Windsor Wire February 2024

Windsor Manor Webster City – 1401 Wall Street Webster City, IA 50595 – 515-832-1188



IN THIS ISSUE

Editor's Desk	2
Month in Review	3
Upcoming Events	5
February Calendar	6
February Birthdays	8
Write a Love Poem	9
Noticeboard	10
Laughing Matters	12
Spotlight	13
Crossword	14
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Office Manager – Brianna Westendorf
Director of H&W – Bekah Jefferson
Dietary Director – Keagyn Lennon
Activities Director – Sydney Beem
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Editor's Desk

Hello Residents, Families and Friends!

Can you feel the love this month? It's impossible to not feel your heart beat a little faster and feel thankful for those around you when you're surrounded by red and pink decorations, tales of Cupid, and boxes of chocolate lining the shopping aisles. We will be having Ron Smith with us on February 8th. The Resident Council meeting is on the



13th. We will be having a Valentine's lunch on the 14th at 11:30am followed by a party at 2:00pm. We will be having John Laird back with us on the 21st. As always if you have any questions, comments, concerns, or suggestions please leave a note on my desk.

Wishing you all the love this month and beyond,

Sydney Beem

February Trivia

2024 is a leap year! This means you'll find an extra day in February this year. What will you do with it?

Zodiac signs: **Aquarius & Pisces**Birthstone: **Amethyst**Flower: **Primrose**

Something to Think About

Who, or what, is the greatest love of your life?

What We've Been Up To

End of the Month Birthday Party

Virgil, Elsie, Pat, and Norma playing dominoes for the end of the month birthday party.



Myrt and Jerry B Crowd

Betty, Alfred, Norma, Lila, and Kathy enjoying music played by Myrt and Jerry.

New Year's Eve Party

Martha, Karen, Clara, and Sue enjoying the ringing in of the new year!



Around Our Community



Show and Tell



National Puzzle Day



Jeopardy for National Florida Day



New Year's Bucket List



Friends Forever Bird Feeders



Movie Day

Upcoming Events

Live Entertainment: Shannon Swon

Friday 2nd of February 5:00pm, Fireside Room

Live Entertainment: Ron Smith

Friday 8th of February 2:00pm, Dining Room

Resident Council Meeting

Tuesday 13th of February 1:00pm, Dining Room

Valentine's Lunch

Wednesday 14th of February 11:30am, Dining Room

Live Entertainment: John Laird

Wednesday 21st of February 2:00pm, Dining Room

Regular Events

Happy Hour every Friday 3pm

Church Service every Sunday 1:15pm

Hairdresser every Wednesday

Men's Group every Saturday 3:00pm

Exercise everyday 10:00am



Special Days in February

1st Black History Month

5th Read Aloud Day

6th Waitangi Day (NZ)

12th Abe Lincoln's Bday

13th Mardi Gras

13th Galentine's Day

14th Valentine's Day

18th Drink Wine Day

21st Language Day

22nd Baden-Powell's Bday

29th Leap Day

February 2024

SUNDAY **MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY** 1 2 3 **National Dark** Groundhog **National** Chocolate Carrot Cake Day Day Day 4 5 6 7 8 9 10 **National** Be Mine Will You Be Cutie Pie You Stole a Sweethearts **National** Wednesday Homemade Movie Date My Valentine Pizza My Dance/You Cream Soup Day Monday Tuesday Heart Knock My Cheese Socks Off Thursday Brownie Day Friday 11 12 13 14 15 16 17 **National Wear National National National** Valentine's **National** National **Red Socks** Pork Rind Don't Cry Tortellini Day Day **Gumdrop Day** Almond Day Over Spilled Day Day Milk Day 18 19 20 21 22 23 24 National National President's National **National Cook** National National Muffin Day **Battery Day** Day **Grain-Free Day** a Sweet Banana Tortilla Chip Potato Day Bread Day Day 25 26 27 28 29 **National** National National **National** National Chili Clam Pistachio Day Strawberry Chocolate Day **Chowder Day** Day Souffle Day

February Birthdays



In February, we celebrate birthdays with:

Kathy S: 02/02
Brianna W: 02/03
Martha H: 02/06
Carolyn F: 02/12
Linda S: 02/13
Betty E: 02/13

• Sue W: 02/24

Sharol B: 02/17

Mardi Gras in New Orleans

In New Orleans, Mardi Gras parades happen for weeks before Fat Tuesday, where parade participants throw beads to watchers. Beads often get caught in the trees that line the streets. Instead of climbing a ladder to cut them down, residents simply keep the beads in the trees, creating Mardi Gras trees that celebrate year-round!

Could you create a Mardi Gras tree in your room with the beads you collect this month?

Aquarius (Jan 20 – Feb 18)

Aquarians are shy & quiet deep thinkers who love helping others.

Pisces (Feb 19 – Mar 120)

Pisces are friendly and selfless.
They are always willing to help others

Galentine's Day?

Not all love is a romantic love. Celebrating the friends you love is the purpose of a new "holiday", Galentine's Day! Friends gather for glasses of wine or a relaxed dinner to show their appreciation for one another.

Write Your Own Love Poem

Writing poetry is a great way to exercise your brain and express your creativity. Before you shake your head and think that you can't write a poem, I have good news: anyone can be a poet! It just takes time to sit down, examine feelings or memories, and to write it all down.

Here are a few prompts that can get you started. Feel free to write your response to a prompt, use the prompt as a conversation starter to talk about with a friend, or to cowrite a poem with a family member. Most importantly, have fun!

- Write a rhyming poem about a pet you loved and why you loved them
- Write down a list of all the things you love about a certain person
- Write how falling in love makes you feel
- Write a love poem about your favorite food. How does it taste? Smell? Make you feel?
- Write about a season you love. Describe it to the reader.
- Write a list of sounds you love
- Read some poems. Pick one and write a response to it.
- Write a list of advice you would give to newlyweds on their wedding day.
- Write a toast to your very best friend telling them why they are amazing

Noticeboard

 Write a love letter to someone or something you adore

BLACK HISTORY MONTH

February is Black History Month and we are planning on celebrating throughout the month. Look for events on the calendar that highlight Black actors, actresses, musicians, poets, activists, and community members.

Don't miss these events and opportunities, as you just might learn something new or leave with a new appreciation for Black history.

See you then!

NEW STAFF

A warm welcome also foes to the people who joined our team in the past few month!

Sharla Ashby

We hope that you enjoy your time here!

THANK YOU

We would like to issue a heartfelt thanks to relatives and volunteers who support us day in and day out. You make such a difference and we so very much appreciate your time and energy.

CELEBRATING LEAP DAY

This year is a leap year, so we'll all have one extra day this month to enjoy. How will you spend your extra day? Here are some ideas:

- Attend a new activity or event
- Make a new friend
- Eat your favorite food
- Call a family member to tell them you love them
- High five staff members all day long
- Watch a favorite movie
- Tell someone a funny joke

Laughing Matters



Love Jokes

I must be a snowflake because I fell for you.

Did you hear about the near-sighted porcupine? He fell in love with a pincushion.

A couple is on a date at an expensive restaurant. The woman tells the man to tell her something that will get her heart racing. He says, "I forgot my wallet."

I'm no photographer but I can picture us together.

If I could rearrange the alphabet, I would put U and I together.

Are you a banana? Because I find you a-peeling.

I know this is going to sound cheesy, but I think you are the grate-est.

How did the telephone propose to its partner? It gave her a ring.

My new girlfriend works at the zoo. I think she's a keeper.

What's the difference between love and marriage? Love is blind. Marriage is an eye-opener.

Never laugh at your wife's choices. You're one of them.

Why shouldn't you fall in love with a pastry chef? Because they will dessert you.

What do you call two birds in love? Tweet-hearts!

What did one boat say to the other? Are you up for a little row-mance?

Word Search MARDI GRAS



C	C	0	В	В	L	E	S	Т	0	Ν	E	1	В
0	C	R	A	W	F	1	S	Н	В	0	1	L	Α
М	U	F	F	Α	L	Ε	T	T	A	C	J	В	Y
U	F	A	T	T	U	E	S	D	A	Y	Q	В	0
D	В	Α	L	C	0	Ν	Y	J	A	Z	Z	S	U
G	A	R	D	E	N	D	1	S	T	R	1	C	Т
L	0	U	1	S	A	R	M	S	T	R	0	N	G
F	R	E	Ν	C	Н	Q	U	Α	R	T	E	R	В
X	Z	D	L	M	Α	R	D	ı	G	R	A	S	-1
М	V	R	N	E	W	0	R	L	E	A	N	S	G
C	Ε	L	Ε	В	R	Α	T	1	0	N	G	L	E
J	A	C	K	S	0	N	S	Q	U	A	R	E	Α
Y	K	Α	L	L	1	G	Α	T	0	R	Q	X	S
S	G	J	Ε	Α	Ν	L	Α	F	1	Т	Т	Ε	Υ

Jackson Square	Crawfish Boil	Cobblestone	Alligator
Louis Armstrong	New Orleans	French Quarter	Celebration
Garden District	Big Easy	Bayou	Mardi Gras
Fat Tuesday	Jazz	Balcony	Jean Lafitte
Muffaletta			