

Windsor Manor  
Assisted Living Community  
1807 W. 5<sup>th</sup> Street  
Vinton, IA 52349

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Photos of our trip to Walmart and Pizza Ranch in Independence



The bus is loaded and we're ready to go



We've finished our meal and are chatting

### HAPPY September BIRTHDAYS

**Steve Boddicker (resident) 9/10**  
**Barb Johnson (associate) 9/22**  
**Lottie Evans (associate) 9/22**  
**Irene Parr (resident) 9/23**

The monthly resident birthday party is  
Tuesday September 25th at 2:30 pm

Musical entertainment provided by  
Barb Riggle and Larry Roster

Cake and ice cream will be served

*Happy  
Birthday!*

SEPTEMBER 2018

# WindsorLife

Windsor Manor Assisted Living Community · (319)472-2060 · www.windsor-manor.com



## Celebrating September

**The Fruit Blossoms**  
*September 7 at 10:00 am*

**Squeezebox Larry**  
*September 12 at 2:30 pm*

**Shannon Janssen**  
*September 14 at 2:30 pm*

**Harold Gray**  
*September 15 at 2:30 pm*

**Tim and Kathy**  
*September 19 at 2:30 pm*

**Birthday Party**  
**Barb Riggle &**  
**Larry Roster**  
*September 25 at 2:30 pm*



We welcome  
new Resident  
Assistant  
**Pat Morrow**  
to Windsor  
Manor.  
We are glad  
to have you!

Hello! I'm Pat Morrow. My family calls me Patty and you're welcome to call me that as I'm very excited to be part of the Windsor family! Here are a few things about me. I was mostly raised in Cedar Rapids but graduated high school from Benton Community in Van Horne. I'm the oldest of 8 children, 7 sisters and 1 brother (I think my mother was a saint!). My husband and I met at a wedding where he was the best man and I was the maid of honor. We lived in the same Vinton home for 39 years where we raised our 2 sons and daughter. We are blessed with 6 beautiful grandchildren, ages 13 to 2 years. Last fall my husband and I sold our home and purchased what many of you know as the Mahood's building downtown Vinton. No more lawn mowing or snow shoveling for us! We live upstairs and rent the store level to ECHO Ministries. This past year I've spent time turning our new place into "our home" and finding just the right spots for the "chickens" I collect. (I must be turning into my mother!) I look forward to getting to know everyone. It might take some time though, as I will be working 3rd shift while most of you are sleeping. Maybe we can meet at breakfast time. I am looking forward to making memories here at Windsor. Thanks to everyone for making me feel welcome.

Our Windsor Manor family...



Helen Rowden

releasing one of the butterflies we raised



Notes From Lisa...

Happy September! Once again, we had a great turnout for our 2<sup>nd</sup> annual Garage Sale. We raised over \$500 to purchase school supplies for the Vinton-Shellsburg school district! Thank you to everyone who donated and shopped.

This month we celebrate ASSISTED LIVING WEEK September 9<sup>th</sup>-15<sup>th</sup>! This year's theme is "Capture the Moment". Here is why this theme was chosen by NCAL (National Center for Assisted Living).

"We want this year's National Assisted Living Week to help overcome the stigma that older adults in assisted living communities — and other settings, for that matter — don't have a purpose in life anymore," NCAL Executive Director Scott Tittle said in a statement. "No matter your age, we should all be living life to its fullest. Assisted living caregivers help seniors realize this by supporting them with everyday tasks while maximizing their independence and honoring their individuality."

This year's theme aims to remind assisted living staff members that, often, the little, everyday interactions with residents can result in high-quality, person-centered care, NCAL said. The organization encourages assisted living communities across the country to organize activities and events that help residents celebrate the past while also enjoying the present.

**We honor and thank our dedicated staff and amazing residents!**

Assisted Living Week September 9-15

9/9 Grandparents Day is on Sunday. We are having a special meal, come join your loved one. Call to reserve your meal time, 11:00 or 12:30 319-472-2060

9/10 Monday is Good News Day. We will have cookies and lemonade as we share stories and read "Happy News"

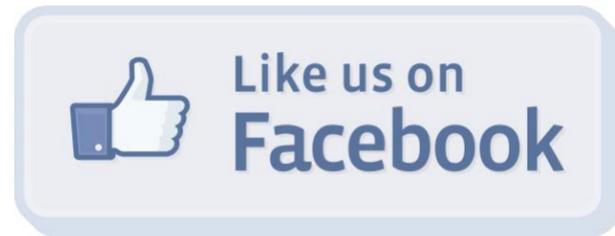
9/11 Patriot Day and National Day of Service take place on Tuesday. As we remember this day with a slide show on the big screen, then we are making lap blankets to donate to Hospice.

9/12 Wednesday we will cook out and picnic at Celebration Park for lunch, then music in the afternoon with Squeezebox Larry.

9/13 "Capture the Moment" on Thursday with pictures of residents and staff in our photo studio. Props are available or residents may bring a significant item.

9/14 Friday is Star Spangled Banner Inspiration Day and Tootsie Day. We encourage residents and staff to wear red, white and blue. At 2:30 we will gather in the dining room for a patriotic sing along. Piano accompaniment provided by Shannon Janssen. Every resident that is present will be entered in a drawing for a "tootsie of a surprise".

9/15 We finish up the week on Saturday with music by Harold Gray.



2018 Garage Sale



Items purchased from the proceeds of the 2018 Garage Sale



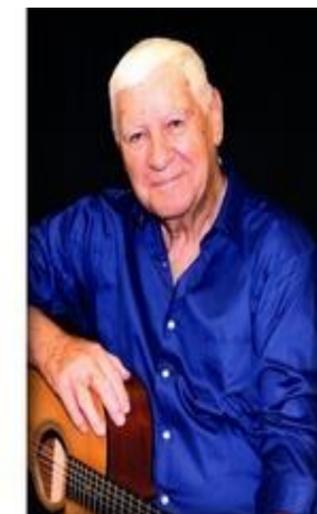
Keith Gulick

enjoying the beautiful day in the courtyard



Ron "Flick" Flickinger

watching the butterfly release



Our heartfelt condolences for Bob Schadle's family and friends

He will be missed by many.