



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Daily Chronicle Reading Breakfast – 9:30am Coffee and Colors Lunch – Walk & Talk Supper – Relax & Reminisce	2 Daily Chronicle Reading Breakfast- 9:30am Morning Stroll 11am Coffee&Conversation Lunch – 1pm Sing Along Supper – Poems & Coloring	3 Daily Chronicle Reading Breakfast – Manicures Lunch – Moving Party Supper – Relax & Music	4 Daily Chronicle Reading Breakfast – 8:30 Chair Exercises Lunch – 2pm Snack Time & Socialize Supper- Americas Funniest Videos	5 Daily Reading/Morning Walks Afternoon Cards Group 7pm Lawrence Welk Show (Televised)
6 “Day of Rest” 11am Coffee & Convers 1:30pm Church Services Methodist Church Grinnell	7 Daily Chronicle Reading Breakfast- 9:30am Morning Stroll 11am Coffee & Conversation Lunch – 1pm Sing Along Supper - Poems	8 Daily Chronicle Reading Breakfast – 9:30am Coffee and Conversation Lunch – Walk & Talk Supper – Relax & Reminisce	9 Daily Chronicle Reading Breakfast- 9:30am Morning Stroll 11am Coffee&Conversation Lunch – 1pm Sing Along Supper – Poems & Puzzles	10 Daily Chronicle Reading Breakfast – Manicures Lunch – Balloon Volley Supper – Relax & Music	11 Daily Chronicle Reading Breakfast – 8:30 Chair Exercises Lunch – 2pm Snack Time & Socialize Supper- Americas Funniest Videos	12 Daily Reading/Morning Walks Afternoon Cards Group 7pm Lawrence Welk Show (Televised)
13 “Day of Rest” Worship Services Televised 11am Coffee & Convers	14 Daily Chronicle Reading Breakfast- 9:30am Morning Stroll 11am Coffee & Coloring Lunch – 1pm Sing Along Supper - Poems	15 Daily Chronicle Reading Breakfast – 9:30am Coffee and Colors Lunch – Walk & Talk Supper – Relax & Reminisce	16 Daily Chronicle Reading Breakfast- 9:30am Morning Stroll 11am Coffee&Conversation Lunch – 1pm Sing Along Supper – Poems & Coloring	17 Daily Chronicle Reading Breakfast – Manicures Lunch – Moving Party Supper – Relax & Music	18 Daily Chronicle Reading Breakfast – 8:30 Chair Exercises Lunch – 2pm Snack Time & Socialize Supper- Americas Funniest Videos	19 Daily Reading/Morning Walks Afternoon Cards Group 7pm Lawrence Welk Show (Televised)
20 “Day of Rest” Worship Services Televised 11am Coffee & Convers	21 Daily Chronicle Reading Breakfast- 9:30am Morning Stroll 11am Coffee & Conversation Lunch – 1pm Sing Along Supper - Poems	22 Daily Chronicle Reading Breakfast – 9:30am Coffee and Conversation Lunch – Walk & Talk Supper – Relax & Reminisce	23 Daily Chronicle Reading Breakfast- 9:30am Morning Stroll 11am Coffee&Conversation Lunch – 1pm Sing Along Supper – Poems & Puzzles	24 Daily Chronicle Reading Breakfast – Manicures Lunch – Balloon Volley Supper – Relax & Music	25 Daily Chronicle Reading Breakfast – 8:30 Chair Exercises Lunch – 2pm Snack Time & Socialize Supper- Americas Funniest Videos	26 Daily Reading/Morning Walks Afternoon Cards Group 7pm Lawrence Welk Show (Televised)
27 “Day of Rest” Worship Services Televised 11am Coffee & Convers	28 Daily Chronicle Reading Breakfast- 9:30am Morning Stroll 11am Coffee & Coloring Lunch – 1pm Sing Along Supper - Poems	29 Daily Chronicle Reading Breakfast – 9:30am Coffee and Colors Lunch – Walk & Talk Supper – Relax & Reminisce	30 Daily Chronicle Reading Breakfast- 9:30am Morning Stroll 11am Coffee&Conversation Lunch – 1pm Sing Along Supper – Poems & Coloring	31 Daily Chronicle Reading Breakfast – Manicures Lunch – Moving Party Supper – Relax & Music	August Birthdays 1st Shelly Erickson 3rd Evelyn Wiley 18th Verna Gerrish 19th Melissa Foels 21st Brittany Coltrain 	

Windsor Manor Assisted Living, 229 Pearl St., Grinnell, IA. 50112 (641)236-8700 – Melissa Foels ALL Calendars are Subject to Change* ALL Outdoor Activities Weather Permitting*