

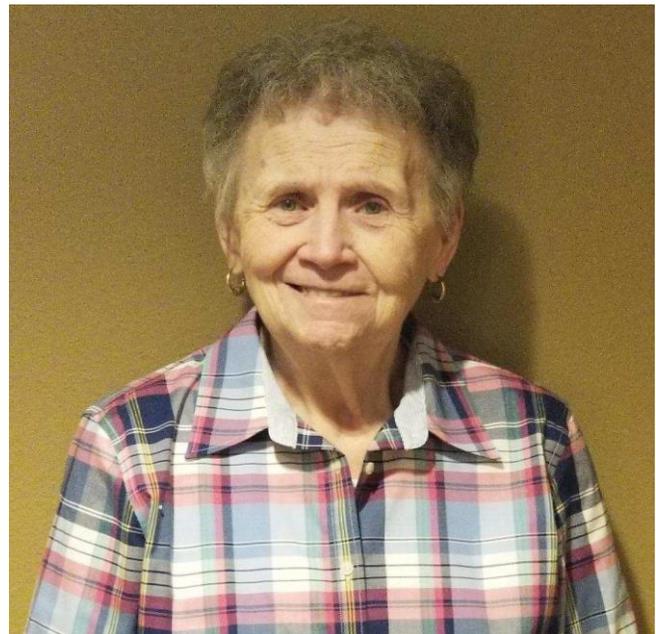
DECEMBER 2018

Windsor Manor

Assisted Living 512 N Finn Dr Algona, IA 50511 Phone: 515-395-1512 Fax: 515-395-1513



Resident Spotlight Mary Jean Carlson



December Birthdays

Dee Riedel Dec.12th

Leona Stahl Dec. 16th

Amber Wilson Dec.18th

Mary McEnroe Dec.19th

Holly Ryan Dec.19th

Pat Ostermann Dec.22nd

MaCayla Iwen Dec.23rd

December Events

4th **Barebones Trio** 2pm

11th **Plus One Gals** 2:30

13th **Walt Reemstma** 1pm

16th **Carter Nath** 2pm

17th **Down Memory Lane** 2pm

20th **Music by Jeff** 10am

Mary Jean was born on September 10, 1938, in Algona. She grew up in the Algona area, spending a few years of her childhood living in Portland, OR. With her parents Don and Edna. Then they moved back to Algona. She has 1 sister and 3 brothers, that all live in the Midwest. She married John Carlson in 1955 and they lived in Burt and Whittemore areas. Mary Jean has 3 children: 2 sons and a daughter, 7 grandchildren and 6 great-grandchildren.

She started working for the Algona Community School Food Service, when her youngest child started school. She then worked her way up to manager before she retired. Some of her loves are crossword puzzles, word searches, reading a good book, baking, keeping up with current events. She likes visits with neighbors and a good cup of coffee. She loves spending time with her family.

Employee Spotlight Dawn Fox



Dawn was born January 8th in Iowa City. She Has 3 brothers Kim, David, Keith, and a sister Renee. She is the 2nd oldest. She grew up in Algona. She was married on July 14, 1984 to Troy. They have 2 sons, Jake, Josh, and a daughter named Heidi. They are all married.

They love to travel to see their son and his family in Arizona. Her daughter in Oregon and would love to go there as well. She has 6 grandchildren. She started here At Windsor Manor September 11, 2017. You can always see her carrying around her favorite drink of Dr. Pepper. She loves country music. She loves to camp, motorcycling, and playing darts. She is a collector of Willow tree angels.

She loves the residents and their families. She is our wonderful housekeeper and she really enjoys the hugs she gets while doing her job.

Her hero she says is her Grandpa Wiley. He was a very hard worker and very kind. He spent quality time with his grandkids. He was the Algona Fire Chief for many years.

We are so thankful to have her with us.

A Note from Terri Tweedy Executive Director

Christmas Past

Each Christmas I remember
The ones of long ago;
I see our mantelpiece adorned
With Stockings in a row.
Each Christmas finds me dreaming
Of days that used to be,
When we hid presents here and there,
For all the family.
Each Christmas finds me longing
For Christmases now past,
And I am back in childhood
As long as memories last.

**May this Christmas be your best
yet as we build new, wonderful
memories.**



*Wishing All of Our Residents,
Families and all our Staff A Very
Blessed Merry Christmas And A
Very Blessed New Year!*





A Note From Lynzie Nilles RN - B N

People need to get their flu shots to protect themselves as well as others. Flu vaccines cause antibodies to develop in the body about 2 weeks after the vaccine. A good time to get it is at the end of October.

It protects from influenza and should last about 6 mos. It's normal to feel soreness, redness, tenderness, and even a mild fever or body aches during 2 days after getting it

90% of the flu related deaths occur in people 65 and older. Vulnerable people like the elderly, infants, people with a weak immune system should get the shot since they are much more susceptible.

