



Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

<p><b>1</b></p> <p>Daily Reading/Morning Walks</p> <p>8:30am – 10am Morning Coffee &amp; Chats Activity Room</p> <p>10:30am 5 Mile Run Meet in the Front Lobby w/ Your Water Bottles &amp; Sweat Bands</p> <p><b>2pm Trip to the Netherlands Sign Up 8 Slots Available</b></p> <p><small>All Fools' Day</small></p>	<p><b>2</b></p> <p>National "PB &amp; J" Day</p> <p>Daily Reading/Morning Walks</p> <p>9:30am Mindfulness Tuesday Sunroom – All Welcome</p> <p>10am Walmart – Get Melissa your Lists</p> <p><b>1:30pm Men's Baking Group</b></p> <p><b>2:30pm Ladies Baking Group</b></p>	<p><b>3</b></p> <p>Daily Reading/Morning Walks</p> <p><b>9:30am Men's Craft Group</b></p> <p>10:30am Front Room Stretches</p> <p><b>1pm Ladies Craft Group</b></p> <p>2pm BINGO</p>	<p><b>4</b></p> <p>Daily Reading/Morning Walks</p> <p>10am Group Bible Study</p> <p><b>2:30pm Grinnell High School Student Council</b></p>	<p><b>5</b></p> <p>Daily Reading/Morning Walks</p> <p><b>10am Visit Postels Exercise Class</b> (Leave 9:45am)</p> <p>2pm BINGO</p>	<p><b>6</b></p> <p>Daily Reading/Morning Walks</p> <p>Afternoon Cards Group</p> <p>6pm Lawrence Welk Show (Televised)</p>
<p><b>7</b></p> <p>"Day of Rest"</p> <p>Worship Services Televised</p> <p>11am Coffee &amp; Convers</p> <p><b>1:30pm Church Services w/ Grinnell Methodist Church</b></p>	<p><b>8</b></p> <p><b>"Tast the Rainbow" Monday</b></p> <p><b>Wear Crazy Clothes</b></p> <p>Daily Reading/Morning Walks</p> <p>8:30am – 10am Morning Coffee &amp; Chats Activity Room</p> <p>10:30am Walk w/ Friends</p> <p>2pm Afternppn Social Honoring our Siblings – Bring your Photos 😊</p>	<p><b>9</b></p> <p>Daily Reading/Morning Walks</p> <p>9:30am Mindfulness Tuesday Sunroom – All Welcome</p> <p>10am Walmart – Get Melissa your Lists.</p> <p><b>2pm Volunteer @ Mica</b></p>	<p><b>10</b></p> <p>Daily Reading/Morning Walks</p> <p>9:00am Manicures</p> <p>10:30am Front Room Stretches</p> <p>2pm BINGO</p>	<p><b>11</b></p> <p><b>Wear your Spring Colors</b></p> <p>Daily Reading/Morning Walks</p> <p>10:00am Group Bible Study - Sunroom</p> <p><b>11:30am Pastor Bryan Monte Methodist Church</b></p> <p><b>1pm Music w/ Dennis Perry Front Room</b></p>	<p><b>12</b></p> <p>Daily Reading/Morning Walks</p> <p>9:30am Card Group</p> <p>10:30am Moving Party Front Room</p> <p>2pm BINGO</p>
<p><b>14</b></p> <p>"Day of Rest"</p> <p>Worship Services Televised</p> <p>11am Coffee &amp; Convers</p>	<p><b>15</b></p> <p>Daily Reading/Morning Walks</p> <p>8:30am – 10am Morning Coffee &amp; Chats Activity Room</p> <p>10:30am Walk w/ Friends</p> <p><b>1:30pm Afternoon social @ McDonalds to Celebrate their Anniversary!! Sign up w/Melissa</b></p>	<p><b>16</b></p> <p><b>Wear your pajamas to Workday!</b></p> <p>Daily Reading/Morning Walks</p> <p>9:30am Mindfulness Tuesday Sunroom – All Welcome</p> <p>10am Walmart – Get Melissa your Lists</p> <p>2pm Afternoon Solitaire Competition Melissa's Room</p>	<p><b>17</b></p> <p>Daily Reading/Morning Walks</p> <p>9:00am Manicures</p> <p>10:30am Front Room Stretches</p> <p>2pm BINGO</p>	<p><b>18</b></p> <p>Daily Reading/Morning Walks</p> <p>10am Group Bible Study</p> <p><b>1:30pm Music w/ Ron B. Front Room</b></p>	<p><b>19</b></p> <p>Daily Reading/Morning Walks</p> <p>9:30am Card Group</p> <p>Melissa's Room</p> <p><b>10am Visit Postels Exercise Class</b> (Leave 9:45am)</p> <p>2pm BINGO</p>
<p><b>21</b></p> <p>"Day of Rest"</p> <p>Worship Services Televised</p> <p>11am Coffee &amp; Convers</p>	<p><b>22</b></p> <p>Daily Reading/Morning Walks</p> <p>8:30am – 10am Morning Coffee &amp; Chats Activity Room</p> <p>10:30am Walk w/ Friends</p> <p>2pm Celebrate Shirley Temples bday w/ a movie and Shirley Temple drinks 😊</p> <p><small>Passover Begins</small></p> <p><small>Earth Day</small></p>	<p><b>23</b></p> <p>Shirley Temples Bday</p> <p>Daily Reading/Morning Walks</p> <p>9:30am Mindfulness Tuesday Sunroom – All Welcome</p> <p>10am Walmart – Get Melissa your Lists.</p> <p><b>1pm Leave for Des Moines Botanical Center to Celebrate Earth Day – 8 Slots (sign up w/ Melissa)</b></p>	<p><b>24</b></p> <p>Daily Reading/Morning Walks</p> <p>9:00am Manicures</p> <p>10:30am Front Room Stretches</p> <p>2pm BINGO</p> <p><small>Administrative Professionals Day</small></p>	<p><b>25</b></p> <p>Daily Reading/Morning Walks</p> <p>10am Group Bible Study</p> <p><b>11am Lunch w/ Middle School Student Council – 8 Slots</b></p> <p>2pm Afternoon Card Group</p>	<p><b>26</b></p> <p>Daily Reading/Morning Walks</p> <p>9:30am Card Group</p> <p>10:30am Moving Party Front Room</p> <p>2pm BINGO</p> <p><small>Arbor Day</small></p>
<p><b>28</b></p> <p>"Day of Rest"</p> <p>Worship Services Televised</p> <p>11am Coffee &amp; Convers</p>	<p><b>29</b></p> <p>Daily Reading/Morning Walks</p> <p>8:30am – 10am Morning Coffee &amp; Chats Activity Room</p> <p>10:30am Walk w/ Friends</p> <p><b>1:30pm Afternoon Drive</b></p>	<p><b>30</b></p> <p>Daily Reading/Morning Walks</p> <p>9:30am Mindfulness Tuesday Sunroom – All Welcome</p> <p>10am Walmart – Get Melissa your Lists.</p> <p><b>2pm First 2024 Afternoon Patio Social Invite a Friend</b></p>	<h1>April 2024</h1>		

\*Windsor Manor Assisted Living, 229 Pearl St., Grinnell, IA. 50112, (641)236-8700 – Melissa Foels Activity Director \* ALL Calendars Subject to Change\* ALL Outdoor Activities Weather Permitting\*