

## For the Love of Reading

While couples are courting each other with the perfect valentines on February 14, local libraries are wooing their local communities on Library Lovers' Day. Citizens have always appreciated their local libraries, but on this day, libraries show that the feeling is mutual.



Library patrons, how do your libraries love thee? Let us count the ways. One library hosted a couple that renewed their wedding vows after 40 years of marriage. Another library held a "blind date with a book" party, where borrowers were hooked up with mystery books. The staff

of another library dressed up as characters from Jane Austen's novel *Pride and Prejudice*, held a tea party for borrowers, and read excerpts from the book.

Why do we develop such emotional connections with books? Is it because we love learning new things? Books can teach us anything and everything, from cooking to space travel to macroeconomics. Do we love the way they inspire our imagination to take flight? We think we have only one life to live, but through books we inhabit other lives and even other worlds. Reading allows us to explore an infinite variety of paths in life. Reading is not a passive act but an intensely challenging mental act. It is as good for our brains as exercise is for our bodies. Regardless of your reason for loving books, instead of taking your loved one out to a restaurant this Valentine's Day, consider taking them to a library.

Looking for more reasons to indulge your love of literature? February 9 is Read in the Tub Day. How do you keep the pages from getting wet? Simply place a plank or caddy over the tub to rest your book and your rubber ducky on. Just remember not to take those library books into the bath with you!

## February Birthdays

Rosemary Brimmer Feb. 9<sup>th</sup>  
Barbara Mendenhall Feb. 12<sup>nd</sup>  
Jen Johnson Feb. 16<sup>th</sup>  
Rachel Halstrum Feb. 22<sup>nd</sup>



My uncle named his dogs **Timex** and **Rolex**. They're his watch dogs.

Which is faster, **hot or cold**? Hot, because you can catch cold.

What do you call a **pony with a sore throat**? A little horse.

**I'm so good at sleeping** I can do it with my eyes closed!

How do **celebrities** stay cool? They have many fans.

February 2024

# Windsor Manor

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## Celebrating February

**Bird Feeding Month**

**Spunky Old Broads Month**

**Women Inventors Month**

**Engineers Week**  
February 18–24

**Change Your Password Day**  
February 1

**Liberace Day**  
February 4

**Chinese Lunar New Year's Day**  
February 10

**Super Bowl Party at WM**

**February 11**

**Galentine's Day**  
February 13

**Valentine's Day**  
February 14

**Presidents' Day**  
February 17

**For Pete's Sake Day**  
February 26

**Leap Day**  
February 29

## Meet Our New Resident



**George Headrick** was born in the state of Missouri. He has two sisters and four brothers. George grew up on the farm, helping milk the cows, split the wood, grew peanuts and popcorn on a farm. He loved his dog Rags. For Christmas they exchanged the harvest with their cousins for the fruits. That was the gift they received for the whole family. Very neat idea!

George served two years in the army in Alaska. For their vacation, he loved to visit his grandparents. His hobbies were fishing, making wood toys, painting, playing bingo and socializing with family and friends.

George was happily married to his wife Daisy for 53 years. They have three daughters, one son, 13 grandchildren and five great-grandchildren.

George is a great person to talk to. Visit with him anytime you can, he will be glad to make you smile. Welcome to Windsor Manor, George!



## Meet Trent, His Wife & Daughter



Trent will do a Bible Study Lessons at Windsor Manor two Fridays a month. He is really excited for his new calling. He also offers free personal one on one Bible Studying with our residents. If you are interested in one on one Bible Study, let Mila know.

## Activities Corner



**Positive Thinking** My command is this: Love each other as I have loved you. [John 15:12](#)

Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs.

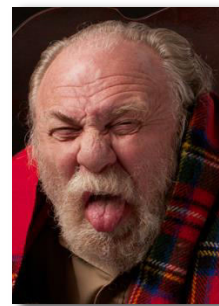
[1 Corinthians 13:4-5](#)

Let the morning bring me word of your unfailing love,  
for I have put my trust in you.  
Show me the way I should go,  
for to you I entrust my life. [Psalm 143:8](#)

And now these three remain: faith, hope and love. But the greatest of these is love. [1 Corinthians 13:13](#)

## Spreading Sunshine

Is there someone in your life who is a perpetual grouch? Are they forever grumpy? Is every day a bad day? February 16 may be your day to help them. It's Do a Grouch a Favor Day.



Hunger is a definite biological cause of grouchiness. Perhaps the best favor you can do for a grouch is bake them a treat or buy them lunch. Some people are grouchy first thing in the morning. The grouch might say they're "not a morning person," but this grouchiness may have a biological cause. Some suffer a groggy period after waking up that is called the "sleep inertia" phase. It takes from five to 30 minutes for a person to feel awake. If someone is an interminable grouch, perhaps the biggest favor you can do for them, and yourself, is leave them alone.

## HAPPY VALENTINE'S DAY!



Grandparents are such a blessing, and this poem by [Ricky R. Hernandez](#) captures the essence of how grateful we are to have them. It feels good to have these angels in our lives.

*Grandma, I wonder where you keep your wings.*

*Are they hung in your closet with the rest of your things?*

*Do you put them away and just use them at night or give them to Rosie to polish up bright? I know you have wings, for this must be true, 'cause God always gives them to angels just like you.*



*From early in the morning,*

*Until I go to sleep each day,*

*I know my grandparents love me, In a very special way.*

*Sometimes it's tea and crackers,*

*Sometimes a walk in the park,*

*Sometimes it's just a hug when I'm scared and in the dark.*

*I love to hear their stories,*

*About the past and where they're from,*

*And I know their hearts are filled for me,*

*With never-ending love.*

## The Art of Being Humble

February 22 prefers not to call attention to itself. It is Be Humble Day, a day not to brag, boast, or call attention to your accomplishments. The words *humble* and *humility* come from the Latin word *humus*, which means "earth," literally the dirt beneath our feet. To be humble is to have a modest estimate of one's own worth and to never have a superior attitude over others. Humility is perhaps the greatest of virtues.

In our loud, proud, and power-driven society, humility can be viewed as a weakness. However, humility has often proven to be a leader's greatest strength. Humility comes from the self. Humility is also attractive to others, often because a good and humble leader will sacrifice personal gain for the benefit of the entire group. Humble leaders also do not create their identity from their accomplishments. Identity and accomplishment are entirely separate. This is why a humble leader will remain flexible. When their choices are criticized, they do not take it personally but rather are willing to learn from their mistakes. Taking a day to be humble may make us all stronger leaders, whatever our tasks.

## Get Ready to LOL



February 8 is Laugh and Get Rich Day. If only it were that easy! Gelotology is the psychological study of laughter, and scientists are still trying to figure out just why we laugh. Laughter involves many different parts of the brain as well as the coordination of many muscles. Laughing 100 times is equal to 15 minutes of exercise on a bike. It's a total body workout, with all the physical and psychological health benefits to boot. So, while laughter may not fill our bank accounts, it certainly enriches our lives.