

Sunday                      Monday                      Tuesday                      Wednesday                      Thursday                      Friday                      Saturday

# November 2023

November Birthday's: Lori R: 11/10, George M: 11/16, John W: 11/22, Alfred M: 11/23, Rodney F: 11/25, and Lila A: 11/30

<p>AM: dress, meds, b-fast, TV time/relaxing, brush teeth, walk about, puzzles 8AM: Morning Greetings</p> <p>Afternoon: lunch, relaxing, walk about, puzzles</p> <p>PM: Supper, TV time, relax, PJ's, brush teeth, ball toss</p>	<p>AM: dress, meds, b-fast, TV time/relaxing, brush teeth, walk about 8AM: Morning Greetings 11AM: Jokes, Devotions, and Exercise</p> <p>Activity: Football Toss PM: Supper, TV time, PJ's, brush teeth, ball toss</p>	<p>AM: dress, meds, b-fast, TV time/relaxing, brush teeth, walk about 8AM: Morning Greetings 11AM: Jokes, Devotions, and Exercise</p> <p>Activity: Coloring Activity PM: Supper, TV time, PJ's, brush teeth, ball toss</p>	<p>AM: dress, meds, b-fast, TV time/relaxing, brush teeth, walk about 8AM: Morning Greetings 11AM: Jokes, Devotions, and Exercise</p> <p>Activity: Ring Toss PM: Supper, TV time, PJ's, brush teeth, ball toss</p>	<p>AM: dress, meds, b-fast, TV time/relaxing, brush teeth, walk about 8AM: Morning Greetings 11AM: Jokes, Devotions, and Exercise</p> <p>Activity: Music/Reminiscing PM: Supper, TV time, PJ's, brush teeth, ball toss</p>	<p>AM: dress, meds, b-fast, TV time/relaxing, brush teeth, walk about 8AM: Morning Greetings 11AM: Jokes, Devotions, and Exercise</p> <p>Activity: <b>Entertainment</b> PM: Supper, TV time, PJ's, brush teeth, ball toss</p>	<p>AM: dress, meds, b-fast, TV time/relaxing, brush teeth, walk about, puzzles 8AM: Morning Greetings</p> <p>Afternoon: lunch, relaxing, walk about, puzzles</p> <p>PM: Supper, TV time, relax, PJ's, brush teeth, ball toss</p> <p><small>Remembrance Day (Canada)</small></p>
<p>AM: dress, meds, b-fast, TV time/relaxing, brush teeth, walk about, puzzles 8AM: Morning Greetings</p> <p>Afternoon: lunch, relaxing, walk about, puzzles</p> <p>PM: Supper, TV time, relax, PJ's, brush teeth, ball toss</p> <p><small>Diwali (Hindi)</small></p>	<p>AM: dress, meds, b-fast, TV time/relaxing, brush teeth, walk about 8AM: Morning Greetings 11AM: Jokes, Devotions, and Exercise</p> <p>Activity: Bowling PM: Supper, TV time, PJ's, brush teeth, ball toss</p>	<p>AM: dress, meds, b-fast, TV time/relaxing, brush teeth, walk about 8AM: Morning Greetings 11AM: Jokes, Devotions, and Exercise</p> <p>Activity: Movie/Popcorn PM: Supper, TV time, PJ's, brush teeth, ball toss</p>	<p>AM: dress, meds, b-fast, TV time/relaxing, brush teeth, walk about 8AM: Morning Greetings 11AM: Jokes, Devotions, and Exercise</p> <p>Activity: Thanksgiving Activity PM: Supper, TV time, PJ's, brush teeth, ball toss</p>	<p>AM: dress, meds, b-fast, TV time/relaxing, brush teeth, walk about 8AM: Morning Greetings 11AM: Jokes, Devotions, and Exercise</p> <p>Activity: Manicures PM: Supper, TV time, PJ's, brush teeth, ball toss</p>	<p>AM: dress, meds, b-fast, TV time/relaxing, brush teeth, walk about 8AM: Morning Greetings 11AM: Jokes, Devotions, and Exercise</p> <p>Activity: <b>Entertainment</b> PM: Supper, TV time, PJ's, brush teeth, ball toss</p>	<p>AM: dress, meds, b-fast, TV time/relaxing, brush teeth, walk about, puzzles 8AM: Morning Greetings</p> <p>Afternoon: lunch, relaxing, walk about, puzzles</p> <p>PM: Supper, TV time, relax, PJ's, brush teeth, ball toss</p>
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