



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SPECIAL EVENTS						
		1 9:00 Devotions/Sing Along 9:30 Exercise / Ball Toss 10:00 Refreshments/SP Activity 1:00 Prize Bingo 2:30 Make Jell-O Cups 3:00 Giving Back- Inspirational 18:00 Prize Bingo 19:30 Gentle Movement w/Music 20:00 Lotion Hands	2 9:00 Devotions/Study Bible Verse 9:30 Exercise/Balloon Volley 10:00 Refreshments/SP Activity 1:00 Movie Matinee 2:30 Snack Social 3:00 Bean Bag Toss Outside 18:00 Math Class 19:30 Storytelling of a picture 20:00 Aroma Therapy	3 9:00 Devotions/Sing Along 9:30 Exercise / Ball Toss 10:00 Refreshments/SP Activity 1:00 Bingo 2:30 Snack Social 3:00 Arts-Write Alphabet 18:00 Wheel of Fortune 19:30 Ante Up Game 20:00 Lotion Hands	4 9:00 Devotions/Study Bible Verse 9:30 Exercise/Balloon Volley 10:00 Refreshments/SP Activity 1:00 Relaxations 2:30 Snack Social/ Storytelling AL 3:00 Game Eleven 18:00 Wheel of Fortune 19:30 Hot Chocolate Social 20:00 Read Story	5 9:00 Beauty Hour 10:00 Current Events 10:30 Parachute Game 1:00 Relaxation 2:30 Manicure Nail Care 3:00 Puzzle Corner 18:00 Movie & Popcorn 19:30 Music Circle 20:00 Lotion & Massage Hands							
6 9:00 Beauty Hour 10:00 Bible Study 10:30 Church-AL Dining Rm 1:00 Relaxation 2:30 Snack Social 3:00 Walk & Talk 18:00 Dominoes Table Game 19:30 Movement to Music 20:00 Aroma Therapy	7 9:00 Devotions/Study Bible Verse 9:30 Exercise/Balloon Volley 10:00 Refreshments/SP Activity 1:00 Arts & Crafts Scrapbooking 2:30 Snack Social 3:00 Craft-Butterflies 18:00 Reminisce -Spring 19:30 Hot Chocolate Social 20:00 Read Story	8 9:00 Devotions/Sing Along 9:30 Exercise / Ball Toss 10:00 Refreshments/SP Activity 1:00 Prize Bingo 2:30 Let's do 'No Bake Cookies' 3:00 Giving Back- Inspirational 18:00 Prize Bingo 19:30 Gentle Movement w/Music 20:00 Lotion Hands	9 9:00 Devotions/Study Bible Verse 9:30 Exercise/Balloon Volley 10:00 Refreshments/SP Activity 1:00 Movie Matinee 2:30 Snack Social 3:00 Bean Bag Toss Outside 18:00 Math Class 19:30 Storytelling of a picture 20:00 Aroma Therapy	10 9:00 Ball Toss 9:30 Exercise / Ball Toss 10:30 Refreshments/SP Activity 1:00 Bingo 2:30 Snack Social 3:00 Arts & Crafts- Make Cards 18:00 Wheel of Fortune 19:30 Reminisce - Outings 20:00 Lotion Hands	11 9:00 Devotions/Study Bible Verse 9:30 Exercise/Balloon Volley 10:00 Refreshments/ Music AL 1:00 Magazines 2:30 Snack Social 3:00 Sensory "What am I?" 18:00 Wheel of Fortune 19:30 Hot Chocolate Social 20:00 Read Story	12 9:00 Beauty Hour 10:00 Current Events 10:30 Parachute Game 1:00 Relaxation 2:30 Manicure Nail Care 3:00 Puzzle Corner 18:00 Movie & Popcorn 19:30 Music Circle 20:00 Lotion & Massage Hands	<p>Let's have beautiful time in May!</p>						
13 HAPPY MOTHER'S DAY! 9:00 Beauty Hour 10:00 Bible Study 10:30 Church-AL Dining Rm 1:00 Relaxation 2:30 Snack Social 3:00 Walk & Talk 18:00 Dominoes Table Game 19:30 Movement to Music 20:00 Aroma Therapy	14 9:00 Devotions/Study Bible Verse 9:30 Exercise/Balloon Volley 10:00 Refreshments/SP Activity 1:00 Arts & Crafts Scrapbooking 2:30 Snack Social 3:00 Craft-Ladybugs 18:00 Reminisce—Smiles 19:30 Hot Chocolate Social 20:00 Read Story	15 9:00 Devotions/Sing Along 9:30 Exercise / Ball Toss 10:00 Refreshments/SP Activity 1:00 Prize Bingo 2:30 Make M&M Chex Mix 3:00 Giving Back- Inspirational 18:00 Prize Bingo 19:30 Gentle Movement w/Music 20:00 Lotion Hands	16 9:00 Devotions/Study Bible Verse 9:30 Exercise/Balloon Volley 10:00 Refreshments/SP Activity 1:00 Movie Matinee 2:30 Snack Social 3:00 Bean Bag Toss Outside 18:00 Math Class 19:30 Storytelling of a picture 20:00 Lotion Hands	17 9:00 Devotions/Sing Along 9:30 Exercise / Ball Toss 10:00 Refreshments/SP Activity 1:00 Bingo 2:30 Snack Social 3:00 Arts & Crafts-Trace Rose 18:00 Wheel of Fortune 19:30 Reminisce Army Soldiers 20:00 Lotion Hands	18 9:00 Devotions/Study Bible Verse 9:30 Exercise/Balloon Volley 10:00 Refreshments/SP Activity 1:00 Manicure Nail Care 2:30 Snack Social 3:00 Table w/Bookkeeper Items 18:00 Wheel of Fortune 19:30 Hot Chocolate Social 20:00 Read Story	19 9:00 Beauty Hour 10:00 Current Events 10:30 Parachute Game 1:00 Relaxation 2:30 Manicure Nail Care 3:00 Puzzle Corner 18:00 Movie & Popcorn 19:30 Music Circle 20:00 Lotion & Massage Hands	<p>Happy Mother's Day May 13th</p> <p>Choir Singing May 16th at 7p</p>						
20 9:00 Beauty Hour 10:00 Read Bible Mark Ch.14-16 10:30 Church-AL Dining Rm 1:00 Relaxation 2:30 Snack Social 3:00 Walk & Talk 18:00 Dominoes Table Game 19:30 Movement to Music 20:00 Aroma Therapy	21 9:00 Devotions/Study Bible Verse 9:30 Exercise/Balloon Volley 10:00 Refreshments/SP Activity 1:00 Arts & Crafts Scrapbooking 2:30 Snack Social 3:00 Craft-Collage House View 18:00 Reminisce- Friendship 19:30 Hot Chocolate Social 20:00 Read Story	22 9:00 Devotions/Sing Along 9:30 Exercise / Ball Toss 10:00 Refreshments/SP Activity 1:00 Prize Bingo 2:30 Snack Social 3:00 Giving Back- Inspirational 18:00 Prize Bingo 19:30 Gentle Movement w/Music 20:00 Lotion Hands	23 9:00 Devotions/Study Bible Verse 9:30 Exercise/Balloon Volley 10:00 Refreshments/SP Activity 1:00 Movie Matinee 2:30 Snack Social 3:00 Bean Bag Toss Outside 18:00 Choir Singing-AL DiningRm 19:30 Storytelling of a picture 20:00 Aroma Therapy	24 9:00 Devotions/Sing Along 9:30 Exercise / Ball Toss 10:00 Refreshments/SP Activity 1:00 Bingo 2:30 Snack Social 3:00 Arts- Painting Sunshine 18:00 Wheel of Fortune 19:30 Reminisce - Rain 20:00 Lotion Hands	25 9:00 Devotions/Study Bible Verse 9:30 Exercise/Balloon Volley 10:00 Refreshments/SP Activity 1:00 Write Letters 2:30 Snack Social-AL Dining Rm 3:00 Table w/Home Maker Items 18:00 Wheel of Fortune 19:30 Hot Chocolate Social 20:00 Read Story	26 9:00 Beauty Hour 10:00 Current Events 10:30 Parachute Game 1:00 Relaxation 2:30 Manicure Nail Care 3:00 Puzzle Corner 18:00 Movie & Popcorn 19:30 Music Circle 20:00 Lotion & Massage Hands	<p>Family Event May 18th</p> 						
27 9:00 Beauty Hour 10:00 Bible Study 10:30 Church-AL Dining Rm 1:00 Relaxation 2:30 Snack Social 3:00 Walk & Talk 18:00 Dominoes Table Game 19:30 Movement to Music 20:00 Aroma	28 8:30 MASSAGE W/JEANNE 9:00 Devotions/Study Bible Verse 9:30 Exercise/Balloon Volley 10:00 Refreshments/SP Activity 1:00 Arts & Crafts Scrapbooking 2:30 Snack Social 3:00 Craft-Collage Farm Animals 18:00 Reminisce- Builders 19:30 Hot Chocolate Social	29 9:00 Devotions/Sing Along 9:30 Exercise / Ball Toss 10:00 Refreshments/SP Activity 1:00 Prize Bingo 2:30 Make Choc. Strawberries 3:00 Giving Back- Inspirational 18:00 Prize Bingo 19:30 Gentle Movement w/Music 20:00	30 9:00 Devotions/Study Bible Verse 9:30 Exercise/Balloon Volley 10:00 Refreshments/SP Activity 1:00 Movie Matinee 2:30 Snack Social 3:00 Arm Chair Travels-Hawaii 18:00 Math Class 19:30 Storytelling of a picture 20:00 Aroma Therapy	31 9:00 Devotions/Sing Along 9:30 Exercise / Ball Toss 10:00 Refreshments/SP Activity 1:00 Bingo 2:30 Snack Social 3:00 Arts- Painting Sunshine 18:00 Wheel of Fortune 19:30 Reminisce - Memorial Day		<p>Manicures Day on Saturdays at 2:30pm</p>							
			 <p>Happy Birthday! Join us in wishing all residents, associates, family and friends a very happy birthday! May 24th Phil Schooler</p> 	<p>8 Dimensions of Wellness Health and wellness means having a balanced life rich in vitality and well-being. To assist our residents in achieving a healthier and happier lifestyle, Windsor Manor provides programming that focuses on 8 Dimensions of Wellness. These dimensions of wellness are:</p> <table border="0"> <tr> <td>Physical</td> <td>Environmental</td> <td>Vocational</td> <td>Emotional</td> </tr> <tr> <td>Social</td> <td>Spiritual</td> <td>Intellectual</td> <td>Family</td> </tr> </table> <p>For the month of May we will be focusing on the dimension of Physical Wellness. These activities are highlighted in blue.</p>	Physical	Environmental	Vocational	Emotional	Social	Spiritual	Intellectual	Family	<p>Church Service on Sundays at 10:30am at AL Living Rm</p>
Physical	Environmental	Vocational	Emotional										
Social	Spiritual	Intellectual	Family										