

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Breakfast – 8:30am Chair Exercises Lunch – 11am Trivia Supper – Relax & Reminisce	2 Breakfast – 8:30am Chair Exercises Lunch – 11am Trivia Supper – American Funniest Video & Snacks <small>Rosh Hashanah Begins</small>	3 Breakfast – Manicures Lunch – Moving Party Supper – Relax & Music	4 Breakfast – 9:30am Morning Stroll 11am Reading Supper – Movie & Popcorn	5 Morning Walks Afternoon Cards Group 6pm Lawrence Welk Show (Televised)
6 “Day of Rest” Worship Services Televised 11am Coffee & Convers 1:30pm Church Services w/ Grinnell Methodist Church	7 Breakfast – 9:30am Morning Stroll 11am Coffee & Chats Lunch – 1pm Sing Along Supper – Puzzles	8 Breakfast – Coffee & Colors 11am Golden Story Hour / Drake Public Library Here Lunch – Walk & Talk Supper – Relax & Reminisce	9 Breakfast – 8:30am Chair Exercises Lunch – 11am Trivia Supper – American Funniest Video & Snacks	10 Breakfast – Manicures Lunch – Moving Party Supper – Relax & Music	11 Breakfast – 9:30am Morning Stroll 11am Reading Supper – Movie & Popcorn <small>Yom Kippur Begins</small>	12 Morning Walks Afternoon Cards Group 6pm Lawrence Welk Show (Televised)
13 “Day of Rest” Worship Services Televised 11am Coffee & Convers	14 Breakfast – 9:30am Morning Stroll 11am Coffee & Chats Lunch – 1pm Sing Along Supper – Puzzles <small>Thanksgiving Day (Canada) Indigenous Peoples’ Day Columbus Day (US)</small>	15 Breakfast – 8:30am Chair Exercises Lunch – 11am Trivia Supper – Relax & Reminisce	16 Breakfast – 8:30am Chair Exercises Lunch – 11am Trivia Supper – American Funniest Video & Snacks <small>Sukkot Begins</small>	17 Breakfast – Manicures Lunch – Moving Party Supper – Relax & Music	18 Breakfast – 9:30am Morning Stroll 11am Reading Supper – Movie & Popcorn	19 Morning Walks Afternoon Cards Group 6pm Lawrence Welk Show (Televised)
20 “Day of Rest” Worship Services Televised 11am Coffee & Convers	21 Breakfast – 9:30am Morning Stroll 11am Coffee & Chats Lunch – 1pm Sing Along Supper – Puzzles	22 Breakfast – Coffee & Colors 11am Golden Story Hour / Drake Public Library Here Lunch – Walk & Talk Supper – Relax & Reminisce	23 Breakfast – 8:30am Chair Exercises Lunch – 11am Trivia Supper – American Funniest Video & Snacks	24 Breakfast – Manicures Lunch – Moving Party Supper – Relax & Music 1pm Music w/ Ron B. <small>Simchat Torah Begins</small>	25 Breakfast – 9:30am Morning Stroll 11am Reading Supper – Movie & Popcorn	26 Morning Walks Afternoon Cards Group 6pm Lawrence Welk Show (Televised)
27 “Day of Rest” Worship Services Televised 11am Coffee & Convers	28 Breakfast – 9:30am Morning Stroll 11am Coffee & Chats Lunch – 1pm Sing Along Supper – Puzzles	29 Breakfast – 8:30am Chair Exercises Lunch – 11am Trivia Supper – Relax & Reminisce	30 Breakfast – 8:30am Chair Exercises Lunch – 11am Trivia Supper – American Funniest Video & Snacks	31 Breakfast – Manicures Lunch – Moving Party Supper – Relax & Music <small>Halloween</small>		