



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SPECIAL EVENTS								
					<p>1 9:00 Devotions/Study Bible Verse 9:30 Exercise/Balloon Volley 10:00 Refreshments/SP Activity 1:00 Manicure Nail Care 2:30 Snack Social-Music AL 3:00 Bingo Game 18:00 Wheel of Fortune 19:30 Hot Chocolate Social 20:00 Read Story</p>	<p>2 9:00 Beauty Hour 10:00 Bible on CD 10:30 Parachute Game 1:00 Relaxation 2:30 Watermelon Social 3:00 Puzzle Corner 18:00 Movie & Popcorn 19:30 Music Circle 20:00 Lotion & Massage Hands</p>									
<p>3 9:00 Beauty Hour 10:00 Bible Study 10:30 Walk / Church-AL 1:00 Relaxation 2:30 Grapes & Cheese Social 3:00 Bingo 18:00 Dominoes Table Game 19:30 Movement to Music 20:00 Aroma Therapy</p>	<p>4 9:00 Devotions/Study Bible Verse 9:30 Exercise/Balloon Volley 10:00 Refreshments/SP Activity 1:00 iPad Games 2:30 Snack Social 3:00 Craft-Flowers 18:00 Reminisce -Summer 19:30 Hot Chocolate Social 20:00 Read Story</p>	<p>5 9:00 Devotions/Sing Along 9:30 Exercise / Ball Toss 10:00 Refreshments/SP Activity 1:00 iPad Games 2:30 Snack Social 3:00 Prize Bingo 18:00 Giving Back- Inspirational 19:30 Gentle Movement w/Music 20:00 Lotion Hands</p>	<p>6 9:00 Devotions/Study Bible Verse 9:30 Exercise/Balloon Volley 10:00 Refreshments/SP Activity 1:00 Movie Matinee 2:30 Snack Social 3:00 Bean Bag Toss 18:00 Subtraction Math Class 19:30 Storytelling of a picture 20:00 Aroma Therapy</p>	<p>7 9:00 Devotions/Piano Music 9:30 Exercise / Ball Toss 10:30 Refreshments/SP Activity 1:00 Spontaneous Activities 2:30 Snack Social 3:00 Arts & Crafts- Make Cards 18:00 Wheel of Fortune 19:30 Reminisce - Fishing 20:00 Lotion Hands</p>	<p>8 9:00 Devotions/Study Bible Verse 9:30 Exercise/Balloon Volley 10:00 Refreshments/SP Activity 1:00 Manicure Nail Care 2:30 Snack Social- Music AL 3:00 Sensory "What am I?" 18:00 Wheel of Fortune 19:30 Hot Chocolate Social 20:00 Read Story</p>	<p>9 Happy Birthday MARJORY BURK 9:00 Beauty Hour 10:00 Bible on CD 10:30 Parachute Game 1:00 Relaxation 2:30 B-Day Party Cake Social 3:00 Puzzle Corner 18:00 Movie & Popcorn 19:30 Music Circle 20:00 Lotion & Massage Hands</p>	<p>June 9th Marjory's Birthday Party at 2:30pm</p>								
<p>10 9:00 Beauty Hour 10:00 Bible Study 10:30 Walk / Church-AL 1:00 Relaxation 2:30 Apples Social 3:00 Bingo 18:00 Dominoes Table Game 19:30 Movement to Music 20:00 Aroma Therapy</p>	<p>11 9:00 Devotions/Study Bible Verse 9:30 Exercise/Balloon Volley 10:00 Refreshments/SP Activity 1:00 iPad Games 2:30 Snack Social 3:00 Craft-Collage Lake View 18:00 Reminisce — Father's Day 19:30 Hot Chocolate Social 20:00 Read Story</p>	<p>12 9:00 Devotions/Sing Along 9:30 Exercise / Ball Toss 10:00 Refreshments/SP Activity 1:00 iPad Games 2:30 Snack Social 3:00 Prize Bingo 18:00 Giving Back- Inspirational 19:30 Gentle Movement w/Music 20:00 Lotion Hands</p>	<p>13 9:00 Devotions/Study Bible Verse 9:30 Exercise/Balloon Volley 10:00 Refreshments/SP Activity 1:00 Movie Matinee 2:30 Snack Social 3:00 Musical Chairs Game 18:00 Addition Math Class 19:30 Storytelling of a picture 20:00 Aroma Therapy</p>	<p>14 Happy Birthday RUBY WHITE 9:00 Devotions/Piano Music 9:30 Exercise / Ball Toss 10:00 Refreshments/SP Activity 1:00 Spontaneous Activities 2:30 B-day Party Cake Social 3:00 Arts & Crafts-Trace Rose 18:00 Wheel of Fortune 19:30 Reminisce - Family Trips 20:00 Lotion Hands</p>	<p>15 9:00 Devotions/Study Bible Verse 9:30 Exercise/Balloon Volley 10:00 Refreshments/SP Activity 1:00 Manicure Nail Care 2:30 Snack Social- Music AL 3:00 Reading Poems on Patio 18:00 Wheel of Fortune 19:30 Hot Chocolate Social 20:00 Read Story</p>	<p>16 9:00 Beauty Hour 10:00 Bible on CD 10:30 Parachute Game 1:00 Relaxation 2:30 Cantaloupe Social 3:00 Puzzle Corner 18:00 Movie & Popcorn 19:30 Music Circle 20:00 Lotion & Massage Hands</p>	<p>June 14th Ruby's Birthday Party at 2:30pm</p>								
<p>17 HAPPY FATHER'S DAY! 9:00 Beauty Hour 10:00 Read Bible Mark Ch.14-16 10:30 Walk / Church-AL 1:00 Relaxation 2:30 Strawberries Social 3:00 Bingo 18:00 Dominoes Table Game 19:30 Movement to Music 20:00 Aroma Therapy</p>	<p>18 9:00 Devotions/Study Bible Verse 9:30 Exercise/Balloon Volley 10:00 Refreshments/SP Activity 1:00 iPad Games 2:30 Snack Social 3:00 Craft-Collage Vocation 18:00 Reminisce- GrandKids 19:30 Hot Chocolate Social 20:00 Read Story</p>	<p>19 9:00 Devotions/Sing Along 9:30 Exercise / Ball Toss 10:00 Refreshments/SP Activity 1:00 iPad Games 2:30 Snack Social 3:00 Giving Back- Inspirational 18:00 Prize Bingo 19:30 Gentle Movement w/Music 20:00 Lotion Hands</p>	<p>20 9:00 Devotions/Study Bible Verse 9:30 Exercise/Balloon Volley 10:00 Refreshment s/SP Activity 1:00 Movie Matinee 2:30 Snack Social 3:00 Arm Chair Travels—Fishing 18:00 Multiplication Math Class 19:30 Storytelling of a picture 20:00 Aroma Therapy</p>	<p>21 9:00 Devotions/Piano Music 9:30 Exercise / Ball Toss 10:00 Refreshments/SP Activity 1:00 Spontaneous Activities 2:30 Snack Social 3:00 Arts- Coloring Birds 4:30 Picnic on Patio—AL 18:00 Wheel of Fortune 19:30 Reminisce - Cell Phones</p>	<p>22 9:00 Devotions/Study Bible Verse 9:30 Exercise/Balloon Volley 10:00 Refreshments/SP Activity 1:00 Manicure Nail Care 2:30 Make Trail Mix/Snack Social 3:00 Trivia on Patio 18:00 Wheel of Fortune 19:30 Hot Chocolate Social 20:00 Read Story</p>	<p>23 9:00 Beauty Hour 10:00 Bible on CD 10:30 Parachute Game 1:00 Relaxation 2:30 Peach Social 3:00 Puzzle Corner 18:00 Movie & Popcorn 19:30 Music Circle 20:00 Lotion & Massage Hands</p>	<p>June 17th Father's Day</p>								
<p>24 9:00 Beauty Hour 10:00 Bible Study 10:30 Walk / Church-AL 1:00 Relaxation 2:30 Watermelon Social 3:00 Bingo 18:00 Dominoes Table Game 19:30 Movement to Music 20:00 Aroma Therapy</p>	<p>25 9:00 MASSAGE W/ JEANNE 9:00 Devotions/Study Bible Verse 9:30 Exercise/Balloon Volley 10:00 Refreshments/ Music— AL 1:00 iPad Games 2:30 Snack Social 3:00 Craft-Collage Farm Animals 18:00 Reminisce- Sunny Days 19:30 Hot Chocolate Social 20:00 Read Story</p>	<p>26 9:00 Devotions/Sing Along 9:30 Exercise / Ball Toss 10:00 Refreshments/SP Activity 1:00 iPad Games 2:30 Snack Social 3:00 Giving Back- Inspirational 18:00 Prize Bingo 19:30 Gentle Movement w/Music 20:00 Lotion Hands</p>	<p>27 9:00 Devotions/Study Bible Verse 9:30 Exercise/Balloon Volley 10:00 Refreshments/SP Activity 1:00 Movie Matinee 2:30 Snack Social 3:00 Air Bubbles 18:00 Division Math Class 19:30 Storytelling of a picture 20:00 Aroma Therapy</p>	<p>28 Happy Birthday RAY DENNIS 9:00 Devotions/Piano Music 9:30 Exercise / Ball Toss 10:00 Refreshments/SP Activity 1:00 Spontaneous Activities 2:30 Snack Social 3:00 Arts- Painting Garden 18:00 Wheel of Fortune 19:30 Reminisce - Air Planes</p>	<p>29 9:00 Devotions/Study Bible Verse 9:30 Exercise/Balloon Volley 10:00 Refreshments/SP Activity 1:00 Manicure Nail Care 2:30 Ice Cream Social 3:00 Chit Chat on Patio 18:00 Wheel of Fortune 19:30 Hot Chocolate Social</p>	<p>30 9:00 Beauty Hour 10:00 Bible on CD 10:30 Parachute Game 1:00 Relaxation 2:30 Pear Social 3:00 Puzzle Corner 18:00 Movie & Popcorn 19:30 Music Circle 20:00 Lotion & Massage Hands</p>	<p>June 21st Family Event Picnic and Music on Patio-AL</p>								
			<p>Happy Birthday! Join us in wishing all residents, associates, family and friends a very happy birthday!</p> <p>June 9th Marjory Burk June 14th Ruby White June 28th Ray Dennis</p>		<p>8 Dimensions of Wellness Health and wellness means having a balanced life rich in vitality and well-being. To assist our residents in achieving a healthier and happier lifestyle, Windsor Manor provides programming that focuses on 8 Dimensions of Wellness. These dimensions of wellness are:</p> <table border="0"> <tr> <td>Physical</td> <td>Environmental</td> <td>Vocational</td> <td>Emotional</td> </tr> <tr> <td>Social</td> <td>Spiritual</td> <td>Intellectual</td> <td>Family</td> </tr> </table> <p>For the month of JUNE we will be focusing on the dimension of SOCIAL Wellness. These activities are highlighted in blue.</p>		Physical	Environmental	Vocational	Emotional	Social	Spiritual	Intellectual	Family	<p>June 25th at 9am Massage Therapy</p>
Physical	Environmental	Vocational	Emotional												
Social	Spiritual	Intellectual	Family												
<p>Church Service on Sundays at 10:30am in AL Living Rm</p>															