

Employee Spotlight

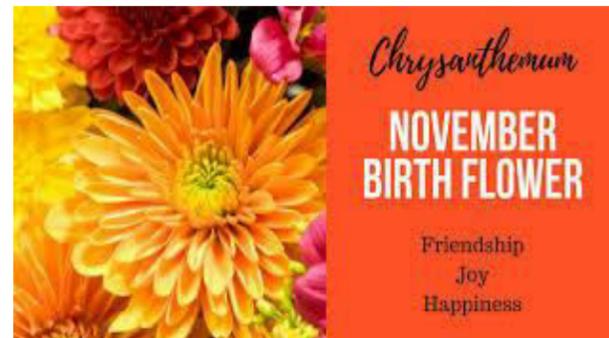
One of our newest employees here at Windsor Manor is Karina Nochvay. Karina grew up here in Indianola. She has five brothers and two sisters. Some of Karina's hobbies are shopping, church, racquetball, spending time with family, and hanging out with her friends. Her favorite place to go on vacation to is Panama City, FL. One thing that Karina really enjoys about working at Windsor Manor is getting to talk and spend time with the residents. We are very excited to have her as a part of our community.



November Birthdays

In astrology, those born from November 1–21 are Scorpions of Scorpio. Scorpions are passionate, dedicated, and resourceful. Scorpions may seem intimidating, but they are just no-nonsense people who value honesty and loyalty above all else. Those born from November 22–30 are Archers of Sagittarius. The Archers are the travelers of the zodiac, curious and energetic, with open minds craving new experiences and challenges.

Mildred Amos	Nov. 8 th
Mildred Dennis	Nov. 23 rd
Richard Alexander	Nov. 27 th
Melvin Mitchell	Nov. 28 th



Windsor Manor

Windsor Manor Assisted Living, 608 South 15th Street Indianola, IA 50125 (515) 961-8900



Celebrating November



World Chili Day
November 6

Veterans Day
November 11

International Men's Day
November 19

Game & Puzzle Week
November 21–27

Thanksgiving Day
November 25

Hanukkah
November 28–December 6

Mason Jar Day
November 30

Resident Spotlight

We would like to welcome Clemmie Hoch to his new home. Clemmie is from Lacona, Ia. Clemmie comes from a family with six brothers and six sisters. Clemmie and his wife, Leona has five children and four grandkids. He worked at Maytag for many years and enjoyed his job very much. Some of Clemmie's hobbies are fishing, hunting, and going to Knoxville Raceway. He always likes to vacation to places where he can go River Fishing. Clemmie said one of his favorite things about Windsor Manor is the good meals. If you see him passing by, say hello and welcome him to Windsor Manor. Clemmie likes to visit with people, and he said he would enjoy making new friends.



We Are Never Alone

A boy is about to begin the youth's rite of passage.

His father takes him into the forest, blindfolded, and leaves him alone. He is required to sit on a stump for the entire night and not take off the blindfold until the ray of sun shines through it. He is all by himself. He cannot cry out for help to anyone. Once he survives the night, he then becomes a man.

He cannot tell the other boys of this experience. Each boy must come into his own manhood.

The boy was terrified and could hear all kinds of noise. It seemed like beasts were all around him. Maybe even some human would hurt him. The wind blew the grass and earth, and it shook his stump. But he sat stoically, never removing the blindfold. It would be the only way he could become a man.

Finally, after a horrific night the sun appeared, and he removed his blindfold. It was then that he saw his father sitting on the stump next to him, keeping watch for the entire night.

We are never truly alone. Even when we do not know it, our family and friends are watching out for us, sitting on a stump beside us.

-Author Unknown



World Kindness Day is a global day that promotes the importance of being kind to each other, to yourself, and to the world. This day, celebrated on November 13 of each year, has the purpose is to help everyone understand that compassion for others is what binds us all together. Wear blue on World Kindness Day!!!

