

JUNE 2018

WINDSOR MANOR

Assisted Living 512 N Finn Drive Algona, IA 50511 Phone: 515-395-1512 Fax: 515-395-1513



June Birthdays:

Father Ramaeker

June Events:

6/1 5-yr Anniversary Lunch 11:30

6/1 Barebones Trio 1pm

6/11 Resident Meeting 2pm

6/16 Ken Normann 1:30pm

6/18 Music by Jeff 10am

6/18 Down Memory Lane 2pm

6/18 Alzheimer's Meeting 5pm

6/22 Singing Cowgirl 2pm

6/27 Plus One Gals 2:30pm

Celebrating their 5-year Anniversary



Janet

Jeannette

Jessica

Jeannette McEnroe was the first of two residents to move in on June 1, 2013 when we opened our doors. She moved here after her husband passed away from the Algona Manor. Janet Otis was one of the Dietary Aides hired. Janet started her training May 21, 2013 as did Jessica Wagner who was hired as a Universal Worker her title was later changed to Resident Assistant.

Jeannette will tell you this is her home and she is so glad she made the decision to move here! Janet and Jessica have such a passion for their job and the residents it is evident in nearly everything they do. They always have a smile and are eager to help anyone when asked. Thank You for your dedication!

Employee Spotlight:

Jessica Wagner

Jessica was born July 31, 1981 in Mason City Iowa to Hazel and Terry Wagner. She has three siblings Shane, Paul and Elizabeth. Jessica is the oldest daughter. There is exactly 10 years between Shane and Jessica as well as Paul and Elizabeth.

She has 3 nephews and 2 nieces that she loves dearly. Jessica is a Class of 2000 graduate from Bishop Garrigan High School. She also graduated from the Medical Assistant Program in 2010 from Iowa Lakes Community College in Spencer Iowa. Jessica has lived briefly in several different towns, but Burt and Algona were where she called home.

Singing is Jessica's biggest Passion in life! She has competed in several Karaoke Contests over the years. She competed in one with the KWC (Karaoke World Championship) where she won 2nd Place in Algona, next round in Missouri where she won 1st Place she then went on to Tumwater Washington where she won 5th in the Nation. Because she placed 5th in the Nation she was invited to participate in the World Championship in Heinola Finland which she decided not to compete in.

Jessica has been at Windsor Manor since May 21, 2013 when we first opened. She applied because her Grandma Jeannette told her it would be nice if she worked here so she would know someone at her new home. When hired Jessica was driving an hour to and from Work everyday because she was living in Pomeroy Iowa at the time until she moved back to Algona. Jessica says she can't believe how fast 5 years has flown by and it seems like only yesterday there was only two residents.

She says "I can honestly say I love my job and feel like every single resident is part of my family! We are there for them when others are unable to be. I will say the Greatest part of my job though is the fact that I get to see both of my Grandmothers every day, not many can be so blessed to do that." We are thankful to have Jessica as a part of our team and help mentoring new staff!



A note from Lyngie Nilles RN-BSN

8 Reasons Wearing Sunscreen is Important:

We have all heard about the dangers of the sun, but did you know skin cancer is the most common form of cancer in the United States? One in five Americans will be diagnosed with skin cancer, and this number is growing due to increased ultraviolet exposure from the sun and tanning beds.

- 1) It increases your risk of developing deadly Cancer
- 2) It keeps you looking young. Number 1 cause of premature aging is UV exposure.
- 3) Sunscreen keeps your skin tone even. It prevents facial brown spots and discoloration.
- 4) The Ozone Layer is depleting. It acts as a sun shield for the Earth by absorbing harmful UVB rays.
- 5) Wearing sunscreen sets an example for your kids. Help protect them, yourself and future generations.
- 6) Sunscreen is important for all skin types. Even if you don't burn easily sun can still be damaging your skin.
- 7) Sunscreen is more convenient then ever. Just be sure to apply every 2 hrs. and after a swim, even if using water resistant kind.
- 8) Sunscreen protects you from more than a sunburn. Heat stroke and heat exhaustion are two extremely nasty health issues that can arise from sun exposure. Sunscreen in combination with drinking water and covering your head can help you avoid these issues which can lead to nausea, muscle cramps and even brain damage if left untreated.

Resident Spotlight:

Jeannette McEnroe

Jeannette was born April 12, 1927 to Joe and Marie Buscher. There was 13 in her family in which she was number 5. Jeannette graduated in 1945 from St. Cecelia Academy. Jeannette went on a double date with Jim McEnroe to Mankato to listen to a band.

The singer broke her ankle and was unable to perform. Jeannette says they had drove to Mankato specifically to listen to that band. She later married James T McEnroe on June 1, 1949 where they lived in a 2-story house and raised their five adopted children Hazel, Ruth, Jim, Bill and Lori. Jeannette says they wanted to adopt their 5 children, so they could celebrate Holidays with someone and to be able to share their love with their children.

Jeannette helped her husband Jim on the farm by hauling corn and driving the tractor until their son Jim took over the family farm. Through their marriage they have 3 sons-in-law Terry, Al and Dusty as well as one daughter-in-law Rexann. From those unions they were blessed with 14 Grandchildren, 15 Great Grandchildren and her first Great Great Grandchild on the way. One of her favorite things is to get together for family gatherings and wishes she could get together with them more often.

Jeannette moved to Windsor Manor on June 1, 2013 which was made easier for her since her Granddaughter Jessica was working that weekend. Jeannette has had many talents over the years one of which included her love of sewing. She made her own Wedding dress as well as many clothes and quilts. She is still active in Catholic Daughter's of America, enjoys gardening, being in the sun, going to the fair, playing Bingo or whatever she can participate in.

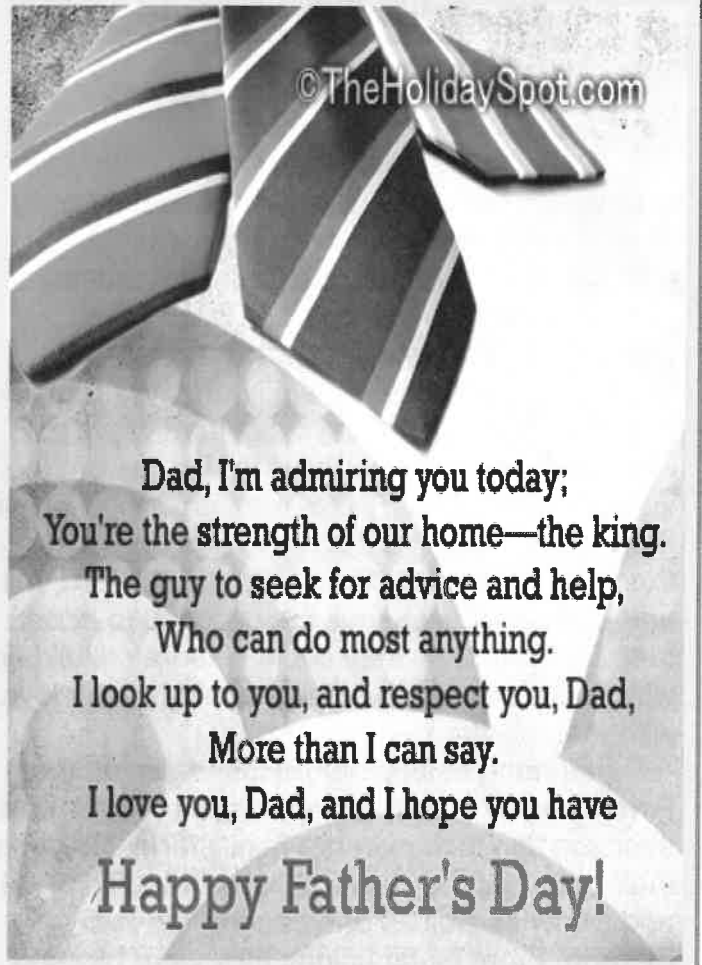
One of Jeannette's favorite memories is when she and Jim went to Ireland and kissed the Blarney Stone. That night they stayed in a Castle. Her husband Jim was proud of his Irish Heritage and was even the Grand Marshal in the St. Patrick's Day Parade in Algona. Jeannette says if she can't live at home Windsor Manor is the closest thing to it and Loves it here.



A note from Terri Tweedy *Executive Director*

On June 21st, The Longest Day of the Year, we will be walking to raise money for The Alzheimer's Association. Teams all over Algona will get together at 5:50 pm to walk the walking trail around our building. If you are interested in joining us for this great event, Contact me at Windsor Manor (515) 395-1512. You may also check out our website at [Alzheimers/The Longest Day](#).

Or just come by and show your support for this cause. Alzheimers Disease affects more then 5 million people and their families as well.



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Dad, I'm admiring you today;
You're the strength of our home—the king.
The guy to seek for advice and help,
Who can do most anything.
I look up to you, and respect you, Dad,
More than I can say.
I love you, Dad, and I hope you have
Happy Father's Day!

