

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SPECIAL EVENTS								
					1 Morning Pool Noodle Hockey Nursery Rhyme Trivia Dot-To-Dot Afternoon Hand Massage and Manicures Old Favorites Sing-A-Long Evening Evening Snack/ Movie	2 Morning Morning Stretches Coffee Chat Flower Arranging Afternoon Bowling Jumbo Domino Game Evening Evening Snack/ Movie	December 11th Christmas Music w/ K&L Duo 2pm								
3 Morning Scent Story Cutting Coupons Church Service Afternoon Tactile Activity Opposites Evening Evening Snack/ Movie	4 Morning Arm Chair Stretch Famous Faces Spark Basket Afternoon Topic Beach Ball Toss Group Discussion Evening Evening Snacks/ Movie	5 Morning Football Toss Pairs of Things Feel Good Stories Afternoon Hall walk Sorting Activity Evening Evening Snack/ Movie	6 Morning Twister Bean Bag Toss Number BINGO Devotional Sing-a-Long Afternoon Garden Stroll Puzzles Evening Evening Snack/ Movie	7 Morning Basketball Finish the Phrase Collages Afternoon Soccer Kick Spelling Bee Evening Evening Snack/ Movie	8 Morning Pool Noodle Hockey Nursery Rhyme Trivia Dot-To-Dot Afternoon Hand Massage and Manicures Old Favorites Sing-A-Long Evening Evening Snack/ Movie	9 Morning Morning Stretches Coffee Chat Flower Arranging Afternoon Bowling Jumbo Domino Game Evening Evening Snack/ Movie	Girl Scouts Craft 6pm								
10 Morning Scent Story Cutting Coupons Church Service Afternoon Tactile Activity Opposites Evening Evening Snack/ Movie	11 Morning Arm Chair Stretch Famous Faces Spark Basket Afternoon Topic Beach Ball Toss Group Discussion Evening Evening Snacks/ Movie	12 Morning Football Toss Pairs of Things Feel Good Stories Afternoon Hall walk Sorting Activity Evening Evening Snack/ Movie	13 Morning Twister Bean Bag Toss Number BINGO Devotional Sing-a-Long Afternoon Garden Stroll Puzzles Evening Evening Snack/ Movie	14 Morning Basketball Finish the Phrase Collages Afternoon Soccer Kick Spelling Bee Evening Evening Snack/ Movie	15 Morning Pool Noodle Hockey Nursery Rhyme Trivia Dot-To-Dot Afternoon Hand Massage and Manicures Old Favorites Sing-A-Long Evening Evening Snack/ Movie	16 Morning Morning Stretches Coffee Chat Flower Arranging Afternoon Bowling Jumbo Domino Game Evening Evening Snack/ Movie	December 18th Accordion Music w/ Jerry&Myrt 1pm								
17 Morning Scent Story Cutting Coupons Church Service Afternoon Tactile Activity Opposites Evening Evening Snack/ Movie	18 Morning Arm Chair Stretch Famous Faces Spark Basket Afternoon Topic Beach Ball Toss Group Discussion Evening Evening Snacks/ Movie	19 Morning Football Toss Pairs of Things Feel Good Stories Afternoon Hall walk Sorting Activity Evening Evening Snack/ Movie	20 Morning Twister Bean Bag Toss Number BINGO Devotional Sing-a-Long Afternoon Garden Stroll Puzzles Evening Evening Snack/ Movie	21 Morning Basketball Finish the Phrase Collages Afternoon Soccer Kick Spelling Bee Evening Evening Snack/ Movie	22 Morning Pool Noodle Hockey Nursery Rhyme Trivia Dot-To-Dot Afternoon Hand Massage and Manicures Old Favorites Sing-A-Long Evening Evening Snack/ Movie	23 Morning Morning Stretches Coffee Chat Flower Arranging Afternoon Bowling Jumbo Domino Game Evening Evening Snack/ Movie	December 19th Hearing Unlimited 4pm								
24 Morning Scent Story Cutting Coupons Church Service Afternoon Tactile Activity Opposites Evening Evening Snack/ Movie	25 Morning Arm Chair Stretch Famous Faces Spark Basket Afternoon Topic Beach Ball Toss Group Discussion Evening Evening Snacks/ Movie	26 Morning Football Toss Pairs of Things Feel Good Stories Afternoon Hall walk Sorting Activity Evening Evening Snack/ Movie	27 Morning Twister Bean Bag Toss Number BINGO Devotional Sing-a-Long Afternoon Garden Stroll Puzzles Evening Evening Snack/ Movie	28 Morning Basketball Finish the Phrase Collages Afternoon Soccer Kick Spelling Bee Evening Evening Snack/ Movie	29 Morning Pool Noodle Hockey Nursery Rhyme Trivia Dot-To-Dot Afternoon Hand Massage and Manicures Old Favorites Sing-A-Long Evening Evening Snack/ Movie	30 Morning Morning Stretches Coffee Chat Flower Arranging Afternoon Bowling Jumbo Domino Game Evening Evening Snack/ Movie	December 21st Family Christmas Party 5-7pm								
31 Morning Scent Story Cutting Coupons Church Service Afternoon Tactile Activity Opposites Evening Evening Snack/ Movie			 <p>Happy Birthday! Baby Jesus! December 25th!</p>		<p>8 Dimensions of Wellness</p> <p>Health and wellness means having a balanced life rich in vitality and well-being. To assist our residents in achieving a healthier and happier lifestyle, Windsor Manor provides programming that focuses on 8 Dimensions of Wellness. These dimensions of wellness are:</p> <table border="0"> <tr> <td>Physical</td> <td>Environmental</td> <td>Vocational</td> <td>Emotional</td> </tr> <tr> <td>Social</td> <td>Spiritual</td> <td>Intellectual</td> <td>Family</td> </tr> </table> <p>For the month of May, we will be focusing on the dimension of Emotional and Family Wellness. These activities are highlighted in blue.</p>		Physical	Environmental	Vocational	Emotional	Social	Spiritual	Intellectual	Family	December 25th Christmas Gift Opening 10am
Physical	Environmental	Vocational	Emotional												
Social	Spiritual	Intellectual	Family												