

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

January 2025

<p>“Day of Rest” 5</p> <p>Worship Services Televised 11am Coffee & Convers</p> <p>1:30pm Church Services w/ Grinnell Methodist Church</p>	<p>6</p> <p>Breakfast – 8:30am Chair Exercises</p> <p>Lunch – 11am Trivia</p> <p>Supper – American Funniest Video & Snacks</p>	<p>7</p> <p>Breakfast – Coffee & Colors</p> <p>*11am Golden Story Hour / Drake Public Library Here*</p> <p>Lunch – Walk & Talk</p> <p>Supper – Relax & Reminisce</p>	<p>1</p> <p>Breakfast – 9:30am Morning Stroll</p> <p>11am Coffee & Chats</p> <p>Lunch – 1pm Sing Along</p> <p>Supper – Puzzles</p> <p><small>New Year's Day</small></p>	<p>2</p> <p>Breakfast – Manicures</p> <p>Lunch – Moving Party</p> <p>Supper – Relax & Music</p>	<p>3</p> <p>Breakfast – 8:30am Chair Exercises</p> <p>Lunch – 11am Trivia</p> <p>Supper – American Funniest Video & Snacks</p>	<p>4</p> <p>Morning Walks</p> <p>Afternoon Cards Group</p> <p>6pm Lawrence Welk Show (Televised)</p>
<p>“Day of Rest” 12</p> <p>Worship Services Televised</p> <p>11am Coffee & Convers</p>	<p>13</p> <p>Breakfast – 9:30am Morning Stroll</p> <p>11am Coffee & Chats</p> <p>Lunch – 1pm Sing Along</p> <p>Supper – Puzzles</p>	<p>14</p> <p>Breakfast – 8:30am Chair Exercises</p> <p>Lunch – 11am Trivia</p> <p>Supper – Relax & Reminisce</p>	<p>8</p> <p>Breakfast – 9:30am Morning Stroll</p> <p>11am Reading</p> <p>Supper – Movie & Popcorn</p>	<p>9</p> <p>Breakfast – Manicures</p> <p>Lunch – Moving Party</p> <p>Supper – Relax & Music</p>	<p>10</p> <p>Breakfast – 9:30am Morning Stroll</p> <p>11am Reading</p> <p>Supper – Movie & Popcorn</p>	<p>11</p> <p>Morning Walks</p> <p>Afternoon Cards Group</p> <p>6pm Lawrence Welk Show (Televised)</p>
<p>“Day of Rest” 19</p> <p>Worship Services Televised</p> <p>11am Coffee & Convers</p> <p><small>Activity Professionals Week</small></p>	<p>20</p> <p>Breakfast – 8:30am Chair Exercises</p> <p>Lunch – 11am Trivia</p> <p>Supper – American Funniest Video & Snacks</p> <p><small>Martin Luther King Jr. Day</small></p>	<p>21</p> <p>Breakfast – Coffee & Colors</p> <p>*11am Golden Story Hour / Drake Public Library Here*</p> <p>Lunch – Walk & Talk</p> <p>Supper – Relax & Reminisce</p>	<p>15</p> <p>Breakfast – 9:30am Morning Stroll</p> <p>11am Coffee & Chats</p> <p>Lunch – 1pm Sing Along</p> <p>Supper – Puzzles</p>	<p>16</p> <p>Breakfast – Manicures</p> <p>1pm Music w/ Ron B.</p> <p>Supper – Relax & Music</p>	<p>17</p> <p>Breakfast – 8:30am Chair Exercises</p> <p>Lunch – 11am Trivia</p> <p>Supper – American Funniest Video & Snacks</p>	<p>18</p> <p>Morning Walks</p> <p>Afternoon Cards Group</p> <p>6pm Lawrence Welk Show (Televised)</p>
<p>“Day of Rest” 26</p> <p>Worship Services Televised</p> <p>11am Coffee & Convers</p> <p><small>Australia Day (Observed)</small></p>	<p>27</p> <p>Breakfast – 9:30am Morning Stroll</p> <p>11am Coffee & Chats</p> <p>Lunch – 1pm Sing Along</p> <p>Supper – Puzzles</p>	<p>28</p> <p>Breakfast – 8:30am Chair Exercises</p> <p>Lunch – 11am Trivia</p> <p>Supper – Relax & Reminisce</p>	<p>22</p> <p>Breakfast – 9:30am Morning Stroll</p> <p>11am Reading</p> <p>Supper – Movie & Popcorn</p>	<p>23</p> <p>Breakfast – Manicures</p> <p>Lunch – Moving Party</p> <p>Supper – Relax & Music</p>	<p>24</p> <p>Breakfast – 9:30am Morning Stroll</p> <p>11am Reading</p> <p>Supper – Movie & Popcorn</p>	<p>25</p> <p>Morning Walks</p> <p>Afternoon Cards Group</p> <p>6pm Lawrence Welk Show (Televised)</p>
<p>“Day of Rest” 26</p> <p>Worship Services Televised</p> <p>11am Coffee & Convers</p> <p><small>Australia Day (Observed)</small></p>	<p>27</p> <p>Breakfast – 9:30am Morning Stroll</p> <p>11am Coffee & Chats</p> <p>Lunch – 1pm Sing Along</p> <p>Supper – Puzzles</p>	<p>28</p> <p>Breakfast – 8:30am Chair Exercises</p> <p>Lunch – 11am Trivia</p> <p>Supper – Relax & Reminisce</p>	<p>29</p> <p>Breakfast – 9:30am Morning Stroll</p> <p>11am Coffee & Chats</p> <p>Lunch – 1pm Sing Along</p> <p>Supper – Puzzles</p> <p><small>Chinese New Year (Year of the Snake)</small></p>	<p>30</p> <p>Breakfast – Manicures</p> <p>Lunch – Moving Party</p> <p>Supper – Relax & Music</p>	<p>31</p> <p>Breakfast – 8:30am Chair Exercises</p> <p>Lunch – 11am Trivia</p> <p>Supper – American Funniest Video & Snacks</p>	<p>January Birthdays</p> <p>2nd Betty O'Halloran 3rd Jim Hansen 7th Sue Dimit 8th Joan Hall 10th Jane Drey</p>