

Employee Spotlight



I would like to introduce Kayla Wessel as one of our newest staff members. Kayla was born in Texas and moved to Iowa when she was 10. She now lives in Indianola and has one older brother and 1 younger sister. She has two children, a son that is 10 and a daughter that is 7 with 2 dogs and 1 cat and a wonderful husband. In Kayla's free time she loves to go camping, the pool and golf dates with her husband, along with fishing trips with the family. Kayla said her favorite thing about working here at Windsor Manor is everyone she has met is super friendly. Kayla, we want to extend our sincere welcome to you. We are so excited to have you as part of are team!

July Birthdays

Join us in wishing our residents and staff a very happy birthday!

- Dorothy Warren 7/6**
- Payton Belt 7/15**
- Callie Robins 7/17**
- Nancy Schooler 7/21**
- Judy Jensen 7/25**
- Ana Garcia 7/25**
- Maxine Lee 7/27**
- Anita Garbuzov 7/28**
- Reagan Swanson 7/31**



Follow us on Facebook!

Check out the latest happenings at our community Facebook page where we have photos, videos and more!

Windsor Manor

Windsor Manor Assisted Living, 608 South 15th Street Indianola, IA 50125 515-961-8900



Celebrating July

Anti-Boredom Month

Women's Motorcycle Month

World Watercolor Month

Canada Day

July 1

Roswell UFO Days

July 1-3

Independence Day (U.S.)

July 4

Bastille Day (France)

July 14

"Wrong Way" Corrigan Day

July 17

World Chess Day

July 20

Day of the Cowboy

July 24

World Lumberjack Championships

July 29-31

World Ranger Day

July 31

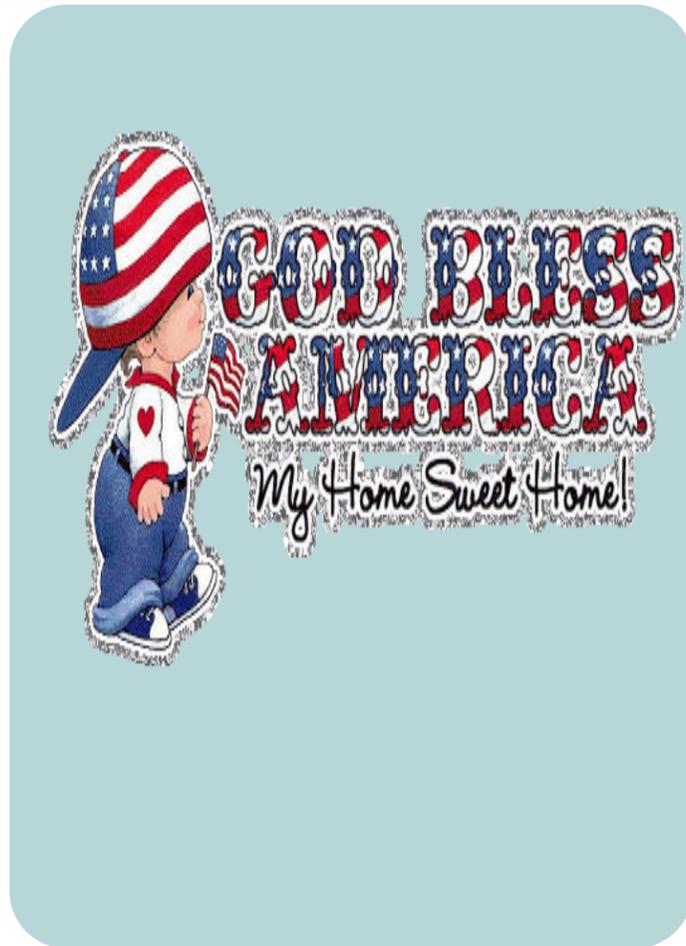
Resident Spotlight



Denice Groomes has joined us this past month and is settling in quite well and enjoys watching out her window at the hot air balloons. Denice grew up South of Nevada Iowa on a farm. Denice has 3 brothers one son and 2 grandsons. She worked many years with National Veterinary Service laboratory. Denice also enjoyed travelling out west to San Francisco and seeing Mount St Helens and loves watching the hot air balloons. Her favorite hobbies are reading and watching movies by Stephen King. Denice said what she likes best about being here is having breakfast in her room.

A Note From Lyuba

Dear Residents,
 July month will be filled with some exciting events such as 4th of July celebrations and Warren County Fair. We will be making a fun meal on the 4th for you to enjoy and when it comes to the fair, I encourage you to help us while we participate in it. We will be having a table set up in one of the barns, giving out water bottles and other goodies. This will be a great opportunity for you to see some familiar faces and interact with the public. Let us know if you're interested in sitting at the table with us!
 Enjoy this wonderful season of warm sunny days, blooming flowers, and happy faces. Thank you for being here with us at Windsor Manor.



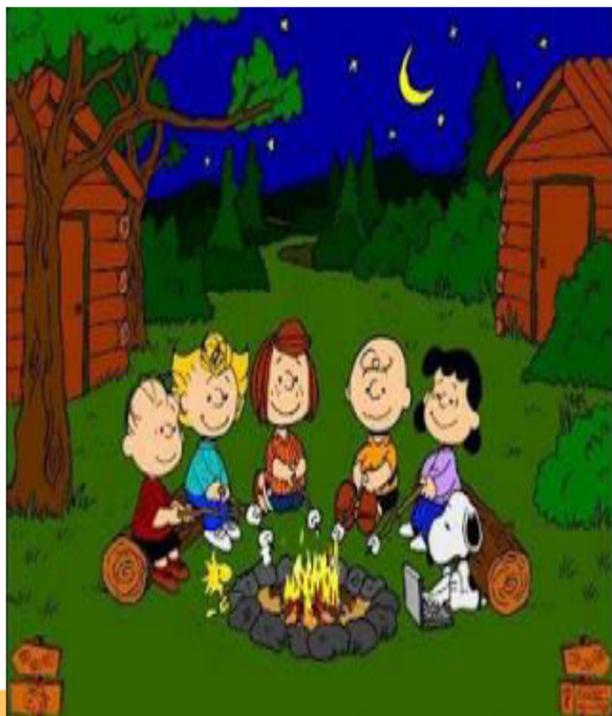
Caught in the Act-ivity!



The residents love a game of Bingo!



Making memories around the campfire!



Hello summer!



The Science of Sunsets



The third week in July is Capture the Sunset Week, a week to appreciate the gorgeous hues of the setting sun. The colors of a sunset

are the result of a process called scattering. Particles in the atmosphere alter the direction of sunlight. When the sun is low on the horizon, such as at sunset, light has farther to travel and more opportunities to scatter. Sometimes, short-wavelength light that produces blue or violet colors is so scattered that it is lost altogether, leaving only warmer light colors such as brilliant reds and oranges. These are the dramatic colors we love in a sunset. Dust, pollution, moisture, wind, and clouds often scatter the entire spectrum of light, causing colors to dull. Clean air is the best ingredient for beautiful sunsets.