


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SPECIAL EVENTS								
 <p>This month we are celebrating Easter</p> <p>Join us as we explore the many different monthly heritages. If you have any photos or experiences that you would like to share with the residents during the month, please contact Angie by email at angie.strobbe@windsor-manor.com</p>			<p>Announcement</p> <p><i>Our Annual Easter Egg Hunt is on April 13 @4pm</i></p> <p><i>Ages 0-10 are welcomed to attend! Hope to see you all then!</i></p>			<p>1 <i>World Day of Prayer</i></p> <p>Morning Daily Scoop/Devotions Daily Exercises</p> <p>Afternoon Relaxation Puzzle Corner</p> <p>Evening Music Circle Snack</p>	<p>Monday, April 5 10am Bible Study with Marshall</p> <p>Friday, April 10 10am Unity Hospice Craft</p>								
<p>2</p> <p>Morning Daily Scoop/Devotions Daily Exercises</p> <p>Afternoon Life Story Worship to Hymn Songs</p> <p>Evening Social Hour Snacks</p>	<p>3</p> <p>Morning Daily Scoop/Devotions Daily Exercises/Mail Call</p> <p>Afternoon Relaxation Craft Corner</p> <p>Evening Movie Matinee/Popcorn Snacks</p>	<p>4</p> <p>Morning Daily Scoop/Devotions Daily Exercises/Manicures</p> <p>Afternoon Relaxation Table Games</p> <p>Evening Gentle Movement Snacks</p>	<p>5 <i>Women's Day</i></p> <p>Morning Daily Scoop/Devotions Daily Exercises/Mail Call</p> <p>Afternoon Relaxation Life Story Trivia</p> <p>Evening Hand Massages Snacks</p>	<p>6</p> <p>Morning Daily Current Events Daily Exercises</p> <p>Afternoon Relaxation BINGO</p> <p>Evening Wheel of Fortune Reminiscent Hour</p>	<p>7</p> <p>Morning Daily Scoop/Devotions Daily Exercises</p> <p>Afternoon Relaxation/Mail Call Active Games</p> <p>Evening A Look Back in Time Lotion Massages/Snacks</p>	<p>8</p> <p>Morning Daily Scoop Daily Exercises</p> <p>Afternoon Relaxation Puzzle Corner</p> <p>Evening Music Circle Snack</p>	<p>Wednesday, April 12 11am Senior Center</p>								
<p>9 <i>Palm Sunday</i></p> <p>Morning Daily Scoop/Devotions Daily Exercises</p> <p>Afternoon Life Story Worship to Hymn Songs</p> <p>Evening Social Hour Snacks</p>	<p>10</p> <p>Morning Daily Scoop/Devotions Daily Exercises/Craft with Hospice</p> <p>Afternoon Relaxation Craft Corner</p> <p>Evening Movie Matinee Snacks</p>	<p>11</p> <p>Morning Daily Scoop/Devotions Daily Exercises/Manicures</p> <p>Afternoon Relaxation Table Games</p> <p>Evening Gentle Movement Snacks</p>	<p>12</p> <p>Morning Daily Scoop/Devotions Daily Exercises/Mail Call</p> <p>Afternoon relaxation Aromatherapy</p> <p>Evening Hand Massages Snacks</p>	<p>13</p> <p>Morning Daily Current Events Daily Exercises</p> <p>Afternoon Relaxation Easter Egg Hunt</p> <p>Evening Wheel of Fortune Reminiscent Hour</p>	<p>14 <i>Good Friday</i></p> <p>Morning Daily Scoop/Devotions Daily Exercises</p> <p>Afternoon Relaxation/Mail Call Active Games</p> <p>Evening A Look Back in Time Lotion Massages/Snacks</p>	<p>15</p> <p>Morning Daily Scoop Daily Exercises</p> <p>Afternoon Relaxation Puzzle Corner</p> <p>Evening Music Circle Snack</p>	<p>Tuesday, April 13 4pm Easter Egg Hunt</p>								
<p>16 <i>Easter</i></p> <p>Morning Daily Scoop/Devotions Daily Exercises</p> <p>Afternoon Sharing Wedding Memories Worship to Hymn Songs</p> <p>Evening Social Hour Snacks</p>	<p>17</p> <p>Morning Daily Scoop/Devotions Daily Exercises/Mail Call</p> <p>Afternoon Relaxation Craft Corner</p> <p>Evening Movie Matinee Snacks</p>	<p>18</p> <p>Morning Daily Scoop/Devotions Daily Exercises/Manicure</p> <p>Afternoon Relaxation Table Games</p> <p>Evening Favorite Poem's Snacks</p>	<p>19</p> <p>Morning Daily Scoop/Devotions Daily Exercises/Mail Call</p> <p>Afternoon Relaxation Journal Time</p> <p>Evening Hand Massages Snacks</p>	<p>20</p> <p>Morning Daily Current Events Daily Exercises</p> <p>Afternoon Relaxation BINGO</p> <p>Evening Wheel of Fortune Reminiscent Hour</p>	<p>21</p> <p>Morning Daily Scoop/Devotions Daily Exercises</p> <p>Afternoon Relaxation/Mail Call Active Games</p> <p>Evening A Look back in Time Lotion Massages/Snacks</p>	<p>22</p> <p>Morning Daily Scoop Daily Exercises</p> <p>Afternoon Relaxation Puzzle Corner</p> <p>Evening Music Circle Snack</p>	<p>Wednesday, April 26 3:30pm Birthday Celebration</p>								
<p>23</p> <p>Morning Daily Scoop/Devotions Daily Exercises</p> <p>Afternoon Gardening Worship to Hymn Songs</p> <p>Evening Social Hour Snacks</p>	<p>24 <i>Holocaust Remembrance day</i></p> <p>Morning Daily Scoop/Devotions Daily Exercises/Mail Call</p> <p>Afternoon Relaxation Craft Corner</p> <p>Evening Movie Matinee Snacks</p>	<p>25</p> <p>Morning Daily Scoop/Devotions Daily Exercises/Manicures</p> <p>Afternoon Relaxation Table Games</p> <p>Evening Gentle Movement Snacks</p>	<p>26</p> <p>Morning Daily Scoop/Devotions Daily Exercises/Mail Call</p> <p>Afternoon Relaxation Birthday Celebration</p> <p>Evening Hand Massages Snacks</p>	<p>27</p> <p>Morning Daily Current Events Daily Exercises</p> <p>Afternoon Relaxation BINGO</p> <p>Evening Wheel of Fortune Reminiscent Hour/Snacks</p>	<p>28</p> <p>Morning Daily Scoop/Devotions Daily Exercises</p> <p>Afternoon Relaxation/Mail Call Active Games</p> <p>Evening A Look Back in Time Lotion Massages/Snacks</p>	<p>29</p> <p>Morning Daily Scoop Daily exercise</p> <p>Afternoon Relaxation Card Games</p> <p>Evening Music Circle Snacks</p>	<p>Wednesday, April 26 3:30pm My Singing guitar</p>								
<p>30</p> <p>Morning Daily Scoop/Devotions Daily Exercises</p> <p>Afternoon Life Story Worship to Hymn Songs</p> <p>Evening Social Hour Snacks</p>			 <p>Happy Birthday! Join us in wishing all residents, associates, family and friends a very happy birthday!</p> <p>Beatrice 4/4 Roland 4/2 Linda 4/23 Eugene 4/11</p>	<p>8 Dimensions of Wellness</p> <p>Health and wellness means having a balanced life rich in vitality and well-being. To assist our residents in achieving a healthier and happier lifestyle, Windsor Manor provides programming that focuses on 8 Dimensions of Wellness. These dimensions of wellness are:</p> <table border="0"> <tr> <td>Physical</td> <td>Environmental</td> <td>Vocational</td> <td>Emotional</td> </tr> <tr> <td>Social</td> <td>Spiritual</td> <td>Intellectual</td> <td>Family</td> </tr> </table> <p>For the month of April, we will be focusing on the dimension of Emotional & Family Wellness. These activities are highlighted in blue.</p>			Physical	Environmental	Vocational	Emotional	Social	Spiritual	Intellectual	Family	
Physical	Environmental	Vocational	Emotional												
Social	Spiritual	Intellectual	Family												