

August 2021

# Windsor Manor

229 Pearl St Grinnell, IA 50112 | Phone 641-236-8700 | [www.windsor-manor.com](http://www.windsor-manor.com)



## Celebrating August Birthdays & Special Days

**Anita Ford**  
*August 1<sup>st</sup>*

**Evelyn Wiley**  
*August 3<sup>rd</sup>*

**Kathryn Elder**  
*August 8<sup>th</sup>*

**Carolyn Walters**  
*August 9<sup>th</sup>*

**International Pirate Month**

**American Adventures Month**

**Read a Romance Novel Month**

**International Clown Week**  
*August 1-7*

**Chef's Appreciation Day**  
*August 21*

**International Dog Day**  
*August 26*

## Resident Spotlight **Arlene Sloop**



Arlene was born on December 29<sup>th</sup>, 1929, to Ada and Cal Bacon in Galva Kansas. She had three siblings: Vearl, Wallace, and Velma. Her mother was a homemaker, and her dad was a carpenter contractor who would later build them a house in McPherson, Kansas. Arlene's first job was brushing an elderly neighbor's hair and teeth for a nickel a week.

Arlene married Lawrence (Larry) just before she turned 18 years old, and they had two children: Trudy and Larry Dean. She worked for many years as a bookkeeper for an oil company. As a family they loved to go boating and water skiing on the weekends. Arlene loves to visit with others, listen to music, play bingo, and likes to try new things. She has two pets; a bird named Connie and a dog named Sandy. If you see Arlene in the hallway, be sure to say hello!

## Employee Spotlight Ethan Palmer



Ethan Nicholas Palmer is 19 years old and graduated from BGM High School in 2020. He has two younger brothers, Preston and Ryan, his mom's name is Jenny, his dad's name is Greg, and his stepdad is Mike. He has two dogs and

seven cats.

What brought Ethan to working here at Windsor Manor was his stepdad, Mike, asked him to start serving in 2019. He went away to school for a year at Kirkwood and is now back to working at Windsor. He has worked at three different restaurants: Q Dogs BBQ, the Map Room, and Country Pride.

Ethan says what he loves about Windsor Manor is the residents and how they can turn any frown upside down. He defines success as living life the happiest you can. Something that might surprise you about Ethan is he loves to watch anime. He also likes playing basketball and video games with his friends.

One of Ethan's favorite quotes is, "In this world, wherever there is light-there are shadows. As long as the concept of winners exist, there must also be losers. The selfish desire of wanting to maintain peace causes wars, and hatred is born to protect love."

Ethan is always willing to lend a helping hand to anyone who needs it.

## Information



Like us on  
**Facebook**

At "WINDSOR MANOR GRINNELL"  
**Attention Friends & Family:**  
**We purchased a portal and an IPAD to video chat with your loved ones.**

[WindsorManorGrinnellPortal@gmail.com](mailto:WindsorManorGrinnellPortal@gmail.com)  
OR  
[grinnellwindsormanorft@gmail.com](mailto:grinnellwindsormanorft@gmail.com)

**Attention Family Members: The Summer is bringing back new beginnings. As many of you are aware CDC and CMS has opened visitation standards for families now if the residents are vaccinated and wait periods are completed. We are happy to welcome back families and visitors! As we slowly get back to normal, we are happy and excited to be opening our community back up to the public. With a wearing of a mask and health screening upon arrival we can now host visitations with your loved ones!**

**If you have any questions about our visitation policy call Windsor Manor at 641-236-8700**



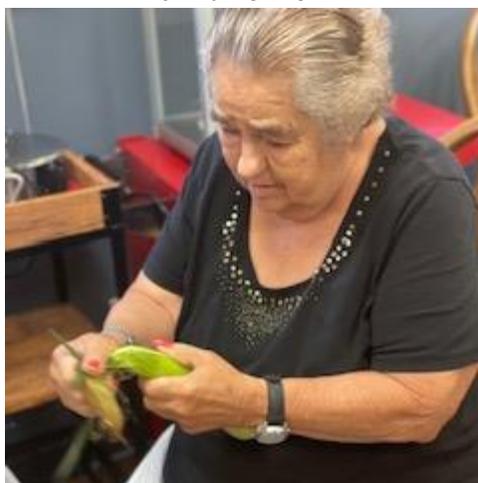
We had fun with Hawaiian Day



The guys caught a lot of fish on our fishing trip!



We went to Frontier for Breakfast and Terry enjoyed a cinnamon roll.



Margaret busy shucking corn



We made it up to Barefoot Becky and the Ivanhoe Dutchmen in Central Park.

## Strawberry Pretzel Pie

### Ingredients

- 4 cups miniature pretzels
- 6 tablespoons butter, melted
- 1/4 cup sugar
- 3/4 cup boiling water
- 1 package (6 ounces) strawberry gelatin
- 1/4 cup lemon juice
- 1-pound fresh strawberries, hulled, divided
- 2 cups heavy whipping cream, divided
- 1 jar (7 ounces) marshmallow creme
- 2/3 cup whipped cream cheese
- 2/3 cup sweetened condensed milk



Buy Ingredients [Powered by Chicory](#)

### Directions

- Place pretzels in a food processor; pulse until chopped. Add butter and sugar, pulse until combined. Reserve 1/3 cup pretzel mixture for topping. Press remaining mixture onto bottom of a greased 9-in. springform pan. Refrigerate 30 minutes.
- Meanwhile, in a bowl, add boiling water to gelatin; stir 2 minutes to completely dissolve. Stir in lemon juice. Refrigerate 30 minutes, stirring occasionally.
- Chop half the strawberries, slice remaining berries and reserve for topping. In a large bowl, beat 1 cup heavy cream until stiff peaks form. Beat marshmallow creme, cream cheese and sweetened condensed milk into cooled gelatin mixture until blended. Gently fold in chopped strawberries and whipped cream. Pour into crust.
- Refrigerate, covered, until firm, 4-6 hours. Beat remaining 1 cup heavy cream until stiff peaks form; spread over pie. Top with reserved strawberries and pretzel mixture.

**Nutrition Facts** 1 piece: 350 calories, 19g fat (12g saturated fat), 56mg cholesterol, 284mg sodium, 39g carbohydrate (30g sugars, 1g fiber), 4g protein

Happy August! It is hard to believe that July is coming to a close. Are you planning to go to the Iowa State Fair? What is your favorite thing to do there? Mine is the animals and trying the new fair food!

I just want to remind everyone that Covid is not over, so please make sure that you are wearing your masks into the building and throughout the hallways. Once you are in your loved one's apartment it is fine to remove the masks. Please make sure that you ALWAYS enter the building through the front door so you can get screened. We have gone this long without having Covid in the building, so we just need to make sure that continues. I appreciate your assistance in keeping everyone healthy and safe! Jane

"Aging has a wonderful beauty and we should have respect for that." -Eartha Kitt