

DECEMBER 2017

Windsor Manor

Assisted Living Community* 512 North Finn Drive Algona, IA 50511* 515-395-1512*



Celebrating December Birthday's

Elizabeth Chapman 12-17

Amber Wilson 12-18

Mary McEnroe 12-19

MaCayla Iwen 12-23

Judy Rosenmeyer 12-31



Our Resident of the Month

Marlene Krull



Marlene was born July 22nd, 1935 at her home on the farm in Lake Mills Iowa. She had 3 brothers Vern, Eldon, and Mark. Her parent's names are Tom and Hazel. She grew up in Lake Mills, Iowa on a farm. As a child her chore was taking care of the milk separator. She remembers going on vacations to Norway and Germany. Loved playing Chinese Checkers, rook cards and 500 with her family.

She was on a bus trip for 4H and met Alroy Krull who became her husband October 1st, 1955. She has 4 wonderful children Cher, Patricia, Mark, and Jamie. Marlene also has 17 grandchildren and 18 great-grandchildren. She loves having family get together with the food and laughter. She played piano at her church and here at Windsor Manor during Devotions time. Marlene is an avid card player including 500. She worked for the Forest City Court house for many years and also taught many students piano and the organ.

Marlene loves to spend time with her family as much as she can. She loves family get togethers. Loves to have card parties. Marlene told me lots of stories about Christmas get togethers she is very proud of her children and what they have become. She is very proud of her grandchildren and great-grandchildren they are her pride and joy.

Marlene came to Windsor Manor for a little extra help and to be around others. She loves to play cards and just have a good time with others. We are enjoying having her as a part of our Windsor Manor Family.

Employee Spotlight

Melanie Nelson



Melanie was born October 7th, 1963 in Algona, Iowa. She is the oldest of her family and has three younger siblings. She grew up as a young girl here in Algona and then moved to Indiana. She moved back to Iowa in her young adult years. She attended Iowa Lakes Community College where she received her LPN in 1998. Melanie still holds her nursing licenses today.

Melanie has 4 amazing boys Brandon 33, Corey 32, Jay 27, and Casey 21. She loves to keep busy and is very active. She loves to swim, exercise, and walk. Melanie likes the color blue. One of her favorite movies is the Notebook. She likes to watch The Voice on the tv.

Melanie decided to come to work at Windsor Manor because she wanted to get back into Nursing after being away for 11 years. She likes giving the day to day cares. She likes the model of the assisted living here. The residents are very special to her. Melanie likes her co-workers and the residents which is why she keeps coming back to work here every day. We are extremely happy to have Melanie as a part of our Windsor Manor Staff and Family.

“ The best of all gifts around any Christmas tree: the presence of a happy family all wrapped up in each other.” Burton Hill

May your family make memories this year to last a lifetime! Wishing you the best holiday season- Terri Tweedy



Note from Lynzie Nilles, RN-BSN

9 ways to avoid the Winter Blues

- 1-Make your environment brighter and see the sunlight
- 2- Eat smarter (avoid foods that make you feel good at that moment)
- 3-Exercise daily
- 4-Turn on the tunes and dance around
- 5-Help other it will make you feel better
- 6-Get outside and get fresh air
- 7-Visit with family and friends
- 8-Get out of bed and get dressed
- 9-Talk with someone close

December Awareness

Chohn's and Colitis

National Influenza Vaccination

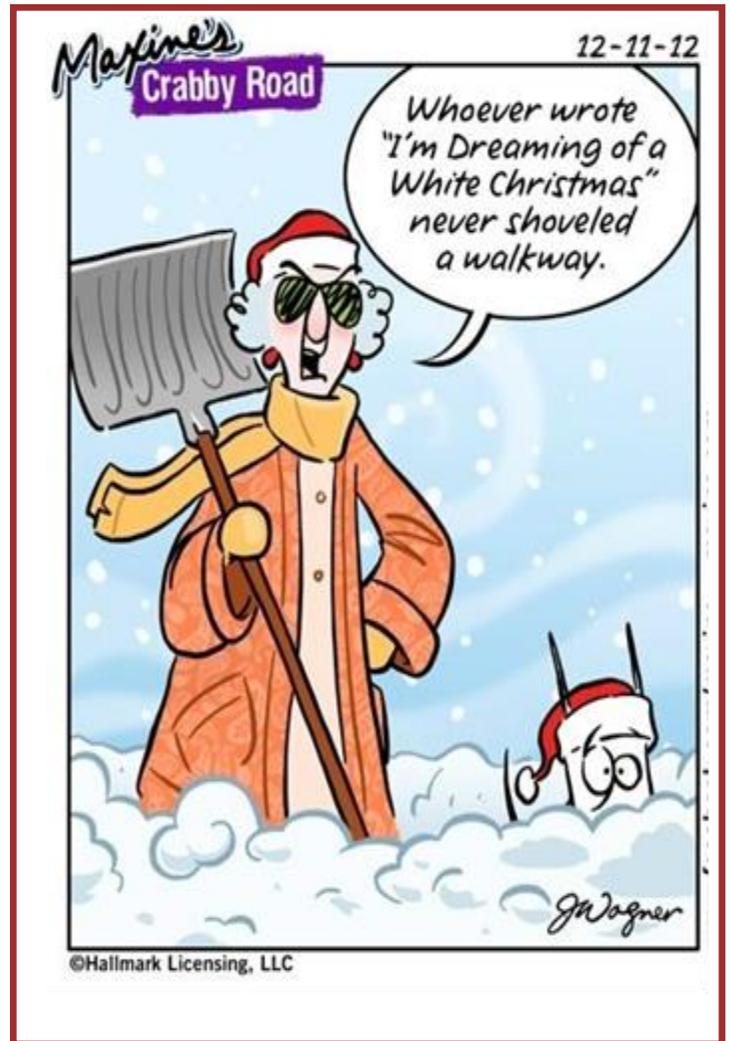
National Handwashing



Generation Gap

A question we asked around this holiday season was what was one toy you wanted at Christmas? We asked the women. They wanted new dresses, dolls, a Shirley Temple Doll, roller skates, little blue set of dishes, and doll house. Then we asked the men. They wanted things like guns, sleds, semi-trucks, toy tractors, pony, and a barns.

If you would ask the children today the same question you would get a very different answer. Depending on the age of the child you may get answers like dolls, Barbie's, iPod, laptops, iPad, cellphones, Legos, make-up, clothes, and shoes for girls. Boys you may get guns, toy tractors, nerf guns, iPod, iPad, cellphones, laptops, Legos, and shoes. There is a huge different in cost from then to now also.



Putting together the states puzzle.



Harley and Mary dancing to the music.



Residents enjoys the play at the performing arts center



Gladys and Char playing bingo.



Shirley Kleingartner enjoys the wonderful talents of local artists at the Art Show.

December's Activities

12-3 Trinity Bells 12:45

12-3 Evangelical Carolers

12-6 Plus One Gal 2:30

12-7 Jim Dewar 9:30

12-7 Algona High School Carolers 1:45

12-12 Algona Middle School 8:25

12-13 Trinity Carolers 5:30

12-14 Bishop Garrigan Band 10:00

12-14 Bishop Garrigan Carolers 2:00

12-18 Barebones Trio 2:00

12-19 Music By Jeff 2:00

12-20 Cowboy Jim 2:00

12-27 Dawn Lynn 2:00

Mary Jean and Stacy. Mary Jean looking great after getting her hair done.



Gladys and Lynzie

