



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SPECIAL EVENTS	
1 MORNING Sunday Church Service Adult Coloring AFTERNOON High Roller Dice Word Search EVENING Evening Snack/ Lounge Time	2 MORNING Morning Prayer Bean Bag Toss Finish the Line AFTERNOON BINGO Fingernail Trimming EVENING Evening Snack/ Lounge Time	3 MORNING Morning Prayer Tuesday Trivia Balloon Tennis AFTERNOON Sorting Group Discussion EVENING Evening Snack /Lounge Time	4 MORNING Morning Prayer Fitter Sitters Painting AFTERNOON Beach ball toss Sing-A-Long EVENING Evening Snack/ Lounge Time	5 MORNING Morning Prayer BINGO AFTERNOON Puzzle Pals Afternoon Chores EVENING Evening Snack/ Lounge Time	6 MORNING Morning Prayer Nursery Rhyme Trivia Pool Noodle Hockey AFTERNOON Hand Massage/ Manicures Old Favorites Sing-a-Long EVENING Evening Snack/ Lounge Time	7 MORNING Morning Stretch Coffee Chat Balloon Volleyball AFTERNOON Wii Bowling Snack Social EVENING Evening Snack/ Lounge Time	<b>July 4th Independence Day</b>	
8 MORNING Sunday Church Service Adult Coloring AFTERNOON High Roller Dice Word Search EVENING Evening Snack/ Lounge Time	9 MORNING Morning Prayer Bean Bag Toss AFTERNOON BINGO Fingernail Trimming EVENING Evening Snack/ Lounge Time	10 MORNING Morning Prayer Tuesday Trivia Balloon Tennis AFTERNOON Sorting Group Discussion EVENING Evening Snack /Lounge Time	11 MORNING Morning Prayer Fitter Sitters Painting AFTERNOON Beach ball toss Sing-A-Long EVENING Evening Snack/ Lounge Time	12 MORNING Morning Prayer BINGO AFTERNOON Puzzle Pals Afternoon Chores EVENING Evening Snack/ Lounge Time	13 MORNING Morning Prayer GONE FISHING WEEK ACTIVITY AFTERNOON Hand Massage/ Manicures Old Favorites Sing-a-Long EVENING Evening Snack/ Lounge Time	14 MORNING Morning Stretch Coffee Chat Balloon Volleyball AFTERNOON Wii Bowling Snack Social EVENING Evening Snack/ Lounge Time		<b>July 16th Music with Jerry and Myrt</b>
15 MORNING Sunday Church Service Adult Coloring AFTERNOON High Roller Dice Word Search EVENING Evening Snack/ Lounge Time	16 MORNING Morning Prayer Bean Bag Toss Finish the Saying AFTERNOON Music w/ Jerry & Myrt Fingernail Trimming EVENING Evening Snack/ Lounge Time	17 MORNING Morning Prayer Tuesday Trivia Balloon Tennis AFTERNOON Sorting Group Discussion EVENING Evening Snack /Lounge Time	18 MORNING Morning Prayer Fitter Sitters AFTERNOON Beach ball toss Sing-A-Long EVENING Evening Snack/ Lounge Time	19 MORNING Morning Prayer BINGO AFTERNOON Puzzle Pals Afternoon Chores EVENING Evening Snack/ Lounge Time	20 MORNING Morning Prayer Nursery Rhyme Trivia Pool Noodle Hockey AFTERNOON Hand Massage/ Manicures Old Favorites Sing-a-Long EVENING Evening Snack/ Lounge Time	21 MORNING Morning Stretch FUNDGE MAKING Balloon Volleyball AFTERNOON Wii Bowling Snack Social EVENING Evening Snack/ Lounge Time	<b>July 17th Hearing Unlimited</b>	
22 MORNING Sunday Church Service Adult Coloring AFTERNOON High Roller Dice Word Search EVENING Evening Snack/ Lounge Time	23 MORNING Morning Prayer PICNIC FUN AFTERNOON BINGO Fingernail Trimming EVENING Evening Snack/ Lounge Time	24 MORNING Morning Prayer 10:30AM MUSIC W/ MIKE AFTERNOON Sorting Group Discussion EVENING Evening Snack /Lounge Time	25 MORNING Morning Prayer Fitter Sitters Wednesday Craft: Bubble Paint ICE CREAM SODAS AFTERNOON Beach ball toss Sing-A-Long EVENING Evening Snack/ Lounge Time	26 MORNING Morning Prayer BINGO AFTERNOON Puzzle Pals Afternoon Chores EVENING Evening Snack/ Lounge Time	27 MORNING Morning Prayer Nursery Rhyme Trivia Pool Noodle Hockey AFTERNOON Hand Massage/ Manicures Old Favorites Sing-a-Long EVENING Evening Snack/ Lounge Time	28 MORNING Morning Stretch Coffee Chat Balloon Volleyball AFTERNOON Wii Bowling Snack Social EVENING Evening Snack/ Lounge Time		<b>July 30th Sing-A-Long w/ K&amp;L Duo</b>
29 MORNING Sunday Church Service Adult Coloring AFTERNOON High Roller Dice Word Search EVENING Evening Snack/ Lounge Time	30 MORNING Morning Prayer Bean Bag Toss AFTERNOON K&L DUO MUSIC Fingernail Trimming EVENING Evening Snack/ Lounge Time	31 MORNING Morning Prayer Tuesday Trivia Balloon Tennis AFTERNOON Sorting Group Discussion EVENING Evening Snack /Lounge Time	1 MORNING Morning Prayer Fitter Sitters AFTERNOON Beach ball toss Sing-A-Long EVENING Evening Snack/ Lounge Time	2 MORNING Morning Prayer BINGO AFTERNOON Puzzle Pals Afternoon Chores EVENING Evening Snack/ Lounge Time	3 MORNING Morning Prayer Nursery Rhyme Trivia Pool Noodle Hockey AFTERNOON Hand Massage/ Manicures Old Favorites Sing-a-Long EVENING Evening Snack/ Lounge Time	4 MORNING Morning Stretch Coffee Chat Balloon Volleyball AFTERNOON Wii Bowling Snack Social EVENING Evening Snack/ Lounge Time		
5 MORNING Sunday Church Service Adult Coloring AFTERNOON High Roller Dice Word Search EVENING Evening Snack/ Lounge Time	6 MORNING Morning Prayer Bean Bag Toss AFTERNOON BINGO Fingernail Trimming EVENING Evening Snack/ Lounge Time	7 MORNING Morning Prayer Tuesday Trivia Balloon Tennis AFTERNOON Sorting Group Discussion EVENING Evening Snack /Lounge Time	8 Dimensions of Wellness Health and wellness means having a balanced life rich in vitality and well-being. To assist our residents in achieving a healthier and happier lifestyle, Windsor Manor provides programming that focuses on 8 Dimensions of Wellness. These dimensions of wellness are: Physical                      Environmental                      Vocational                      Emotional Social                              Spiritual                              Intellectual                      Family For July we will be focusing on the dimension of Vocational and Intellectual Wellness.					