

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> Breakfast – 9:30am Wrestle a Pig 11am Jump out of a Parachute Supper – Movie & Popcorn <small>All Fools' Day</small>	<b>2</b> Breakfast – 8:30am Chair Exercises Lunch – 11am Trivia Supper – American Funniest Video & Snacks	<b>3</b> Breakfast – 9:30am Morning Stroll 11am Coffee & Chats Lunch – 1pm Sing Along Supper – Puzzles	<b>4</b> Breakfast – Manicures Lunch – Moving Party Supper – Relax & Music	<b>5</b> Breakfast – 8:30am Chair Exercises Lunch – 11am Trivia Supper – American Funniest Video & Snacks	<b>6</b> Morning Walks Afternoon Cards Group 6pm Lawrence Welk Show (Televised)
<b>7</b> “Day of Rest” Worship Services Televised 11am Coffee & Convers <b>1:30pm Church Services w/ Grinnell Methodist Church</b>	<b>8</b> Breakfast – 9:30am Morning Stroll 11am Reading Supper – Movie & Popcorn	<b>9</b> Breakfast – Coffee & Colors Lunch – Walk & Talk Supper – Relax & Reminisce	<b>10</b> Breakfast – 9:30am Morning Stroll 11am Coffee & Chats Lunch – 1pm Sing Along Supper – Puzzles	<b>11</b> Breakfast – Manicures Lunch – Moving Party Supper – Relax & Music	<b>12</b> Breakfast – 8:30am Chair Exercises Lunch – 11am Trivia Supper – American Funniest Video & Snacks	<b>13</b> Morning Walks Afternoon Cards Group 6pm Lawrence Welk Show (Televised)
<b>14</b> “Day of Rest” Worship Services Televised 11am Coffee & Convers	<b>15</b> Breakfast – 9:30am Morning Stroll 11am Reading Supper – Movie & Popcorn	<b>16</b> Breakfast – 8:30am Chair Exercises Lunch – 11am Trivia Supper – American Funniest Video & Snacks	<b>17</b> Breakfast – 9:30am Morning Stroll 11am Coffee & Chats Lunch – 1pm Sing Along Supper – Puzzles	<b>18</b> Breakfast – Chair Exercises Lunch – Coffee & Colors <b>1:30pm Music w/ Ron B. – Dining Room</b> Supper – 1 on 1 Hand Massages w/ Lotion	<b>19</b> Breakfast – 8:30am Chair Exercises Lunch – 11am Trivia Supper – American Funniest Video & Snacks	<b>20</b> Morning Walks Afternoon Cards Group 6pm Lawrence Welk Show (Televised)
<b>21</b> “Day of Rest” Worship Services Televised 11am Coffee & Convers	<b>22</b> Breakfast – 9:30am Morning Stroll 11am Reading Supper – Movie & Popcorn <small>Passover Begins Earth Day</small>	<b>23</b> Breakfast – Coffee & Colors Lunch – Walk & Talk Supper – Relax & Reminisce	<b>24</b> Breakfast – 9:30am Morning Stroll 11am Coffee & Chats Lunch – 1pm Sing Along Supper – Puzzles <small>Administrative Professionals Day</small>	<b>25</b> Breakfast – Manicures Lunch – Moving Party Supper – Relax & Music	<b>26</b> Breakfast – 8:30am Chair Exercises Lunch – 11am Trivia Supper – American Funniest Video & Snacks <small>Arbor Day</small>	<b>27</b> Morning Walks Afternoon Cards Group 6pm Lawrence Welk Show (Televised)
<b>28</b> “Day of Rest” Worship Services Televised 11am Coffee & Convers	<b>29</b> Breakfast – 9:30am Morning Stroll 11am Reading Supper – Movie & Popcorn	<b>30</b> Breakfast – 8:30am Chair Exercises Lunch – 11am Trivia Supper – American Funniest Video & Snacks				

\*Windsor Manor Assisted Living, 229 Pearl St., Grinnell, IA. 50112, (641)236-8700 – Melissa Foels Activity Director \* All Calendars Subject to change \* All Outside Activities Weather Permitting\*