

July 2021

Windsor Manor

229 Pearl St Grinnell, IA 50112 | Phone 641-236-8700 | www.windsor-manor.com

Celebrating July Birthdays & Special Days

World Watercolor Month

Independence Day (U.S.)

July 4

Ray Landt

July 4th

Bob DeDecker

July 7th

Doris Weaver

July 7th

Amber Reed

July 29th

Courtney Heckman

July 31st

Day of the Cowboy

July 24

World Lumberjack Championships

July 29–31

World Ranger Day

July 31

Resident Spotlight **Dennis Anderson**



Dennis Anderson was born in Alexandria, Minnesota on March 27th, 1932, to Gertie and Joseph Anderson. He had one younger sister, Lois Joan, and they lived on a farm just west of Evansville, Minnesota. His mother was a housewife and his father a farmer. Dennis remembers helping with all the daily chores on the farm and getting his first real job selling seed corn.

Dennis married his first wife, Darlene, in 1953 and after she passed in 2015, he married Joy in 2016. He worked as a supervisor at Cargill Seed for many years and is a member of the Elks and the Rotary Club. He enjoys going for rides, musical entertainment, and visiting about the past. He also likes to be the caller for bingo.

Employee Spotlight Amber Reed



Amber is the Activity Director and has been here at Windsor Manor for four years. She was born in Winfield, Kansas but grew up in Jefferson, Iowa. She moved to Grinnell four years ago when she was hired here at Windsor. She has two brothers and 3 sisters. She is doing

her best raising her four-month-old son Garrison John.

What brought Amber to Windsor Manor is after working as the activity director in a nursing home for three years previous and loving the work she was doing but wanted a fresh start in a new town. She loves putting smiles on residents faces and forming a relationship with each resident getting to know them. She loves to learn of the life they have lived and strives to make their daily living enjoyable as possible.

Amber defines success as, "Looking back and remembering all the lives I have been able to touch in some way and knowing I did the best I can."

Something that might surprise you about Amber is she has 16 nieces and nephews and a few great nieces and nephews now.

One of Amber's favorite quotes is "Keep looking up...that's the secret of life." -Charlie Brown

Three things that describe Amber is: funny, caring, and always laughing. Her interests include making memories with her son, spending time with family and friends, and being outside.

Information



Like us on
Facebook

At "WINDSOR MANOR GRINNELL"
Attention Friends & Family:
We purchased a portal and an IPAD to video chat with your loved ones.

WindsorManorGrinnellPortal@gmail.com
OR
grinnellwindsormanorft@gmail.com

Attention Family Members: The Spring is bringing back new beginnings. As many of you are aware CDC and CMS has opened visitation standards for families now if the residents are vaccinated and wait periods are completed. We are happy to welcome back families and visitors! As we slowly get back to normal, we are happy and excited to be opening our community back up to the public. With a wearing of a mask and health screening upon arrival we can now host visitations with your loved ones!

If you have any questions about our visitation policy call Windsor Manor at 641-236-8700



Joan enjoying a treat for National Donut Day



Margaret & Evelyn busy making strawberry rhubarb pie



We had fun with our new target game!



Out for breakfast at A&M Café



Doris enjoying Jamie visiting.



Had a wonderful time at the ICUB's Game

Strawberry Shortcake

Ingredients



Lemon Cornmeal Biscuits

- 2 cups all-purpose flour
- $\frac{3}{4}$ cup medium-grind cornmeal
- $\frac{1}{3}$ cup cane sugar
- $2\frac{1}{2}$ teaspoons baking powder
- $\frac{3}{4}$ teaspoons sea salt
- $\frac{1}{2}$ cup coconut oil, hardened and cut into small pieces
- 2 tablespoons lemon zest
- 2 tablespoons lemon juice
- 2 eggs, beaten
- $\frac{1}{4}$ cup almond milk, more for brushing
- Coarse sugar, for sprinkling, optional

for assembly

- 3 cups strawberries, sliced
- 2 cups whipped cream or coconut whipped cream
- Mint leaves, optional

Instructions

1. In a medium bowl, whisk together the flour, cornmeal, sugar, baking powder, and salt.
2. Using your hands, work the coconut oil in until the mixture resembles coarse sand. Add the lemon zest, lemon juice, eggs, and milk and mix until just combined. The dough will be more moist and pliable than traditional biscuit dough.
3. Turn the dough out onto a lightly floured piece of parchment paper and pat into a $\frac{1}{2}$ -inch-thick rectangle. Fold the dough into thirds and pat or roll again until 1-inch thick. Freeze for 20 minutes.
4. Preheat the oven to 400°F and line a baking sheet with parchment paper.
5. Remove the dough from the freezer and use a $2\frac{1}{2}$ -inch round biscuit cutter to cut out 3 to 4 biscuits. Re-roll the scraps as necessary to cut out 8 1-inch thick biscuits. Place the biscuits on the baking sheet.
6. If desired, brush the tops of the biscuits with a little almond milk and sprinkle with coarse sugar.
7. Bake 16 to 18 minutes or until golden brown around the edges.
8. Assemble the strawberry shortcakes with the biscuits, strawberries, cream, and mint, if desired.

Happy Independence Day to you all! We are planning to have a float in the Grinnell 4th of July parade. If you would be interested in joining your loved one on the float, let us know! We will plan to decorate the float around 1-1:30, line-up will be 3:30 and then parade will begin at 5:00.

We had a great turnout for the BBQ. Mike and Tony did an excellent job with the food! We hope all that came enjoyed themselves.

I do not have any updates with Covid-19 at this time. I hope that the new strain stays away! I encourage all to get their vaccinations so we can all relax a little.

Take Care and enjoy your summer! Janee Eisele, ED