

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
Daily Reading/Morning Walks 10am Group Bible Study 3pm Farmers Market	Daily Reading/Morning Walks 9:30am Card Group 10:30am Front Room Stretches 2pm BINGO	Daily Reading/Morning Walks Afternoon Cards Group 6pm Lawrence Welk Show (Televised)	Daily Reading/Morning Walks Worship Services Televised 11am Coffee & Convers 1:30pm Church Services w/ Grinnell Methodist Church	"Bargain Huter" Week Daily Reading/Morning Walks 9am Walk w/ Friends 10am BINGO 1:30pm Second Mile Trip	Daily Reading/Morning Walks 9:30am Mindfulness Tuesday Sunroom – All Welcome 10am Walmart – Get Melissa your Lists. 2pm Tropical Get Away – Front Room	Daily Reading/Morning Walks 9am Manicures 10am Resident Council 12pm Outing to the Fridley Movie Theater Showing - The Little Rascals
8	9	10	11	12	13	14
Daily Reading/Morning Walks 10:00am Group Bible Study - Sunroom 11:30am Pastor Bryan from Monte Methodist Church 1pm Music w/ Dennis Perry Front Room	Daily Reading/Morning Walks 9am Card Group 10am Postels to Exercise 2pm BINGO	Daily Reading/Morning Walks Afternoon Cards Group 6pm Lawrence Welk Show (Televised)	"Day of Rest" Worship Services Televised 11am Coffee & Convers	Daily Reading/Morning Walks 9am Front Porch Chats 10:30am Walk w/ Friends 1:30pm Klondike Gold Rush Brain Teaser & Hunt Front Room	Daily Reading/Morning Walks 9:30am Mindfulness Tuesday Sunroom – All Welcome 10am Walmart – Get Melissa your Lists. 2pm Volunteer @ MICA	Daily Reading/Morning Walks 9:00am Manicures 10:30am Front Room Stretches 2pm BINGO
15	16	17	18	19	20	21
Daily Reading/Morning Walks 10am Group Bible Study 1:30pm Music w/ Ron B. Front Room	Daily Reading/Morning Walks 9:30am Card Group 10:30am Walk w/ Friends 2pm BINGO	Daily Reading/Morning Walks Afternoon Cards Group 6pm Lawrence Welk Show (Televised)	"Day of Rest" Worship Services Televised 11am Coffee & Convers	"Cupcake Day" in Australia Daily Reading/Morning Walks 9am Walk w/Friends 10am Men's Baking Class 2pm Ladies Baking Class	National "Lemonade" Day Daily Reading/Morning Walks 9:30am Mindfulness Tuesday Sunroom – All Welcome 10am Walmart – Get Melissa your Lists. 2pm Front Porch Sip and Chats	Daily Reading/Morning Walks 9:00am Manicures 10:30am Front Room Stretches 2pm BINGO
22	23	24	25	26	27	28
Daily Reading/Morning Walks 10am Group Bible Study 1pm Trip to Brooklyn's Historical Museum & Trip to the Classic Deli for Ice Creme	Daily Reading/Morning Walks 9:30am Card Group 10:30am Postels Visits Us – Exercises Front Room 7pm Music @ Rock Creek Dennis Perry	Daily Reading/Morning Walks Afternoon Cards Group 6pm Lawrence Welk Show (Televised)	"Day of Rest" Worship Services Televised 11am Coffee & Convers 10am Montezuma Methodist Church (bus leaves @ 9:15am)	Daily Reading/Morning Walks 9am Front Porch Chats 10:30am Walk w/ Friends 2pm Family Feud – Dining Room	Daily Reading/Morning Walks 9:30am Mindfulness Tuesday Sunroom – All Welcome 10am Walmart – Get Melissa your Lists. 2pm Afternoon Drive	Daily Reading/Morning Walks 9:00am Manicures 10:30am Front Room Stretches 2pm BINGO
29	30	31				
Daily Reading/Morning Walks 10am Group Bible Study 2pm Movie – Mary Poppins (Premiered this day in 1964)	Daily Reading/Morning Walks 9:30am Card Group 10:30am Front Room Stretches 2pm BINGO	Daily Reading/Morning Walks Afternoon Cards Group 6pm Lawrence Welk Show (Televised)				

*Windsor Manor Assisted Living ~ 229 Pearl St., Grinnell, IA. 50112 ~ (641) 236-8700 ~ Melissa Foels – Activity Director ~ ALL CALENDARS Subject to CHANGE *