

### For the Love of Birds



Many have heard of the Audubon Society and know it as an environmental organization dedicated to studying and preserving birds and their natural habitats. The organization is named after John James Audubon, the French American painter of birds who dedicated his life to his unique art. His

birthday, April 26, is now celebrated as Audubon Day.

Audubon showed an affinity for birds starting in childhood. He spent hours roaming the countryside, collecting birds' nests and eggs, and drawing them once he returned home. Audubon's father was a sailor and hoped his son would join the navy, so John James went to military school. However, he suffered from seasickness and so returned to the woods.

In 1803, the Napoleonic Wars broke out in France. Audubon's father obtained a fake passport and sent John James to America to avoid the war. It was at his family's farm in Pennsylvania that Audubon devoted himself full-time to the outdoors: hunting, fishing, and drawing birds.

Audubon was obsessed with birds. In an effort to study their habits, he tied string around their legs to see if they returned year after year. He learned the art of taxidermy and worked in natural museums. But his greatest contribution to ornithology was his brilliant book *Birds of America*. He dedicated his life to drawing every single bird in America. His style was new and different: a highly detailed drawing of each bird, more accurate than ever before. His drawings were life-sized, with some pages over three feet tall and two feet wide. After 14 years of traveling the entire country, Audubon drew over 700 species of birds. *Birds of America* is often considered the greatest picture book ever made, and original copies have sold for over \$10 million. How's that for a nest egg?

### April Birthdays

June Wood  
Donna Summa  
Hannah Mathany  
Gerry Messenger  
Chloe Chirch  
Claudio De Boer  
Elizabeth Mathany

April 2<sup>nd</sup>  
April 2<sup>nd</sup>  
April 5<sup>th</sup>  
April 10<sup>th</sup>  
April 19<sup>th</sup>  
April 22<sup>nd</sup>  
April 27<sup>th</sup>



# Windsor Manor

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### Celebrating April

Lawn and Garden Month

Humor Month

Welding Month

Laugh at Work Week

April 1-7

National Volunteer Week

April 21-27

Peanut Butter and Jelly Day

April 2

National Walking Day

April 5

National Library Week

April 7-13

National Gardening Day

April 14

Take a Wild Guess Day

April 15

Earth Day

April 22

Talk Like Shakespeare Day

April 23

International Jazz Day

April 30

### Meet Our New Resident



#### Beverly Kauzlarich

was born in Sandyville, Iowa. She was the eighth in a family of nine siblings. They were a happy family. Beverly had a best friend Bev since 7<sup>th</sup> grade. They walked to school together, traveled and were dear friends throughout the whole

life. The very first job Beverly had is the office worker for a food broker. One day the guy from the next-door office came to fix her typewriter. Then he asked if Beverly would like to go bowling with his family and she said yes. Later they got married and had three amazing daughters, twins Diane and Debra-Anne and Mary. Her spouse's name was Raymond. Together they have nine grandchildren and many great-grandchildren and more on the way. Beverly and Raymond loved to travel around the area. The best memory is when she took a trip to Colorado with all the ladies in the family. Beverly likes to read the Des Moines Register newspaper and watch TV. At Windsor Manor she joins for all the activities. Loves to be around people, very friendly and enjoys her new place of living.

Welcome to Windsor Manor Family, Beverly!

## Guess, who I am? Visiting Annett Nature Center



## Honesty and Deception

You may find that April 4 goes against your moral code, for it's Tell a Lie Day. Many ethical people live by the credo "Always tell the truth." But do we? Researchers have discovered that most people tell occasional lies for several reasons. Sometimes we lie to gain other people's respect or to cover up for making mistakes. The good news is that most people lie to spare someone else's feelings from being hurt. If people choose to always be honest regardless of the consequences, that honesty could lead to injury or harm. Compassion may sometimes override honesty.

Lucky, then, that April 30 is Honesty Day. Honesty can certainly hurt sometimes, but it also takes courage and maturity to be honest in difficult situations. Furthermore, staying honest attracts other honest people to you. When you are surrounded by the truth, you can be your authentic self. The freedom that comes with honesty is worth celebrating!

## Lake Ahquabi State Park

State park in Warren County, Iowa



Lake Ahquabi State Park is a state park of Iowa, US, featuring a 115-acre reservoir. Ahquabi means "resting place" in the Fox language. The park is 6

miles south of Indianola and 22 miles south of Des Moines.



## Meet Our New Director of Health and Wellness, Chelsey Krause



Hometown/Where you grew up: Indianola.

Where you live now: We live on a small acreage just outside of Osceola.

Kids/pets: I have a 10 year old son Logan. He is in 5<sup>th</sup> grade and goes to school in Osceola. He likes to play soccer, video games, and ride his 4-wheeler.

We have 3 dogs (German Shepard, Blood hound, and Corgi) and 2 indoor cats.

Dream Job/Career: Being a nurse is all I wanted to be growing up. I have been a nurse for 14 years and couldn't imagine being in a different profession. My passion is caring for others.

Favorite Vacation spot: Okoboji. My grandparents live in Milford. We have spent many summers enjoying the Iowa Great Lakes.

Hobbies/Talents: We enjoy spending time on the water. During the summer we frequent the local lakes for kayaking, swimming, and fishing.

Where have you worked in the past: I spent the beginning of my career at Good Samaritan Society of Indianola. I started as a CNA, LPN, RN, and ended my employment there as Infection preventionist/ADON. I left Good Samaritan in 2023 and worked at Vintage Hills of Indianola as their Health Care Coordinator. I am excited to be a part of the team at Windsor Manor.



## Mobile Milestone

On April 3, 1973, Motorola employee Martin Cooper stood on a New York City street corner and made the first cellular phone call to a colleague at Bell Labs in New Jersey. Unlike the first telegraph message ("What hath God wrought?") or the first telephone conversation ("Watson, come here. I want to see you."), Cooper's words have been forgotten. His device, however, is now everywhere, thanks to a purchase price far below the original price tag of \$3,995.

## Let the Good Times Roll



All April long, opponents will be throwing their knuckles down. Don't worry, this isn't anything sinister. "Knuckles down" is the position you assume before shooting in a classic game of marbles. So, this April, Knuckles Down Month, you too can play for keeps.

The classic game of marbles is called ringer. Two parallel lines, lag lines, are drawn 10 feet away from each other. A large 10-foot circle is drawn between the lag lines. In the middle of the circle is a cross made of 13 target marbles, or mibs. To determine who plays first, each player lags from one lag line to the other; that is, they toss their shooter marble to the opposite line. The player whose shooter lands closest to the lag line goes first.

Play starts by knuckling down along the edge of the ring and using your thumb to cast your shooter at the mibs inside. The object is to knock a mib outside the circle while keeping your shooter inside. You next knuckle down inside the ring where your shooter landed. If you fail to knock out a mib, then it is your opponent's turn. The first player to knock out a majority of marbles wins, and it's up to you to determine whether to play for fair (return all marbles to their original owners) or play for keeps (the winner keeps all the marbles).