

March 2024

Windsor Manor

229 Pearl St. Grinnell, IA. 50112 | Phone number 641-236-8700 | www.windsor-manor.com



March Birthdays

3rd Hazel Sig-Hester

9th Beverly Starrett

12th John Lahn

22nd Jessica Spencer

26th Tony Dillon

29th Gordon Loudon



Resident Spotlight **Frances Elliot**



Frances Rebecca Greene Elliott was born in rural Deep River, IA. on July 3, 1937, to Ellys and Aivada Greene. They lived on Hwy 85 west of Deep River, IA. on a gravel road. Frances' mother was a housewife, and her father was an electrician. She was the youngest of three children. They had a grand childhood as she recalls with many memories made with her grandparents and extended family. Frances attended school in Deep River and played basketball. She was responsible for milking the cows on their farm.

Frances loved attending square dances. Which is where she met Marion Elliott in Deep River. They later married and she recalls on their wedding the ringing of the bells and the pastor saying, "just like life, there will be ups and downs." To the Elliott's union they had six children. Charla Elliott - Florida, Lyndon (Lolita)- Iowa City, Loren (Teresa) – Montezuma, Lance (Sara) – Minnesota, and Carrie (Bryan) – Montezuma, Kathy deceased. She has 18 grandchildren and many great-grandchildren. Her lifetime occupation was a bookkeeper, and she was also responsible for payroll. Frances has traveled all over the world from Michigan, Arizona, Florida, Spain, Philippines, DC, Panama Canal, and a few cruises. Her hobbies include cooking, music, sports, dancing, and canning. Frances was also a member of the Legion Auxiliary and was also involved at the Jackson Church of Christ in Montezuma. We welcome you to Windsor Manor, Frances.

Employee Spotlight **River Webb**



River Webb recently moved back to Montezuma from Florida. He has three brothers and two sisters. He is also blessed with two close friends, Joe and Jeslyn, who he has lived with since the passing of his mother in 2022. River loves spending quality time with those he is closest to and also enjoys reading, writing, and listening to all genres of music.

River has four years' experience as a CNA and is no stranger here at Windsor Manor he worked here previously before he moved to Florida. He said if he had to describe Windsor Manor in two words, they would be connection and willingness. River said he feels coworkers do their best to jump in and help when needed. He also loves building a positive and professional rapport with the Residents. We are all blessed having you back and working with us here at Windsor Manor River. We welcome you back.

Easter Egg Hunt

Join us Saturday, March 23rd, at 10 AM for our Easter Egg Hunt.



**SPRING
FORWARD**
Set your clocks ahead one hour
Sunday
March 10, 2024



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A Winter Farewell

The first day of spring is a common reason for celebration for people all over the world, but the students at Lake Superior State University in Michigan may have taken it too far. Every March 20 since 1971, the students have bid farewell to winter by burning a snowman. This isn't just some wacky college prank; the bizarre tradition began in Germany as the Rose Sunday Festival, where a parade bearing a snowman (made of straw) passes through town to the village center. There, the mayor asks all the local children if they have been good, diligent in their studies, and mindful of their parents. When all the children publicly shout "Yes!" the snowman is burned.

The 10-foot snowman is made of leftover paper and scrap wood and is sometimes dressed in a rival college's colors. As it burns, students, professors, local children, and anyone else who cares to join in recite poetry they have written about the snowman. Only one year has been skipped since the tradition began. A snowman was not burned in 1992, due to environmental concerns by a student environmental awareness group. Locals were furious. Disappointed reporters arrived to find poetry but no snowman, and the tradition was resumed the following year.



Windsor Manor Valentines King And Queen!!



February Corner of Sunshine!



Shamrock Shake Cupcakes



Ingredients:

- ☐ 1 box 15.25oz/432g white cake mix
- ☐ 3 large egg whites
- ☐ 1 cup 237ml water
- ☐ 1/3 cup 79ml vegetable oil
- ☐ 1/4-1/2 teaspoon mint or peppermint extract see note
- ☐ 1/2 teaspoon green food coloring
- ☐ 2 cups 474g heavy whipping cream
- ☐ 4 tablespoons instant vanilla pudding mix
- ☐ Green sprinkles optional
- ☐ Maraschino cherries optional

Instructions:

Preheat oven to 350°F. Line cupcake pans with liners.

Place cake mix, egg whites, water, oil, and extract in a large bowl. Whisk vigorously or use a hand mixer to beat until smooth. Add food coloring and stir in carefully.

Fill liners 2/3 full. Bake for 15-18 minutes, or until a toothpick comes out clean. Cool completely before frosting.

To make frosting: beat whipped cream with a hand or a stand mixer on high speed.

Gradually add the pudding mix and beat until stiff peaks form.

Frost cupcakes (I used a 1M tip) and top with sprinkles and/or a cherry.

March Special Days

11th National Napping Day – Count me in 😊

14th Music w/ Denni Perry

19th Tea for Two Tuesday

21st Music w/ Ron B.

21st Memory Day

23rd Easter Egg Hunt @ 10am



