

Employee Spotlight



Meet Abbie Butler. Abbie started working at Windsor Manor in October and works as both a dietary aide, and resident assistant. She grew up in Lacona, IA, but now lives in Indianola with her 3 cats, Sally, Kitty, and Josh, and her dog Jet.

Besides working at Windsor Manor, Abbie attends DMACC where she is studying Mortuary Science.

Her favorite thing to do in Iowa is attend the Iowa State Fair.

Abby also enjoys painting, drawing and photography.

Her favorite things about working at Windsor Manor are the residents and the very kind environment here.

We are very happy to welcome Abbie to the Windsor Manor family!



December Birthdays

In astrology, the Archers of Sagittarius are those born between December 1–21. These open-minded travelers are in constant motion, searching the globe for meaning. Curious, optimistic, and enthusiastic, they are not afraid of change and treasure freedom. Those born from December 22–31 are Capricorn's Goats. Goats are focused on lofty goals; these hardworking and determined souls will prevail with grit and resilience.

David Chenoweth	12/8
Gerald Hilgeman	12/10
Melissa Walters	12/11
Debra Argetsinger	12/17
Avian Todd	12/20
Dave Noel	12/26



New Library Outings

Windsor Manor will now be making regular trips to the Indianola Library. Libraries are more than just books now days. The Indianola branch offers DVD movies, many different magazines, large print books and books on CD (Residents must have their own CD or DVD player). DVD's may be checked out for a week at a time, but everything else is on a 3-week time frame with the ability to renew.

Windsor Manor

Windsor Manor Assisted Living Community. 608 South 15th St., Indianola IA. 50125 (515) 961-8900



December's Special Events

December 6th
The Briggs Sisters
Music

December 14th
Joe and Lori King
Music

December 18th
Preschool Carolers

December 19th
1st Baptist Church
Choir

December 25th
Christmas Day



December 31st
News Years Eve
Welcome 2019!!



Abby Groves, Suncrest Hospice Liaison

This month we would like to recognize Suncrest Hospice Care. They are an important partner in the care we provide here at Windsor Manor.

Recently Abby Groves gave an interesting and fun talk about the role hospice services plays in senior care. The program was intitled: "The Myths of Hospice" She states, "Many times families have misconceptions about hospice care and after starting services, we often hear patients and families say they wish they started our services earlier". Abby believes that it is important to educate yourself, so you know what options are available to better plan for the end of life.

Suncrest maintains a very high standard of care and customer service to all their patients and families, with a dedicated staff who's mission it is to provide compassionate, professional services that exceed customer expectations.

Hospice care is a Medicare Benefit. It can be received wherever an individual calls home. Suncrest hospice services include: physician, nursing, nursing aide, social services, spiritual, bereavement counseling, as well as pet, music and massage therapy. All medications related to hospice, medical equipment, as well as oxygen and supplies are 100% covered while receiving hospice care. For more information about Suncrest and all the services they provide, you can contact Abby and her staff at, (515) 327-6026

Five Yummy Gingerbread

Five yummy gingerbread,
Sitting on a plate,
The first one said
"Boy, we smell so great!"
The second one said
"There's a chill in the air."
The third one said
"I see hungry children everywhere!"
The fourth one said
"I think we better run!"
The fifth one said
"Here the children come!"
Then the children each grabbed one
and with a MUNCH, CRUNCH, MUNCH,
the five yummy gingerbreads all turned into lunch!



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Christmas Holly Recipe

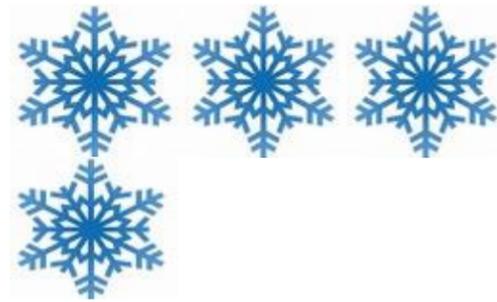
Melt over low heat
1 stick of butter
1 tsp vanilla
34 marshmallows
Stir constantly until marshmallows
are melted into a smooth creamy
mixture.
Stir in 1 ½ tsp green food coloring
Add 4 cups Corn Flakes

Drop tsp full onto wax paper and
garnish with 3 red hots on top



*If you look for Me
at Christmas,
you won't need a special star —
I'm no longer just in Bethlehem,
I'm right there where you are.
You may not be aware of Me
amid the celebrations —
You'll have to look beyond the stores
and all the decorations.
But if you take a moment
from your list of things to do
And listen to your heart, you'll find
I'm waiting there for you.
You're the one I want to be with,
you're the reason that I came,
And you'll find Me in the stillness
as I'm whispering your name.*

*Love,
Jesus*



MERRY CHRISTMAS
Santa's Crossword

ACROSS

- Famous snowman
- Reindeer with a shiny red nose
- Covers the ground on a white Christmas
- What Santa travels in
- Santa comes down this
- Red and White hooked shaped candy
- Left under the tree Christmas morning
- Used to decorate a Christmas tree
- Left out for Santa
- December 25
- Hung by the chimney with care
- Jolly toy maker
- What presents are left under

DOWN

- Makes toys for Santa
- Left under the tree Christmas morning
- What presents are left under

Caught in the Act....ivity!



Residents enjoyed playing a new game with pool noodles and balloons. Exercise is fun!



Thanksgiving Trees!
A special way to display all the things we are thankful for



We captured some wonderful smiles!!