famous Faces Spark Basket Afternoon Topic Beach Ball Toss Group Discussion Evening Evening Snacks/ Movie	17 Morning Football Toss Pairs of Things Feel Good Stories Afternoon Hall walk Sorting Activity Evening Evening Snack/ Movie	18 Morning Twister Bean Bag Toss Number BINGO Devotional Sing-a-Long Afternoon Garden Stroll Puzzles Evening Evening Snack/ Movie	19 Morning Basketball Finish the Phrase Collages Afternoon Soccer Kick Spelling Bee Evening Evening Snack/ Movie	20 Morning Pool Noodle Hockey Nursery Rhyme Trivia Dot-To-Dot Afternoon Hand Massage and Manicures Old Favorites Sing-A-Long Evening Evening Snack/ Movie	21 Morning Morning Stretches Coffee Chat Flower Arranging Afternoon Bowling Jumbo Domino Game Evening Evening Snack/ Movie	October 16th Flu Shots
22 Morning Scent Story Cutting Coupons Church Service Afternoon Tactile Activity Opposites Evening Evening Snack/ Movie	23 Morning Arm Chair Stretch Famous Faces Spark Basket Afternoon Topic Beach Ball Toss Group Discussion Evening Evening Snacks/ Movie	24 Morning Football Toss Pairs of Things Feel Good Stories Afternoon Hall walk Sorting Activity Evening Evening Snack/ Movie	25 Morning Twister Bean Bag Toss Number BINGO Devotional Sing-a-Long Afternoon Garden Stroll Puzzles Evening Evening Snack/ Movie	26 Morning Basketball Finish the Phrase Collages Afternoon Soccer Kick Spelling Bee Evening Evening Snack/ Movie	27 Morning Pool Noodle Hockey Nursery Rhyme Trivia Dot-To-Dot Afternoon Hand Massage and Manicures Old Favorites Sing-A-Long Evening Evening Snack/ Movie	28 Morning Morning Stretches Coffee Chat Flower Arranging Afternoon Bowling Jumbo Domino Game Evening Evening Snack/ Movie	October 6th Music with Jerry and Myrt
29 Morning Scent Story Cutting Coupons Church Service Afternoon Tactile Activity Opposites Evening Evening Snack/ Movie	30 Morning Arm Chair Stretch Famous Faces Spark Basket Afternoon Topic Beach Ball Toss Group Discussion Evening Evening Snacks/ Movie	31 Morning Football Toss Pairs of Things Feel Good Stories Afternoon Hall walk Sorting Activity Evening Evening Snack/ Movie					October 17th Hearing Unlimited
							October 19th The Berry Patch Trip
							October 29th Fall Family Fest
							October 30th Lil'Cubs Daycare Halloween Program
							October 30th K&L Duo Music
				Happy Birthday! Bill Buss October 7th			October 31st Halloween
					8 Dimensions of Wellness Health and wellness means having a balanced life rich in vitality and well-being. To assist our residents in achieving a healthier and happier lifestyle, Windsor Manor provides programming that focuses on 8 Dimensions of Wellness. These dimensions of wellness are: Physical Environmental Vocational Emotional Social Spiritual Intellectual Family For the month of May, we will be focusing on the dimension of Environmental and Spiritual Wellness. These activities are highlighted in blue.		