

# Windsor Manor

229 Pearl St. Grinnell, IA. 50112 | Phone 641-236-8700 | [www.windsor-manor.com](http://www.windsor-manor.com)



## Celebrating August Birthdays



**1st Shelly Milner**

**3rd Evelyn Wiley**

**18th Verna Gerrish**

**19th Melissa Foels**

**21st Brittany Coltrain**



## Resident Spotlight Merlyn Carstens



Merlyn Carstens was born in Cushing, IA. on September 14, 1931, to Emil and Helen Carstens. They lived in Washta, IA., on the family farm. He claims it's the "coldest" place in Iowa. Merlyn was 14 when his sister Sharon was born, she lives in Sheldon, IA. He also has a sister Marlis who lives in Cushing, IA.

He had many dogs and horses and was always working and helping on the family farm. Merlyn had the job of milking 6-7 cows. His grandparents Henry and Erna came over from Germany. He remembers with fondness going to his Grandparents for Sunday Dinners with all his immediate family members. He also recalls listening at one of those meals when Pearl Harbor was bombed. Another memory Merlyn has growing up with was not having electricity until 1945.

In 1951 on the 9<sup>th</sup> day of December Merlyn married his High School sweetheart Helen Roberts. To this union they had five children. Susan (Gary) IA City, Scott Carstens North Carolina, Jill (Dave) Crotts Grinnell, Anita (Lon) Des Moines, and Chris (Amy) Minnesota. He has 13 grandchildren and 7 great grandchildren. He says his second crop isn't as big as his first crop yet.

Merlyn had four years he dedicated to his Country. He had shipped out for Boot Camp shortly after he was married to Helen. He was stationed in San Diego, CA. He spent six months on a ship and six months in the Country of Japan. Merlyn also trained for 24 weeks to be a Corman on the ship he served on.

His love for basketball and baseball growing up carried over into his adult career as a School Teacher and Coach. Merlyn taught school for over 27 years. During the summer months he was a Claims Adjuster, later retiring from teaching and making his summer job into his full-time job. He retired from being a claims adjuster after 48 years. His gift of gab I am sure made him popular among his insured clientele.

Merlyn was able to spend 20 years with Helen wintering in Arizona. Their love of travel led them all over the world. They have been on several cruises to Cuba, Alaska, England, and Europe. In Merlyn's free time he loves all the sports and gardening. You can still find him tending to our community gardens, all of which look amazing. Thanks, Merlyn for bringing some spunk to our facility when you moved in.

## Employee Spotlight Willow



**Willow graduated from B.C.L.U.W. High School and has 5 brothers and 2 sisters. Willow recently moved to Grinnell. She has four cats. Willow has been a CNA for three years. She previously worked at Zearing Health Care, so she was excited for the opportunity to continue her career here with us at Windsor Manor.**

**Willow defines success as being happy. She feels her traits of being nice, compassionate, and energetic all are very helpful for her and her role here as a Resident Assistant. In her free time, she enjoys reading, painting, listening to music, and going on walks. Willow feels everyone has been so kind to her since she started earlier this month. We all want to welcome you on board with us here at Windsor Manor.**

## July Moments of Sunshine



A small group of our Vets went and volunteered at MICA for National Hire a Vet Day.



We have been loving sweet corn season!



The outdoors in Iowa Summer has been on our side lately & we have taken full advantage!



We have enjoyed reading with our friends at Davis Elementary

### Corner of Announcements

We would like to give a heads up that we are in the works of planning our Grandparents Day BBQ which is set for September 8 @ 5pm. We have a fun entertainer for that evening. We were able to get Barefoot Becky and her band on the books. The Residents are so excited for her to be coming to our community and I know they will love to share the experience with their families.

### Smoking Success

Since August 9, 1944, Smokey Bear has urged us to prevent forest fires. The story of Smokey begins with World War II. Japanese attacks against America would reach mainland California in 1942, when a submarine fired at an oil field near Santa Barbara, inciting fears of massive forest fires along the Pacific coast. That same year, on August 9, Disney released Bambi and would later authorize the Forest Service to use its animated deer on posters urging forest fire prevention. The campaign was a success for two years until the Forest Service developed its own mascot, a bear in blue jeans wearing a ranger hat. Smokey, as he was called, was first painted by artist Albert Stahl. In 1947, Smokey would adopt the slogan "Only YOU can prevent forest fires." Then, in 2004, Smokey reunited with Bambi to produce a series of public service announcements on fire prevention.



## Ice Crème Cone Cupcakes



### Ingredients

Super Moist Rainbow Cake Mix (the mix calls for vegetable oil, water & eggs)  
Flat Bottom Ice Cream Cones  
Vanilla Frosting  
Sprinkles  
Cooking Spray  
Cupcake Liners

### Instructions

Begin by preheating the oven to 350 degrees.

Next, place the cupcake liners in a cupcake pan and spray with cooking spray. Make the cake batter as directed on the box, and then disperse the batter evenly amongst the cupcake liners, you only need to fill them  $\frac{3}{4}$  of the way.

Place an ice cream cone upside down on top of each, pushing them into the batter lightly.

Allow them to bake for 20-25 minutes. Please note that you may need to adjust the cones as the cupcakes are baking. Once done, remove from the oven and allow to cool.

Once cooled, remove the paper liners and frost each cupcake.

Top with sprinkles and serve at your next party!

## August Special Days

### Dog Month

10<sup>th</sup> @ 11:30am Montezuma  
Methodist Church Visits

10<sup>th</sup> @ 1pm Music w/ Dennis Perry

21<sup>st</sup> Senior Citizen's Day

24<sup>th</sup> @ 1:30pm Music w/ Ron B.

25<sup>th</sup>-31<sup>st</sup> Be Kind to Humankind  
Week

