

Mother May I?



Sunday, May 13 is Mother's Day in the United States, Australia, and Canada. In Mexico, *Dia de las Madres* is Thursday, May 10. In France, *La Fête des Mères* is Sunday, May 27. After Christmas and Easter, Mother's Day is the third-most celebrated holiday in

the world, but the way mothers are honored differs from place to place.

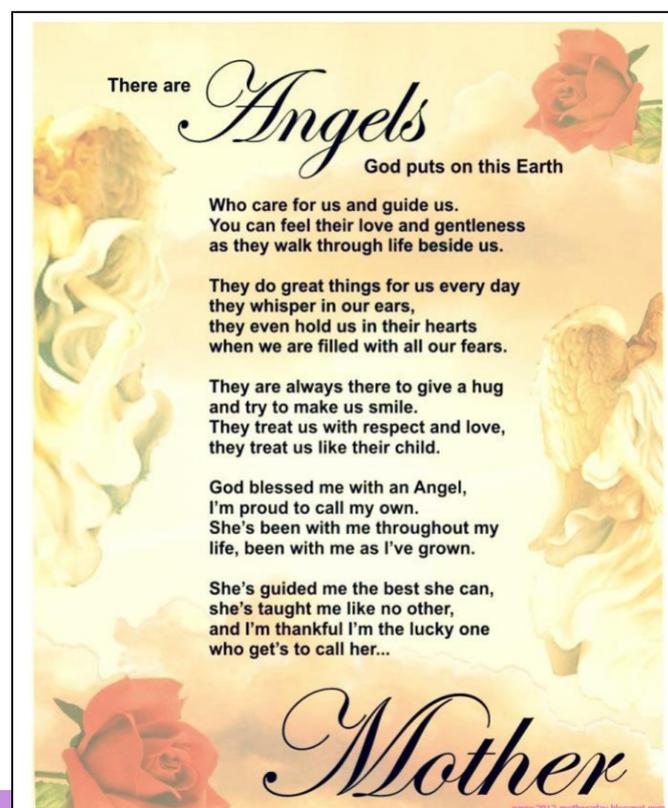
In the United States, the most typical gift given to mom is a Mother's Day card and flowers. It may come as no surprise that the vast majority of Mother's Day cards—80% in fact—are not bought by men but by women. A mother's job is never done, it seems, not even on Mother's Day.

Mother's Day wasn't always celebrated by buying cards, flowers, chocolates, and jewelry. It was Anna Jarvis who fought to establish the national holiday. Jarvis was inspired largely by her own mother, who had organized "Mother's Day work clubs," where women would tend to soldiers wounded during the Civil War and tackle problems that led to infant mortality. Indeed, Jarvis proposed Mother's Day as a day to honor women like her mother, who had played greater political roles for the benefit of society. She was disgusted when her holiday turned into a commercial bonanza for those hawking flowers and candy. Jarvis spent her life fighting what Mother's Day had become.

In most countries these days, Mother's Day is celebrated by showering gifts and attention on mom. In Mexico, it is tradition on *Dia de las Madres* to serenade mom in the morning before church and then prepare dinner for her. France's *La Fête des Mères* originated as a way for the French government to honor the mothers of large families with a gold medal. It was a means to encourage French women to have more children and repopulate the country after World War I. By the 1950s, consumer appeal and a rising birth rate transformed the holiday into one more commercially aligned with the United States. And why not take one day out of the year to recognize

A Note from Lynzie Nilles, RN-BSN

Finding comfortable shoes is the best thing you can do for your feet. Avoid tight shoes, they are the major cause of calluses, bunions, corns. Keep the blood flowing freely in your feet. If you spend much of the day in a chair, you can improve your circulation by stretching, walking, and other exercises. Avoid wearing tight socks or sitting to long with your legs crossed. You can also avoid problems such as foot odor by alternating what shoes you wear each day. Also washing your feet everyday and drying them carefully. Dry in between your toes and elsewhere will help prevent problems such as athlete's foot. Keep in mind that feet become wider in your later years, so you should measure your feet before getting new shoes.



WINDSOR MANOR

Assisted Living Community* 512 N. Finn Drive Algona, Iowa 50511* 515-395-1512



MAY BIRTHDAYS

Jo Weatherly 5-9

Lyle Bensen 5-9

Marge Person 5-25

Special Events

Dawn Lynn Music 5-9

Mother's Day 5-13

Dan's Band 5-17

Down Memory Lane 5-21

Music with Jeff 5-23

Plus One Gals 5-30

RESIDENT SPOTLIGHT Harold Peter

Harold was born on April 2, 1924. He had 10 brothers and sisters. He was the youngest. He had many chores like picking up cobs, bringing in coal and wood for the house, picking eggs. In his spare time he loved to play baseball, go ice pond skating and smoked corn husks on the side. He married Jeanette on June 29, 1952. On their honeymoon they went to Canada fishing. They had 4 children, Alsa, Lori, Lynn, Harold Paul. He has 6 grandchildren. He was in the Military for 2 yrs. in the Pacific Ocean. He ran Peter Auto Supply for about 20 yrs. He was a volunteer for church functions, American Legion, Chamber of Commerce, Issac Walton. He loves to watch the Cardinals. He loves to dance and hear the big band music. His favorite place he travelled was Mt. Rushmore. He loves to dine out where there is chicken wings and shrimp. He feels he has taught his children of how to be kind to others.

Margery is very proud of her Speedy Bunny!

A Note from Terri Tweedy
Executive Director

I love how Summer wraps it's arms around you like a warm blanket. The sun is finally out and all the residents have smiles on their faces. Time to plant flowers and enjoy nature. We have some surprises coming up at Windsor Manor this Spring and Summer. Our June anniversary is getting prepared for a great celebration. And also in June, we will be hosting the 1st ever Alzheimer's Walk in Algona. So spread the word, and watch our Facebook page for important information.



Kari Waechter - Dietary

Najolie playing her Clarinet

EMPLOYEE SPOTLIGHT
Kari Waechter

Kari was born in Los Angeles. She was the 3rd oldest of 4. They moved back to Mallard in the 1970's where her parents owned the Brown's Home Café and Kari was a short order cook. She also graduated from Mallard. She got married in 1987 to Mark and they had 2 children a boy and girl. They lived in Urlham, IA

After Mark had passed, in 2008, Kari decided to move back to Algona in 2011 to be closer to her parents and sister.

Kari 's favorite color is green. She loves the 80's music, and her favorite movie is "The Big Green " .

Kari started working at Windsor Manor 10/7/2015. She enjoys the residents, because they feel like they are one big family here.

The Finished Product

Terri & Lynzie Pitching in when needed!



Eleanor liked eating it while putting it together.

Glenn Miller Orchestra at the New Wilcox Performing Arts Center in Algona

