



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SPECIAL EVENTS								
 <p>This month we are celebrating Thanksgiving Join us as we explore the many different monthly heritages. If you have any photos or experiences that you would like to share with the residents during the month, please contact Angie by email at angie.strobbe@windsor-manor.com</p>			<p>Morning Daily Scoop/Devotions Daily Exercises/ Afternoon Relaxation Uno Evening WHAT was your 1st Job Lotion Massages</p>	1 <p>Morning Daily Current Events Daily Exercises/Mail Call Afternoon Relaxation BINGO Evening Wheel of Fortune Reminiscent Hour</p>	2 <p>Morning Daily Scoop/Devotions Daily Exercises Afternoon Relaxation/Mail Call Active Games Evening Music Corner Lotion Massages/Snacks</p>	3 <p>Morning Daily Scoop/Devotions Daily Exercises Afternoon Relaxation Puzzle Corner Evening Music Circle A look Back in Time/Snack</p>	<p>MONDAY'S 1Pm READING WITH JIM</p> <p>TUESDAYS 10am MANICURES</p> <p>Friday, March 16 1pm VIOLIN PLAYING WITH CINDY</p> <p>NOVEMBER 18TH 9:30am FRIENDS and FAMILY BRUNCH</p> <p>FRIDAY, NOV. 9TH 2:00PM Music with LES</p> <p>Wednesday, NOV. 28 3:30pm Monthly Birthday Celebration</p> <p>Tuesdays 3pm Exercise Class</p>								
4 <p><i>Daylight Saving Time ends</i> Morning Daily Scoop/Devotions Daily Exercises Afternoon Brain Games Worship to Hymn Songs Evening Social Hour Snacks</p>	5 <p>Morning Daily Scoop/Devotions Daily Exercises/Mail Call Afternoon Relaxation Craft Corner Evening Movie Matinee Snacks</p>	6 <p><i>Election Day</i> Morning Daily Scoop/Devotions Daily Exercises MANICURES Afternoon Relaxation Table Games Evening Gentle Movement</p>	7 <p>Morning Daily Scoop/Devotions Daily Exercises/ Afternoon relaxation Movie Trivia Evening Worship of Hymn Songs Lotion Massages</p>	8 <p>Morning Daily Current Events Daily Exercises/Mail Call Afternoon Relaxation BINGO Evening Wheel of Fortune Reminiscent Hour</p>	9 <p>Morning Daily Scoop/Devotions Daily Exercises Afternoon Relaxation/Mail Call Active Games Evening Music Corner Lotion Massages/Snacks</p>	10 <p><i>Veterans Day</i> Morning Daily Scoop Daily Exercises Afternoon Relaxation Puzzle Corner Evening Music Circle A look Back in Time/Snack</p>									
11 <p><i>Veterans Day</i> Morning Daily Scoop/Devotions Daily Exercises Afternoon Brain Games Worship to Hymn Songs Evening Social Hour Snacks</p>	12 <p>Morning Daily Scoop/Devotions Daily Exercises/Mail Call Afternoon Relaxation Craft Corner Evening Movie Matinee Snacks</p>	13 <p>Morning Daily Scoop/Devotions Daily Exercises MANICURES Afternoon Relaxation Table Games Evening Gentle Movement</p>	14 <p>Morning Daily Scoop/Devotions Daily Exercises/Lunch Outing Afternoon relaxation Puzzle corner Evening Lotion Massages Snacks</p>	15 <p>Morning Daily Current Events Daily Exercises/Mail Call Afternoon Relaxation BINGO Evening Wheel of Fortune Reminiscent Hour</p>	16 <p>Morning Daily Scoop/Devotions Daily Exercises Afternoon Relaxation/Mail Call VIOLIN PLAYING Evening Music Corner Lotion Massages/Snacks</p>	17 <p>Morning Daily Scoop Daily Exercises Afternoon Relaxation Puzzle Corner Evening Music Circle A look Back in Time/Snack</p>									
18 <p>Morning Daily Scoop/Devotions Daily Exercises Afternoon Brain Games Worship to Hymn Songs Evening Social Hour Snacks</p>	19 <p>Morning Daily Scoop/Devotions Daily Exercises/Mail Call Afternoon Relaxation Craft Corner Evening Movie Matinee Snacks</p>	20 <p>Morning Daily Scoop/Devotions Daily Exercises MANICURES Afternoon Relaxation Table Games Evening Favorite Poem's Snacks</p>	21 <p>Morning Daily Scoop/Devotions Daily Exercises Afternoon Relaxation I spy Evening Lotion Massages Snacks</p>	22 <p><i>Thanksgiving</i> Morning Daily Current Events Daily Exercises/Mail Call Afternoon Relaxation BINGO Evening Wheel of Fortune Reminiscent Hour</p>	23 <p>Morning Daily Scoop Balloon Volleyball Afternoon Relaxation/Mail Call Active Games Evening Music Circle Lotion Massages/Snacks</p>	24 <p>Morning Daily Scoop Daily Exercises Afternoon Relaxation Puzzle Corner Evening Music Circle A look Back in Time/Snack</p>									
25 <p>Morning Daily Scoop/Devotions Daily Exercises Afternoon Brain Games Worship to Hymn Songs Evening Social Hour Snacks</p>	26 <p>Morning Daily Scoop/Devotions Daily Exercises/Mail Call Afternoon Relaxation Craft Corner Evening Movie Matinee Snacks</p>	27 <p>Morning Daily Scoop/Devotions Daily Exercises MANICURES Afternoon Relaxation Table Games Evening Gentle Movement Snacks</p>	28 <p>Morning Daily Scoop/Devotions Daily Exercises Afternoon Relaxation Birthday Celebration Evening Lotion Massages Snacks</p>	29 <p>Morning Daily Scoop/Devotions Daily Exercises/Mail Call Afternoon Relaxation BINGO Evening Lotion Massages Snacks</p>	30 <p>Morning Daily Scoop/Devotions Daily Exercises/Mail Call Afternoon Relaxation ACTIVE GAMES Evening Lotion Massages</p>										
<p>Announcement Reminder that all Friends and Family are invited to celebrate Birthdays!</p>			 <p>Happy Birthday! Join us in wishing all residents, associates, family and friends a very happy birthday! DON F. 10-26</p>	<p>8 Dimensions of Wellness Health and wellness means having a balanced life rich in vitality and well-being. To assist our residents in achieving a healthier and happier lifestyle, Windsor Manor provides programming that focuses on 8 Dimensions of Wellness. These dimensions of wellness are:</p> <table border="0"> <tr> <td>Physical</td> <td>Environmental</td> <td>Vocational</td> <td>Emotional</td> </tr> <tr> <td>Social</td> <td>Spiritual</td> <td>Intellectual</td> <td>Family</td> </tr> </table> <p>For the month of May, we will be focusing on the dimension of Vocational and Intellectual Wellness. These activities are highlighted in blue.</p>				Physical	Environmental	Vocational	Emotional	Social	Spiritual	Intellectual	Family
Physical	Environmental	Vocational	Emotional												
Social	Spiritual	Intellectual	Family												