

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2018



							1 Morning Stretches Crossword Puzzles Lunch Set Up Walk Exercises Supper Set Up Cards Lawrence Welk
2 Morning Stretches Church Service Read a Magazine Lunch Set Up Movie Card Game Supper Set Up	3 Morning Devotions Exercises Dominoes Lunch Set Up Bowling Supper Set Up Crossword Puzzles Soft Music <small>First Day of Hanukkah</small>	4 Morning Devotions Exercises Music Lunch Set Up Walk/Make Chex Mix 2:00 Barebones Trio Supper Set Up Aroma Therapy	5 Morning Devotions Exercises Expressions Lunch Set Up Walk/ Spa Day Supper Set Up Music Nature DVD	6 Morning Devotions Exercises Go Fish Lunch Set Up Walk/Painting BINGO Supper Set Up Lotion/Massage	7 9:00 Pastor Visit Exercises Old Maid Cards Lunch Set Up Walk/Exercise Craft Supper Set Up Reminisce	8 Morning Stretches Exercises Lunch Set Up Adult Coloring Supper Set Up Lawrence Welk	
9 Morning Stretches Church on TV Read a Favorite Part of the Bible Lunch Set Up Gospel Music Movie Supper Set Up	10 Morning Devotions Exercises Dominoes Lunch Set Up Walk/Bowling Supper Set Up Christmas Music	11 Morning Devotions Exercises Craft Lunch Set Up Walk/Exercises Cooking 2:30 Plus One Gals	12 Morning Devotions Exercises Charades Lunch Set Up Walk/Spa Day Supper Set Up Unscramble Words Nature DVD	13 Morning Devotions Exercises Painting Lunch Set Up 1:00 Walt with Nativity BINGO Supper Set Up Lotion/Massage	14 9:00 Pastor Visit Exercises Hangman Lunch Set Up Walk/Crafts Supper Set Up Old Maid Reminisce	15 Morning Stretches Jenga Lunch Set Up Word Search Supper Set Up Sing Alongs Lawrence Welk	
16 Morning Stretches Church on Radio Exercises Lunch Set Up 2:00 Carter Sings Supper Set Up	17 Morning Devotions Exercises Dominoes Lunch Set Up Walk/ Bowling 2:00 Down Memory Lane Supper Set Up Soft Music	18 Morning Devotions Exercises Craft Lunch Set Up Walk/ Cooking Supper Set Up Games Aroma Therapy	19 Morning Devotions Exercises Dominoes Lunch Set Up Walk/Spa Day Supper Set Up Games Nature DVD	20 Morning Devotions 10:00 Music by Jeff Lunch Set Up Walk/ Exercises BINGO Supper Set Up Lotion/Massage	21 9:00 Pastor Visit Exercises Go Fish Lunch Set Up Walk/ Exercise Craft Supper Set Up Reminisce <small>Winter Begins</small>	22 Morning Stretches Crossword Puzzles Lunch Set Up Dominoes Supper Set Up Lawrence Welk	
23 Morning Stretches Read a Bible Story Exercises Lunch Set Up Movie Supper Set Up	24 Morning Devotions Exercises Word Search Lunch Set Up 2:00 Christmas Party Supper Set Up Soft Music	25 Merry Christmas To Everyone <small>Christmas Day</small>	26 Morning Devotions Exercises Jenga Lunch Set Up Walk/Spa Day Supper Set Up Nature DVD <small>Kwanzaa Begins</small>	27 Morning Devotions Exercises What's on the Tray? Lunch Set Up Walk/ Exercise BINGO Supper Set Up Lotion/Massage	28 9:00 Pastor Visit Exercises Old Maid Cards Lunch Set Up Walk/Exercises Craft Supper Set Up Reminisce	29 Morning Stretches Read A Christmas Story Lunch Set Up Bean Bag Toss Supper Set Up Lawrence Welk	
30 Morning Stretches Church Service Read the Newspaper Lunch Set Up Dice Game Movie Supper Set Up	31 Morning Devotions Exercises Dominoes Lunch Set Up Walk/Exercise Cards Supper Set Up Soft Music <small>New Year's Eve</small>	 <p>WINDSOR MANOR " GARDENS " ASSISTED LIVING 512 N. Finn Drive Algona , Ia. 515-395-1512</p> 					

ALL ACTIVITIES ARE SUBJECT TO CHANGE