

Employee Spotlight



I would like to introduce Jade James as one of our newest staff members. Jade was born and grew up in Melcher-Dallas. She has 6 siblings, Kylie, Coltyn, Colby, Elexus, Onyx and Jasper. She also has 4 dogs, Star, Zero, Sugar and Cinder. Her favorite vacation spot is South Carolina. Jade's favorite hobbies are band and spending time with her family and friends. Jade said her favorite things about working here at Windsor Manor are forming bonds with the residents and coworkers. Lets all welcome Jade to our team!

September Birthdays

In astrology, those born from September 1–22 are Virgo's Virgins. Virgos pay attention to details and like to keep things organized. Their deep sense of humanity and love for others makes them defenders of justice, goodness, and purity. Those born from September 23–30 balance the scales of Libra. Peaceful and fair, Libras value balance and symmetry. For this reason, they often champion justice and equality. Using tact and calm, they resolve conflicts among family and friends.

Vera Ilnitsky 9/10
Lyuba Vitale 9/19
Kaylee Houston 9/21
Shirley McPherson 9/2
Hazel Teas 9/13
Naomi Johnson 9/17
Kent Ruble 9/19
Ellisene Kuchan 9/21
Donald Morrison 9/21



Follow us on Facebook!

Check out the latest happenings at our community Facebook page where we have photos, videos and more!

Windsor Manor

Assisted living, 608 S 15th St Indianola, IA 515-961-8900

Celebrating September

Intergeneration Month

Hispanic Heritage Month

Sewing Month

World Beard Day

September 4

Labor Day (U.S.)

September 6

Wonderful Weirdos Day

September 9

Patriot Day

September 11

Yom Kippur

September 15

(Begins at sundown)

International Country Music Day

September 17

One-Hit Wonder Day

September 25

Fall Foliage Week

September 26–October 2

Ancestor Appreciation Day

September 27

Resident Spotlight



Mark Schroeder has joined us this past month and is enjoying his room and meeting all the new residents. He grew up in Dubuque Iowa. Mark was the youngest sibling and has a brother Dave and a sister Jane. Mark was a welder for 25 years before retiring. He said his favorite vacation spot was at Backbone State Park staying in the cabins. His hobbies are listening to hard rock music and watching TV. Mark said some of his favorite things about Windsor Manor are sitting in the Courtyard and visiting with all the residents. Let's all help welcome Mark to Windsor Manor.

Notes from Lyuba



First, the News

On September 25, 1690, the first newspaper in America was published. Sadly for publisher Benjamin Harris, his *Publick Occurrences Both Foreign and Domestick* lasted for just one edition before British censors shut it down. Harris was the owner of Boston's London Coffee-House, an establishment frequented by the city's intellectual elite. The cafe was the premier venue for sharing news of the world and debating the philosophies of the era. Harris, a savvy businessman, knew he had a captive audience for his monthly publication. But Harris was also a known rabble-rouser. He had published inflammatory pamphlets in England before fleeing to the colonies to evade fines and imprisonment. Harris would eventually return to London and the news business, publishing his *London Post* from 1699 to 1706.

Free Money



It may sound crazy, but on September 15 people all over the world will hand out their own hard-earned money to complete strangers. This is Free Money Day, a day to show the world that generosity is always better than self-interest.

This holiday was invented in 2008 after America's financial crisis. International groups dedicated to economic equality thought that it was time for humans to reevaluate their relationship with money. While a certain amount of money is vital for securing basic needs, research shows that large amounts of money do not improve an individual's well-being or overall happiness. The overarching drive to secure wealth may actually be destructive to society and the planet. On Free Money Day, give two banknotes to a stranger. Encourage them to keep one and pass the other on to another stranger. Some give money away digitally through online apps like Venmo. Your generosity is bound to awe your recipient.



June and Mel took first and second place at the Warren County fair this year! They both did an amazing job and Windsor Manor received the Sweepstakes for the adult coloring contest! 😊 We have so many talented residents here! 😊😊



Master Class in Classical Music

September is hailed as Classical Music Month, but what exactly is classical music? Some historians estimate the beginning of Western music to around 1000 AD when plainsong or Gregorian chanting was the traditional music of the Church. Centuries passed, and harmony and melody evolved so that multiple voices or sounds could complement each other. By the Renaissance, this music moved out of the church and into the royal courts and noble manors of Europe. Composers, freed from strict Church conventions, could experiment. By the 1500s, their elaborate musical compositions could be printed in books, allowing both singers and players to "weave" their multiple musical parts together.

Opera became popular in Italy in the late 16th century and with it the *sonata*, instrumental interludes dominated by predictable chordal patterns and rhythms. This led to ever-larger orchestras. At last, in the 17th century, the Baroque masters of classical music—Vivaldi, Bach, Handel—composed complex, masterful concertos. Mozart, Haydn, Beethoven, and Chopin would follow, establishing classical music as both an era and enduring genre.

