



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SPECIAL EVENTS
			1 MORNING Morning Prayer Fitter Sitters Painting AFTERNOON Beach ball toss Sing-A-Long EVENING Evening Snack/ Lounge Time	2 MORNING Morning Prayer BINGO AFTERNOON Puzzle Pals Afternoon Chores EVENING Evening Snack/ Lounge Time	3 MORNING Morning Prayer Nursery Rhyme Trivia Pool Noodle Hockey AFTERNOON Hand Massage/ Manicures Old Favorites Sing-a-Long EVENING Evening Snack/ Lounge Time	4 MORNING Morning Stretch Coffee Chat Balloon Volleyball AFTERNOON Wii Bowling Snack Social EVENING Evening Snack/ Lounge Time	August 8th Music w/ Mike 10:30am
5 MORNING Sunday Church Service Adult Coloring AFTERNOON High Roller Dice Word Search EVENING Evening Snack/ Lounge Time	6 MORNING Morning Prayer Bean Bag Toss AFTERNOON BINGO Fingernail Trimming EVENING Evening Snack/ Lounge Time	7 MORNING Morning Prayer Tuesday Trivia Balloon Tennis AFTERNOON Sorting Group Discussion EVENING Evening Snack /Lounge Time	8 MORNING Morning Prayer Fitter Sitters Painting AFTERNOON Beach ball toss Sing-A-Long EVENING	9 MORNING Morning Prayer BINGO AFTERNOON Puzzle Pals Afternoon Chores EVENING Evening Snack/ Lounge Time	10 MORNING Morning Prayer GONE FISHING WEEK ACTIVITY AFTERNOON Hand Massage/ Manicures Old Favorites Sing-a-Long EVENING Evening Snack/ Lounge Time	11 MORNING Morning Stretch Coffee Chat Balloon Volleyball AFTERNOON Wii Bowling Snack Social EVENING Evening Snack/ Lounge Time	
12 MORNING Sunday Church Service Adult Coloring AFTERNOON High Roller Dice Word Search EVENING Evening Snack/ Lounge Time	13 MORNING Morning Prayer Bean Bag Toss Finish the Saying AFTERNOON Fingernail Trimming EVENING Evening Snack/ Lounge Time	14 MORNING Morning Prayer Tuesday Trivia Balloon Tennis AFTERNOON Sorting Group Discussion EVENING Evening Snack /Lounge Time	15 MORNING Morning Prayer Fitter Sitters AFTERNOON Beach ball toss Sing-A-Long EVENING Evening Snack/ Lounge Time	16 MORNING Morning Prayer BINGO AFTERNOON Puzzle Pals Afternoon Chores EVENING Evening Snack/ Lounge Time	17 MORNING Morning Prayer Nursery Rhyme Trivia Pool Noodle Hockey AFTERNOON Hand Massage/ Manicures Old Favorites Sing-a-Long EVENING Evening Snack/ Lounge Time	18 MORNING Morning Stretch FUNDGE MAKING Balloon Volleyball AFTERNOON Wii Bowling Snack Social EVENING Evening Snack/ Lounge Time	
19 MORNING Sunday Church Service Adult Coloring AFTERNOON High Roller Dice Word Search EVENING Evening Snack/ Lounge Time	20 MORNING Morning Prayer PICNIC FUN AFTERNOON BINGO Fingernail Trimming EVENING Evening Snack/ Lounge Time	21 MORNING Morning Prayer 10:30AM MUSIC W/ MIKE AFTERNOON Sorting Group Discussion EVENING Evening Snack /Lounge Time	22 MORNING Morning Prayer Fitter Sitters ICE CREAM SODAS AFTERNOON Beach ball toss Sing-A-Long EVENING Evening Snack/ Lounge Time	23 MORNING Morning Prayer BINGO AFTERNOON Puzzle Pals Afternoon Chores EVENING Evening Snack/ Lounge Time	24 MORNING Morning Prayer Nursery Rhyme Trivia Pool Noodle Hockey AFTERNOON Hand Massage/ Manicures Old Favorites Sing-a-Long EVENING Evening Snack/ Lounge Time	25 MORNING Morning Stretch Coffee Chat Balloon Volleyball AFTERNOON Wii Bowling Snack Social EVENING Evening Snack/ Lounge Time	August 21st Hearing Unlimited 4pm
26 MORNING Sunday Church Service Adult Coloring AFTERNOON High Roller Dice Word Search EVENING Evening Snack/ Lounge Time	27 MORNING Morning Prayer Bean Bag Toss AFTERNOON Fingernail Trimming EVENING Evening Snack/ Lounge Time	28 MORNING Morning Prayer Tuesday Trivia Balloon Tennis AFTERNOON Sorting Group Discussion EVENING	29 MORNING Morning Prayer Fitter Sitters AFTERNOON Beach ball toss Sing-A-Long EVENING Evening Snack/ Lounge Time	30 MORNING Morning Prayer BINGO AFTERNOON Puzzle Pals Afternoon Chores EVENING Evening Snack/ Lounge Time	31 MORNING Morning Prayer Nursery Rhyme Trivia Pool Noodle Hockey AFTERNOON Hand Massage/ Manicures Old Favorites Sing-a-Long EVENING Evening Snack/ Lounge Time	1 MORNING Morning Stretch Coffee Chat Balloon Volleyball AFTERNOON Wii Bowling Snack Social EVENING Evening Snack/ Lounge Time	
2 MORNING Sunday Church Service Adult Coloring AFTERNOON High Roller Dice Word Search EVENING Evening Snack/ Lounge Time	3 MORNING Morning Prayer Bean Bag Toss AFTERNOON BINGO Fingernail Trimming EVENING Evening Snack/ Lounge Time	4 MORNING Morning Prayer Tuesday Trivia Balloon Tennis AFTERNOON Sorting Group Discussion EVENING Evening Snack /Lounge Time	Happy Birthday Arlene Wirth August 26th 		8 Dimensions of Wellness Health and wellness means having a balanced life rich in vitality and well-being. To assist our residents in achieving a healthier and happier lifestyle, Windsor Manor provides programming that focuses on 8 Dimensions of Wellness. These dimensions of wellness are: Physical Environmental Vocational Emotional Social Spiritual Intellectual Family For August we will be focusing on the dimension of Emotional and Family Wellness.		August 27th Sing-a-Long w/ K&L Duo 2pm