

Employee Spotlight



This month our employee spotlight is on Lenna Keith. Lenna has worked at Windsor Manor for a little over 5 years as the head of housekeeping. Lenna grew up in Iberia, Missouri with her parents and 3 brothers. She now makes her home here in Indianola. Lenna has 2 sons, 1 daughter, 4 granddaughters, with one more on the way.

She loves spending time with her grandkids. Some of her hobbies include crochet, cross stitch, walking, and fishing. Her favorite places to visit are Mt View, Arkansas to enjoy Bluegrass music and family, Lake Powell, Utah, and Branson, Missouri.

Lenna often enjoys dancing with the residents when we have music performances. She can really kick up her heels! Look for her dancing skills on videos we post to our Facebook page. That is something that always brings smiles to everyone's faces!

When asked what she likes best about working at Windsor Manor, Lenna said she feels like she belongs here with all the wonderful residents and staff. Lenna is an integral part of our Windsor Manor team and is loved by everyone. We are very thankful she is a part of our Windsor Manor family.

January Birthdays

In astrology, those born between January 1–19 are Capricorn's Goats. Goats are focused on lofty goals; these hardworking and determined souls will prevail with grit and resilience. Those born between January 20–31 are Water Bearers of Aquarius. Water Bearers are deep-thinking intellectuals, unafraid of exploring outlandish ideas. Their strong sense of community makes them good friends and valuable team members.

Kenneth "Peanut" Hoch	1/10
Linda Steeve	1/14
Mary Hilgemann	1/18
Kaitlyn Bravek	1/18
Thelma Freel	1/23
Emili Woodward	1/23
June Wood	1/26

What's your New Year's Resolution?



Windsor Manor

Windsor Manor Assisted Living. 608 S 15th Street. Indianola, IA 50125 (515)961-8900

Resident Spotlight



This month we would like to spotlight Colleen Robinson, who joined us at Windsor Manor in September 2018.

Prior to moving to Windsor Manor, she made her home in Des Moines' south side. Colleen was married to Newt Robinson. They had 5 children (3 daughters and 2 sons), all of whom live nearby. She also has 13 grandchildren, 20 great grandchildren, and 1 great, great grandchild.

Colleen has always loved singing. She says her mother used to tell her that she learned to sing before she learned to talk! Going to movies and reading are a couple of her other hobbies. Colleen has a big beautiful smile and can often be found joining in the morning ball toss games and a variety of other activities.

She has enjoyed meeting and getting to know everyone here at Windsor Manor. She has also appreciated seeing the beautiful decorations this season. Colleen's children decorated a large pine tree outside her room with bulbs and lights that we have all been able to enjoy very much.

Welcome to Windsor Manor, Colleen!

January Special Events

January 3rd
10:30 Resident Council

January 4th
2:30 Susie Q Show

January 17th
5:30 The Briggs Family

January 25th
2:30 Luke Farland



January is National Carnation Month

How New Year's Day came to be

In 45 B.C., New Year's Day was celebrated on January 1st for the first time in history as the Julian calendar took effect.

Soon after becoming the Roman dictator, Julius Ceasar decided that the traditional Roman calendar was in dire need of reform. Introduced around the seventh century B.C., the Roman calendar attempted to follow the lunar cycle but frequently fell out of phase with the seasons and had to be corrected. In addition, the Roman body charged with overseeing the calendar often abused its authority by adding days to extend political terms or interfere with elections.

In designing his new calendar, Caesar enlisted the aid of Sosigenen, an astronomer, who advised him to do away with the lunar cycle entirely and follow the solar year, as did the Egyptians. The year was calculated to be 365 and ¼ days, and Ceasar added 67 days to 45 B.C., making 46 B.C. begin on January 1 rather than in March. He also decreed that ever four years a day be added to February, thus theoretically keeping his calendar from falling out of step..

The celebration of New Year's Day in January fell out of practice during the Middle Ages. The Julian calendar did not observe the New Year exactly on January 1. The reason for the latter was that Caesar and Sosigenis failed to calculate the correct value for the solar year 365.242199 days, not 365.25 days. Thus, an 11 minute-a-year error added up to seven days by the year 1000, and 10 days by the mid 15th century.

The Roman church became aware of this problem, and in the 1570s Pope Gregory XIII commissioned astronomer Christopher Clavius to come up with a new calendar. In 1582, the Gregorian calendar was implemented ommitting 10 days for the year and establishing the new rule that only one of every four centenal years should be a leap year. Since then, people around the world have gathered to celebrate the arrival of the New Year on January 1.



Around Town

In December, Windsor Manor held a free vitals clinic at the Indianola HyVee. Check out our Facebook page to see where Windsor Manor will be next.



Caught in the Act...ivity



Peanut and Millie decorating one of the Christmas trees.

We all love Christmas presents



Making beautiful door wreaths



Cookie Decorating



Christmas Eve services with Pastor Greg



