

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>We will be trying to fit in some country drives depending on weather. I will post a sign-up sheet the day before.</p>	<p>1 10:30 Ball Toss 2:00 Craft Club</p>	<p>2 10:30 Chair Exercises 2:30 Bingo</p>	<p>3 10:30 Resistance Bands 2:00 Nail Salon</p>	<p>4 10:30 Ball Toss 1:00 Donut Social</p>	<p>5 10:30 Chair Exercises 1:00 Prize Bingo 2:30 Social Hour</p>	<p>6 Activity Cart will be available in the sunroom.</p>
<p>7 Activity Cart will be available in the sunroom. <small>Daylight Saving Time Ends</small></p>	<p>8 10:30 Ball Toss 2:00 Cooking Club</p>	<p>9 10:30 Chair Exercises 2:30 Bingo</p>	<p>10 10:30 Resistance Bands 2:00 Nail Salon</p>	<p>11 10:30 Ball Toss 2:00 Make Our Thankful Tree <small>Veterans Day Remembrance Day (Canada)</small></p>	<p>12 10:30 Chair Exercises 1:00 Prize Bingo 2:30 Social Hour</p>	<p>13 Activity Cart will be available in the sunroom.</p>
<p>14 Activity Cart will be available in the sunroom.</p>	<p>15 10:30 Ball Toss 2:00 Craft Club</p>	<p>16 10:30 Chair Exercises 2:30 Bingo</p>	<p>17 10:30 Resistance Bands 2:00 Nail Salon</p>	<p>18 10:30 Ball Toss 2:00 Painting Class</p>	<p>19 10:30 Chair Exercises 1:00 Prize Bingo 2:30 Social Hour</p>	<p>20 Activity Cart will be available in the sunroom.</p>
<p>21 Activity Cart will be available in the sunroom.</p>	<p>22 10:30 Ball Toss 2:00 Cooking Club</p>	<p>23 10:30 Chair Exercises 2:30 Bingo</p>	<p>24 10:30 Resistance Bands 2:00 Nail Salon</p>	<p>25 Happy Thanksgiving!!  <small>Thanksgiving Day</small></p>	<p>26 10:30 Chair Exercises Pizza Lunch and Birthdays 1:00 Prize Bingo</p>	<p>27 Activity Cart will be available in the sunroom.</p>
<p>28 Activity Cart will be available in the sunroom. <small>Hanukkah Begins</small></p>	<p>29 10:30 Ball Toss 2:00 Craft Club</p>	<p>30 10:30 Chair Exercises 2:30 Bingo</p>	<p><b>November 2021</b> Assisted Living Activity Calendar</p>			