

November 2021

# Windsor Manor

Assisted Living 512 N. Finn Drive Algona IA 50511 515-395-1512 Fax 515-395-1513



## November Birthdays

Claudia Cole  
11/1

Mary Gelhaus  
11/10

Marilyn Cederwall  
11/14

Raegan Gant  
11/18

Samantha Harrington  
11/19

Beverly Skadburg  
11/26

## November Events

Daylight Savings Ends  
11/7

Veterans Day  
11/11

The Nords  
11/12

Seton Kids Singers  
11/15

Billie Willie  
11/17

Jeff Buege/Birthday Party  
11/19

Noah Wehrspan Singer  
11/21

Thanksgiving Day  
11/25

## Resident Spotlight Barb Wempen



Barb moved into Windsor Manor on October 2nd, 2021. She has three brothers, and she is the only girl. Barb grew up in Cylinder and Emmetsburg. She was a bookkeeper for 45 years.

She has 2 children and 6 grandchildren. They are the pride of her life. She lived in a 2 story older home on an acreage south of Algona for 50 years. She is part of the Masters of Gardener Club of IA.

Gardening was one of her major passions in life. She is a member of Trinity Lutheran Church. Barb enjoys that she gets to have her four-legged friend Emma live here with her. Barb is such a treasure to have join our Windsor family.

She says she is really enjoying getting to know the other residents and making new friends.

## *A Note from Jessica Wagner*

### *Senior Resident Assistant*

I attended Iowa Lakes Community College in Spencer, IA and graduated from the Medical Assistant Program in July 2010. I completed my Practicum at the Fairmont Medical Center in Fairmont MN and the Family Practice Clinic in West Bend IA. During my practicum I was able to learn so much watching other MA's and Nurses as well as getting to do so much more hands on/real life training. I remember one of the neatest things I was able to sit in on was a nasolaryngoscopy which uses a small flexible telescope that is passed through your nose and into your throat, usually to look at your voice box.

You are awake for this procedure and a numbing spray is used to numb your throat. I was also able to watch an entire toenail removal. That was neat to watch since I suffer from ingrown toenails and at the time, I'd only ever had the sides of my nail removed but several years later I had the entire great toenail removed. I started my job at Windsor Manor as a Resident Assistant in May 2013 and never pursued much more with my career as a Medical Assistant.

I enjoy being able to utilize some of the skills I obtained during the program. They come in handy while working as a Resident Assistant and in doing the things Shanda has Delegated me to do. Because of the skills I've learned and developed over the years from the Nurses I've worked with at Windsor Manor, made it possible to have been given the position as Senior Resident Assistant. I truly Love what I do!

A need to give a huge Thank You to all my co-workers, you are all wonderful and we have an amazing team. I can't thank you enough for all your help when Shanda and Terri were out and honestly every day! You ALL need to know how much I appreciate every one of you! You don't hear it enough, you are Valued and Appreciated!



## Veteran's Day

Veterans Day is a time for us to pay our respects to those who have served. For one day, we stand united in respect for you, our veterans.

This holiday started as a day to reflect upon the heroism of those who died in our country's service and was originally called [Armistice Day](#). It fell on Nov. 11 because that is the anniversary of the signing of the Armistice that ended World War I. However, in 1954, the holiday was changed to "Veterans Day" in order to account for all veterans in [all wars](#).

We celebrate and [honor America's veterans](#) for their patriotism, love of country and willingness to serve and sacrifice for the common good

When first celebrated as Armistice Day, the day marked the end of World War I, formally recognized on the "11th hour, of the 11th day, of the 11th month" in 1918.

Today we continue to celebrate the day as Veterans Day, still recognizing the original tie with November 11. That means Veterans Day is on the same day every year.

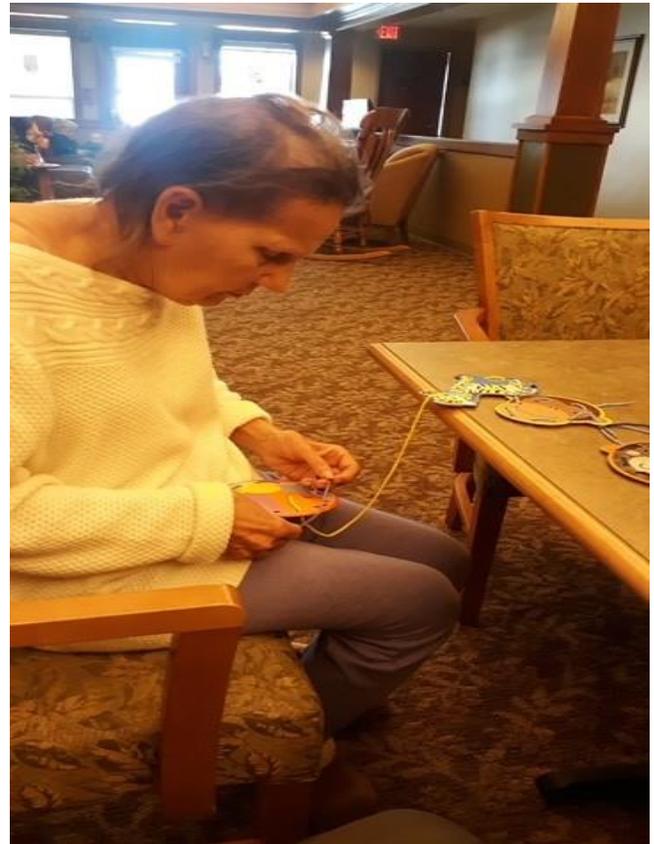
Let's honor and remember those that served.

Bob Riedel

Pat Talbot

Duane Habeger

William Elbert received Purple Heart



## Sweater Weather Contest



## *A message from Terri Tweedy*

### *Executive Director*

#### **Thanksgiving Memories**

I grew up in a large family in central Louisiana. Holidays were always spent at Grandma's house, which was less than 1,000 square feet. Of course, Thanksgiving in Louisiana could be 80 degrees or 40 degrees. Either way, it started out with the men going out to hunt, then coming home to watch football. Grandma's table held 8 seats. I always thought it was so strange that they women set the table, the **men** ate. Then the women set the table again, and the **children** ate (which could take up to 4 times because of all the grandchildren). Then the women set the table, and the **women** ate, and THEN had to do all the clean-up. I always thought this was "some kind of discrimination." It wasn't until I asked my grandmother when I was an adult, why we did it that way. She said that when she was young, food was sometimes hard to get. The men did the manual labor AND the hunting to put food on the table. They got to eat first. Then the children were fed so that they could grow strong and healthy. Then the women would eat what was left, if anything. Those must've been hard days! I just remember that there was so much food, that I was still full the next day.

It's fun to explore different traditions because sometimes you find out just how lucky you are!

Thank you Staff and Residents for another wonderful year at Windsor Manor. May each of you be blessed in every way!



**Sweater Weather Contest Group Photo**