

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> "Homemade Cookie" Day Daily Reading/Morning Walks 9:30am Mindfulness Tuesday Sunroom – All Welcome 10am Walmart – Get Melissa your Lists.  1pm Bake Cookies & Social – Activity Room	<b>2</b> Daily Reading/Morning Walks 9am Manicures  10am Resident Council 10:30am Front Room Stretches  2pm BINGO <small>Rosh Hashanah Begins</small>	<b>3</b> Daily Reading/Morning Walks  10am Group Bible Study  2pm Unsolved Mysteries Dining Room	<b>4</b> Daily Reading/Morning Walks  9:30am Coffee & Chats  10:30am Front Room Moving Party  2pm BINGO	<b>5</b> Daily Reading/Morning Walks  Afternoon Cards Group  6pm Lawrence Welk Show (Televised)
<b>6</b> "Day of Rest"  Worship Services Televised 11am Coffee & Convers  1:30pm Church Services w/ Grinnell Methodist Church	<b>7</b> Daily Reading/Morning Walks  9am Coffee & Cards Melissa's Room  10:30am Walking Club  2pm Parachutes for Soldiers Front Room	<b>8</b> Daily Reading/Morning Walks  9:30am Mindfulness Tuesday Sunroom – All Welcome 10am Walmart – Get Melissa your Lists.  2pm Card Making Class Melissa's Room	<b>9</b> Daily Reading/Morning Walks  9:00am Manicures  10:30am Front Room Stretches  2pm BINGO	<b>10</b> Daily Reading/Morning Walks  10:00am Group Bible Study - Sunroom 11:30am Pastor Bryan from Monte Methodist Church <b>1pm Music w/ Dennis Perry            Front Room</b>	<b>11</b> Daily Reading/Morning Walks  9:30am Card Group  10:30am Front Room Moving Party  2pm BINGO <small>Yom Kippur Begins</small>	<b>12</b> Daily Reading/Morning Walks  Afternoon Cards Group  6pm Lawrence Welk Show (Televised)
<b>13</b> "Day of Rest"  Worship Services Televised  11am Coffee & Convers	<b>14</b> Daily Reading/Morning Walks <b>8am Board Meeting w/            County Supervisors -and tour            of Courthouse</b>  2pm Armchair Travel Canada <small>Thanksgiving Day (Canada)            Indigenous Peoples' Day            Columbus Day (US)</small>	<b>15</b> Daily Reading/Morning Walks  9:30am Mindfulness Tuesday Sunroom – All Welcome 10am Walmart – Get Melissa your lists 2pm Bake Dog Treats for Pals	<b>16</b> Daily Reading/Morning Walks  9:00am Manicures  10:30am Front Room Stretches  2pm BINGO <small>Sukkot Begins</small>	<b>17</b> Daily Reading/Morning Walks  10am Group Bible Study  <b>2pm Deliver Dog Treats to            Pals</b>	<b>18</b> Daily Reading/Morning Walks  9:30am Coffee & Chats  10:30am Front Room Moving Party  2pm BINGO	<b>19</b> Daily Reading/Morning Walks  Afternoon Cards Group  6pm Lawrence Welk Show (Televised)
<b>20</b> "Day of Rest"  Worship Services Televised  11am Coffee & Convers	<b>21</b> Daily Reading/Morning Walks  9am Coffee & Chats Dining Room  10:30am Walking Club  2pm Afternoon Card Group	<b>22</b> National "Color Day" Daily Reading/Morning Walks  9:30am Mindfulness Tuesday Sunroom – All Welcome  2pm Color and Chats – Activity Room w/ Paula	<b>23</b> Daily Reading/Morning Walks  10:30am Front Room Stretches  2pm BINGO	<b>24</b> Daily Reading/Morning Walks  10am Group Bible Study  <b>1:30pm Music w/ Ron B.            Front Room</b>  <small>Simchat Torah Begins</small>	<b>25</b> Daily Reading/Morning Walks  9:30am Card Group  10:30am Front Room Moving Party  2pm BINGO	<b>26</b> Daily Reading/Morning Walks  Afternoon Cards Group  6pm Lawrence Welk Show (Televised)
<b>27</b> "Day of Rest"  Worship Services Televised  <b>1:30pm Leave for Colfax            Andy's Birthday Party</b>	<b>28</b> Daily Reading/Morning Walks  9am Coffee & Chats w/ Grinnell PD & Fire Rescue Dining Room  10:30am Walking Club  2pm Afternoon Drive	<b>29</b> Daily Reading/Morning Walks  9:30am Mindfulness Tuesday Sunroom – All Welcome 10am Walmart – Get Melissa your Lists.  2pm Trivia Dining Room	<b>30</b> Daily Reading/Morning Walks  9:00am Manicures  10:30am Front Room Stretches  2pm BINGO	<b>31</b> Daily Reading/Morning Walks  10am Group Bible Study  <b>1pm Grinnell Middle School            Student Council –            Dining Room</b>  <small>Halloween</small>		

\*Windsor Manor Assisted Living ~ 229 Pearl St., Grinnell, IA. 50112 ~ (641)236-8700 ~ Melissa Foels – Activity Director ~ ALL CALENDARS Subject to CHANGE\*